

# International Journal of Advanced Research in Science, Communication and Technology

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal



Volume 5, Issue 2, November 2025

# Exploring Multisensory Art Practices: A Curriculum Approach to Hearing Impairment Education as Guided by NEP 2020

## Neha Baretha

Assistant Professor, Department of Hearing Impairment
Santosh Memorial Rehabilitation & Research Centre Narnaul, Haryana, India
stjosep192@gmail.com

**Abstract:** This study examines the integration of multisensory art practices within the educational curriculum for learners with hearing impairment, aligning with the principles and pedagogical reforms proposed in India's National Education Policy (NEP) 2020. Grounded in constructivist and multimodal learning theories (Fleming, 2006; Mayer, 2009), the abstract highlights how sensory-rich artistic approaches—particularly visual, tactile, and kinesthetic modalities—can enhance accessibility, inclusion, and meaningful learning outcomes for hearing-impaired students.

The inquiry situates multisensory art education as not only a creative endeavor but also a pedagogical tool that supports cognitive development, emotional expression, and social participation. NEP 2020 strongly emphasizes inclusive education, flexible curricula, experiential learning, and the integration of arts across subjects. Drawing on these tenets, the abstract outlines a curriculum model that incorporates hands-on activities, environmental interactions, material explorations, and visual literacy components to meet the diverse sensory needs of students with hearing impairment.

A key argument developed is that traditional auditory-dependent instructional methods often limit full participation for deaf and hard-of-hearing learners. Multisensory artistic strategies, however, compensate for auditory gaps by expanding alternative sensory pathways for comprehension and expression. The proposed curriculum approach foregrounds tactile sculpting, textured mapping, visual storytelling, pattern recognition, gesture-based creative performance, and technology-supported art tools as core components that align with universal design for learning (UDL) principles (CAST, 2018). These practices help cultivate spatial awareness, conceptual understanding, and communication skills through non-verbal, highly interactive means.

The abstract also identifies the significance of teacher training in inclusive art pedagogies. NEP 2020 underscores the need for professional development in special education competencies, and this curriculum framework responds by recommending workshops on visual-tactile communication methods, Indian Sign Language (ISL) integration in art instruction, and the creation of barrier-free art studios. Such teacher preparedness strengthens the implementation of multisensory activities and ensures fidelity to inclusive methodologies.

Moreover, the framework supports holistic education by embedding emotional, cultural, and aesthetic experiences into learning. Art practices allow students with hearing impairment to articulate identity, communicate narratives, and engage collaboratively with peers, thereby fostering socio-emotional growth. Through multisensory engagement, learners can participate in community-based art projects and experiential activities that reflect the NEP's focus on creativity, critical thinking, and interdisciplinary learning.

Ultimately, this curriculum approach imagines the role of art in special education by positioning multisensory practices as essential to equitable learning. It demonstrates how NEP 2020's inclusive vision can be operationalized in classroom settings through creative pedagogies that honor diverse sensory profiles. The abstract argues that adopting these practices advances educational accessibility,

DOI: 10.48175/568

Copyright to IJARSCT www.ijarsct.co.in







# International Journal of Advanced Research in Science, Communication and Technology

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Impact Factor: 7.67

Volume 5, Issue 2, November 2025

promotes aesthetic literacy, and empowers hearing-impaired learners to flourish academically and personally.

Keywords: Hearing Impairment, Multisensory, NEP2020, Classroom, Curriculum

#### I. INTRODUCTION

The National Education Policy (NEP) 2020 marks a transformative shift in India's educational landscape, emphasizing inclusive, flexible, and learner-centered pedagogies for all children, including those with hearing impairments. Building on the principle of *equitable and inclusive education* articulated in Chapter 6 of NEP 2020, the policy strongly advocates the integration of creative arts, experiential learning, and multisensory approaches to cater to diverse learning needs. Within this framework, **multisensory art practices** emerge as a powerful pedagogical tool that aligns with NEP's vision of holistic development, competency-based learning, and inclusive classrooms. For children with hearing impairments—who primarily rely on visual, tactile, and kinesthetic modalities—multisensory art experiences offer meaningful opportunities for expression, communication, and conceptual understanding.

Hearing impairment often affects speech perception, verbal communication, and auditory processing, resulting in unique learning needs that traditional lecture-based methods fail to address. NEP 2020 highlights the need for differentiated instruction, universal design for learning (UDL), assistive technology integration, and barrier-free learning environments. Multisensory art practices naturally support these directives by enabling students to engage through visual cues (colors, patterns, symbols), tactile materials (clay, fabric, textures), kinesthetic processes (movement-based expression), and technological aids (digital art tools, tactile graphics,VR/AR-based sensory experiences). These approaches help bridge communication gaps while fostering creativity, emotional expression, and cognitive development.

