IJARSCT
International Journal of Advanced Research in Science, Communication and Technology
International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal
ISSN: 2581-9429
Volume 6, Issue 4, January 2026
Impact Factor: 7.67

Design and Implementation of Interview Practice using AI Coach

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Abstract: *Interviews play a critical role in career development; however, many students and job seekers face challenges such as lack of confidence, poor communication skills, and limited practice opportunities. Conventional interview coaching methods are often expensive, time-consuming, and not easily accessible to all candidates. To address these issues, this paper presents the design and implementation of an Interview Practice System using an AI Coach, which simulates real interview scenarios and provides intelligent, personalized feedback.*

The proposed system leverages advancements in Artificial Intelligence, Natural Language Processing (NLP), and Speech Analysis to evaluate user responses based on grammar, clarity, relevance, tone, and confidence. Users can practice domain-specific interviews, receive real-time feedback, and track their performance through detailed reports. The system is designed to be cost-effective, scalable, and user-friendly, making it suitable for students, job seekers, and training institutes. Experimental evaluation shows that the platform significantly improves interview preparedness, communication skills, and user confidence through continuous practice and AI-driven insights..

Keywords: Interview Practice, AI Coach, Natural Language Processing, Speech Analysis, Career Preparation, Artificial Intelligence

I. INTRODUCTION

In today's competitive job market, interviews serve as a decisive factor in career progression. Despite having technical knowledge, many candidates fail to perform well in interviews due to nervousness, ineffective communication, lack of confidence, and insufficient practice. Traditional interview coaching methods involve human trainers, mock interviews, and workshops, which may not always be affordable or accessible to every individual.

With rapid advancements in Artificial Intelligence and machine learning technologies, intelligent systems can now simulate human-like interactions and provide meaningful feedback. AI-based coaching systems offer a promising solution by enabling candidates to practice interviews anytime and anywhere, without dependency on human evaluators.

The **Interview Practice using AI Coach** project aims to develop an intelligent interview training platform that replicates real interview environments. The system generates interview questions based on selected domains, analyzes user responses using AI techniques, and provides structured feedback for improvement. This automation helps candidates improve their communication skills, confidence, and overall interview performance.

II. SYSTEM ARCHITECTURE

The proposed system is designed as an AI-powered interview simulation platform consisting of multiple interconnected modules. The system focuses on evaluating both **content quality** and **delivery style**, ensuring holistic assessment of interview responses.

The platform allows users to:

- Select a job role or domain
- Participate in simulated interview sessions

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- Receive real-time and post-interview feedback
- Track performance improvement over time

2.1 System Architecture

The system follows a layered architecture to ensure modularity and scalability.

Input Layer

The input layer allows users to select interview domains such as software development, HR, or technical roles. User responses are captured in both text and voice formats through a microphone-enabled interface.

AI Engine

The AI engine is the core component of the system. It performs:

- Question generation using NLP models
- Speech-to-text conversion
- Text analysis for grammar, relevance, and clarity
- Sentiment and tone analysis to assess confidence

Feedback Module

This module evaluates the processed data and generates personalized feedback. It highlights strengths, identifies weaknesses, and suggests improvement areas.

Output Layer

The output layer displays detailed feedback reports, performance scores, and improvement tips to the user in an easy-to-understand format.

2.2 Functional Modules

Interview Simulation Module

This module generates role-specific interview questions and conducts mock interviews in a structured manner, simulating real interview flow.

Speech and Text Analysis Module

User responses are analyzed using NLP and speech-processing techniques to evaluate grammar accuracy, fluency, tone, and emotional sentiment.

Performance Evaluation Module

This module assigns scores based on predefined evaluation metrics and compares current performance with previous attempts.

Reporting Module

It generates visual and textual performance reports, enabling users to track progress over time.

III. TECHNOLOGY USED

3.1 Software Requirements

- **Programming Language:** Python
- **Backend Framework:** Flask / Django
- **Frontend:** React
- **AI & NLP Libraries:** NLTK, spaCy, GPT-based models
- **Speech Processing:** Speech Recognition, PyDub
- **Database:** MySQL / MongoDB

3.2 Hardware Requirements

- Laptop or Desktop Computer
- Microphone and Webcam
- Stable Internet Connection

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IV. WORKING METHODOLOGY

The working of the system begins when a user selects an interview domain. The AI engine generates relevant questions and records the user's responses. Speech inputs are converted into text, followed by NLP-based analysis to evaluate grammar, relevance, and clarity. Simultaneously, sentiment analysis determines confidence levels and emotional tone.
Based on the analysis, the system produces structured feedback and performance metrics. This feedback helps users identify mistakes and improve through repeated practice sessions.

V. PERFORMANCE EVALUATION

The system evaluates user performance using parameters such as:

- Response relevance
- Grammar accuracy
- Speech clarity
- Confidence and tone

Repeated practice sessions demonstrate noticeable improvement in communication skills and interview readiness. Users reported increased confidence and reduced nervousness after using the system consistently.

VI. APPLICATION

- Students preparing for campus placements
- Job seekers aiming to improve interview skills
- Training and career development institutes
- Corporate HR departments for candidate training

VII. FUTURE SCOPE

The system can be further enhanced by:

- Integrating video-based facial expression analysis
- Supporting multilingual interviews
- Adding real HR interviewer datasets for training
- Incorporating resume-based personalized interviews

VIII. CONCLUSION

The **Interview Practice using AI Coach** system provides an effective and accessible solution for interview preparation. By combining AI, NLP, and speech analysis, the platform delivers personalized feedback and realistic interview simulations. The system reduces dependency on traditional coaching methods while improving confidence, communication skills, and interview performance. This project demonstrates the potential of AI-driven tools in transforming career preparation and professional training.

ACKNOWLEDGEMENTS

The authors sincerely thank Sourabh Prakash sir for his valuable guidance and continuous support throughout the project. Gratitude is also extended to the Department of Computer Engineering, Pimpri Chinchwad Polytechnic, Pune, for providing necessary resources and encouragement.

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