Globally, research in special education and art therapy supports the idea that multisensory learning strengthens neural pathways, improves memory retention, enhances problem-solving skills, and nurtures social interaction—areas where children with hearing impairments often require targeted support. In India, NEP 2020's emphasis on *arts-integrated learning*, *experiential pedagogy*, and *inclusive curriculum restructuring* creates a strong policy mandate to explore how art-based strategies can enhance learning outcomes for this group. However, there remains limited empirical work linking multisensory art practices directly with curricular design for hearing-impaired learners in Indian schools.

This research seeks to fill that gap by examining how structured multisensory art-based activities can be integrated into the curriculum to support communication skills, self-expression, conceptual clarity, and socio-emotional wellbeing among hearing-impaired students. It also investigates how teachers can adapt NEP 2020's prescribed guidelines—such as flexibility in pedagogy, use of technology, and inclusive assessment methods—to build effective learning experiences grounded in sensory richness and creativity.

Ultimately, exploring multisensory art practices as a curriculum approach offers significant promise for creating truly inclusive learning spaces envisioned by NEP 2020. By enabling hearing-impaired learners to engage with the curriculum through accessible and meaningful sensory pathways, this approach not only enhances academic participation but also empowers students to discover their identities as capable, expressive, and creative individuals. The findings of this study may contribute valuable insights for special educators, curriculum planners, policymakers, and art-integration specialists working toward inclusive education reforms.

The focus of this research is to examine how multisensory art practices can be incorporated into the curriculum for students with hearing impairments, aligning with the principles outlined in NEP 2020. Specifically, it will address the ways in which these artistic practices can serve as a bridge to cognitive and emotional learning, fostering a deeper understanding of content while simultaneously promoting self-expression and creativity. This investigation will delve into practical strategies for educators, curricular design, and the expected outcomes of implementing such an approach in diverse classroom settings

DOI: 10.48175/568









# International Journal of Advanced Research in Science, Communication and Technology

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal



Volume 5, Issue 2, November 2025

# The objectives of this research are to

- To identify specific multisensory art practices that can be utilized in classrooms for students with hearing impairments.
- To evaluate the impact of these practices on student engagement, understanding, and creativity.
- To provide recommendations for curriculum development that reflects the principles of inclusivity and engagement outlined in NEP 2020.

The relevance of this research is underscored by the growing body of literature emphasizing the need for inclusive educational practices that cater to the unique needs of students with disabilities. Previous studies have highlighted the efficacy of multisensory learning environments in enhancing engagement and retention; however, there remains a gap in the literature specifically addressing the intersection of multisensory art practices and hearing impairment education. By contributing to this emerging field, this thesis aims to provide a framework for educators and policymakers to develop more inclusive curricula that resonate with the philosophies of NEP 2020.

#### II. REVIEW OF LITERATURE

The implementation of the National Education Policy (NEP) 2020 has emphasized inclusive education, particularly for students with disabilities, including those with hearing impairments. This literature review synthesizes recent research findings related to multisensory art practices as a curriculum approach to enhance educational experiences for deaf and hard-of-hearing students. As educators navigate the challenges posed by online learning environments, particularly during the COVID-19 pandemic, the significance of multisensory approaches becomes increasingly evident.

Aljedaani et al. (2022) conducted a comprehensive literature review highlighting the difficulties faced by deaf and hardof-hearing students during the transition to online learning due to the COVID-19 pandemic. This review underscores the urgent need for multisensory art practices that not only cater to the unique learning challenges of these students but also align with the inclusive education framework of NEP 2020. The author's stress that effective teaching strategies incorporating multisensory approaches can enhance the overall learning experience, creating a more equitable educational environment.Research by Bawalsah (2016) discusses teachers' attitudes towards the inclusion of children with hearing impairments in mainstream classrooms, aligning with NEP 2020's advocacy for integrating students with disabilities into regular educational settings. The findings indicate that teachers acknowledge the necessity of effective strategies to support all learners, including those with hearing impairments. By integrating multisensory art practices into their teaching methods, educators can foster a more engaging and accessible learning environment, thus positively impacting their attitudes towards inclusive education. The COVID-19 pandemic has exacerbated communication challenges for individuals with hearing impairments, as highlighted by Nourbakhsh et al. (2021) and Mansutti et al. (2022). These studies suggest that effective communication methods must be integrated into educational curricula to address the specific needs of hearing-impaired students. Multisensory art practices can serve as a valuable tool in bridging communication gaps, thereby creating a more inclusive learning atmosphere that aligns with NEP 2020's goals.

Recent advancements in technology, particularly wearable haptic devices, offer innovative solutions for making music and other artistic practices accessible to students with hearing impairments. Ishtiaq et al. (2020) and Trivedi et al. (2019) explore the development of these devices that enable individuals to experience music through vibrations, thereby enhancing their engagement with the arts. Integrating such technology into the curriculum not only aligns with the inclusive education principles of NEP 2020 but also opens new avenues for multisensory learning experiences.

# **Gaps in Current Literature**

Despite the promising findings regarding multisensory art practices and their potential benefits for students with hearing impairments, several knowledge gaps remain. For instance, there is limited research on the specific types of multisensory art practices that are most effective in enhancing learning outcomes for these students. Additionally, the integration of technology in art education for hearing-impaired students is still an emerging field, warranting further exploration.

DOI: 10.48175/568

Copyright to IJARSCT www.ijarsct.co.in







# International Journal of Advanced Research in Science, Communication and Technology

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal



Volume 5, Issue 2, November 2025

#### III. RESEARCH METHODOLOGY

In this study has adopt a qualitative approach, utilizing case studies, interviews, and observational techniques to gather rich, descriptive data from educators and students involved in multisensory art practices. This has allow for an in-depth understanding of the experiences and insights of participants, shedding light on the practical implications of the research.

#### IV. RESEARCH FINDING

# 1st Finding of the Objective

Research indicates that multisensory art practices play a vital role in enhancing communication, expression, and cognitive engagement for students with hearing impairments. Studies highlight that because these learners rely predominantly on visual, tactile, and kinesthetic modalities, integrating these senses into art instruction significantly improves their participation and learning outcomes.

One major finding across the literature is the effectiveness of **visual-centric strategies**, such as step-by-step pictorial instructions, color-coded sequences, high-contrast images, and video demonstrations with captions or sign-language interpretation. These tools help students clearly understand processes and reduce dependence on auditory explanations. Graphic organizers, visual schedules, and real-time teacher modeling further strengthen comprehension.

A second category of effective practices involves **tactile art activities**, which allow students to explore materials through touch. Research supports the use of textured surfaces, clay modeling, relief work, sand art, raised-line drawings, fabric collage, and sculptural materials to stimulate tactile perception. These activities improve fine motor skills and support concept development by giving students the ability to "feel" forms, patterns, and structures they may not hear described verbally.

The third identified area is **kinesthetic and movement-based art**, such as body-mapping, large-scale mural painting, and gesture-based mark-making. These methods benefit hearing-impaired learners by encouraging physical engagement, spatial awareness, and emotional expression through motion. Techniques that integrate rhythm through vibration—like using vibro-tactile devices or feeling bass vibrations from speakers—are also found to enrich artistic experience by offering a sensory alternative to sound.

Finally, research emphasizes the integration of **assistive technologies**, including digital drawing tablets, captioned art tutorials, tactile graphics tools, and augmented-reality visualizes that convert sound cues into visual or haptic feedback. Overall, the findings affirm that a multisensory art curriculum—combining visual clarity, tactile exploration, kinesthetic movement, and supportive technology—greatly enhances accessibility, creativity, and expressive confidence for students with hearing impairments.

# 2<sup>nd</sup> Finding of the Objective

Studies consistently indicate that multisensory art practices have a positive and significant impact on student engagement, comprehension, and creativity among learners with hearing impairment. Research shows that when art instruction integrates visual, tactile, and kinesthetic modalities, students demonstrate higher levels of sustained attention and active participation because learning no longer relies on auditory cues but on accessible sensory pathways (Marschark & Hauser, 2012). Hands-on materials such as textured surfaces, clay, fabric, and raised-line drawings enable students to construct meaning more effectively, improving conceptual understanding and vocabulary acquisition (Darrow, 2016). Multisensory approaches also enhance creative expression, as tactile and visual stimuli support exploration, risk-taking, and divergent thinking. Studies on inclusive art classrooms report that D/HH students produce more original artwork and show greater confidence when lessons incorporate step-by-step visual demonstrations, tactile samples, and opportunities for movement-based art activities (Andrews & Harris, 2019). Furthermore, collaborative multisensory activities have been linked to improved peer interaction and socio-emotional engagement, which are essential components of creativity development.

Overall, the evidence suggests that multisensory art practices offer an effective pedagogical framework for improving engagement, deepening understanding, and fostering creativity in hearing-impaired learners.

DOI: 10.48175/568

Copyright to IJARSCT www.ijarsct.co.in







# International Journal of Advanced Research in Science, Communication and Technology

ISO 9001:2015

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 5, Issue 2, November 2025

Impact Factor: 7.67

# 3<sup>rd</sup> Finding of the Objective

The review of literature indicates that curriculum development for learners with hearing impairment must prioritize accessibility, learner engagement, and equitable participation, consistent with the inclusive education vision of NEP 2020. Studies on inclusive pedagogy highlight that multisensory instructional approaches—particularly visual, tactile, and kinesthetic modalities—significantly enhance comprehension, communication, and creative expression among deaf and hard-of-hearing (D/HH) learners (Kumar & Singh, 2021). NEP 2020 further emphasizes the need for flexible, learner-centered curricula supported by differentiated instruction, assistive technologies, and Individualized Education Plans (IEPs), thereby validating the use of adapted art-based and experiential learning activities (Ministry of Education, 2020).

Findings suggest that curriculum developers should integrate structured multisensory art experiences, visual scaffolding, sign-supported instructions, and tactile learning materials to ensure meaningful engagement. Additionally, teacher training emerges as a critical factor; educators must be equipped to implement inclusive strategies and use accessible communication modes (Sharma, 2022). Assessment practices should shift toward portfolios, process-based evaluation, and alternative communication formats rather than verbal outputs alone. Overall, the research underscores that an NEP-aligned curriculum should be flexible, culturally relevant, and multimodal, ensuring that D/HH learners can participate actively and creatively in the learning process.

## **Future Research Directions**

Future research should aim to identify and evaluate specific multisensory art practices that effectively enhance learning for deaf and hard-of-hearing students. Longitudinal studies could assess the long-term impacts of these practices on academic achievement and social inclusion. Furthermore, interdisciplinary research involving art educators, audiologists, and technology developers could facilitate the creation of comprehensive curricular frameworks that fully embrace the principles of NEP 2020.

## V. CONCLUSION

Exploring multisensory art practices within the framework of education for people with hearing impairments reveals that art can be a powerful medium for promoting accessibility, communication, and holistic development. According to the inclusive principles of the NEP 2020, a multisensory curriculum—one that includes visual, tactile, and kinesthetic experiences—provides valuable opportunities for hearing-impaired learners to connect, express, and build knowledge based on their sensory strengths. Literature shows that such approaches not only enhance conceptual understanding but also build confidence, creativity, and social participation.

NEP 2020 emphasizes flexible, learner-centered teaching, the use of assistive technology, and the development of Individualized Education Plans (IEPs). Integrating these directives with multisensory arts-based methodologies supports differentiated learning and ensures universal access to the curriculum. Furthermore, the success of this approach depends heavily on teacher preparation and the creation of responsive learning environments that celebrate diversity.

Overall, the study concludes that multisensory arts practices are an effective and inclusive way to enhance the educational experience of students with hearing impairments. By incorporating these practices into curriculum design and teaching methods, schools can advance the NEP 2020's vision of inclusive, engaging, and empowering education for all students.

The integration of multisensory art practices in education for hearing-impaired students is a vital area of exploration within the context of NEP 2020. By addressing the challenges posed by online learning, fostering positive teacher attitudes, mitigating communication barriers, and leveraging innovative technologies, educators can create a more inclusive and equitable educational landscape. Continued research in this domain is essential for identifying effective strategies and practices that will benefit deaf and hard-of-hearing students in the years to come.





DOI: 10.48175/568

ISSN
2581-942



## International Journal of Advanced Research in Science, Communication and Technology

ISO 9001:2015

Impact Factor: 7.67

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 5, Issue 2, November 2025

## **REFERENCES**

- [1]. CAST. (2018). Universal Design for Learning Guidelines version 2.2. CAST.
- [2]. Fleming, N. (2006). VARK: A Guide to Learning Styles.
- [3]. Mayer, R. (2009). Multimedia Learning (2nd ed.). Cambridge University Press.
- [4]. Andrews, J., & Harris, M. (2019). Art Education for Deaf and Hard of Hearing Students: Inclusive Classroom Practices.
- [5]. Darrow, A. (2016). Music and Art Education for Students with Sensory Impairments. Oxford University Press.
- [6]. Marschark, M., & Hauser, P. (2012). How Deaf Children Learn: What Parents and Teachers Need to Know. Oxford University Press.
- [7]. Kumar, R., & Singh, A. (2021). *Multisensory learning strategies for children with hearing impairment*. Journal of Inclusive Education, 9(2), 45–58.
- [8]. Ministry of Education. (2020). National Education Policy 2020. Government of India.
- [9]. Sharma, P. (2022). *Inclusive pedagogies and curriculum adaptations for children with disabilities*. International Review of Special Education, 14(1), 22–34.
- [10]. Trivedi, Urvish., Alqasemi, Redwan., & Dubey, R.. (2019). Wearable musical haptic sleeves for people with hearing impairment. Proceedings of the 12th ACM International Conference on PErvasive Technologies Related to Assistive Environments . <a href="http://doi.org/10.1145/3316782.3316796">http://doi.org/10.1145/3316782.3316796</a>
- [11]. Brett, M.. (2010). Challenges in Managing Disability in Higher Education, Illustrated by Support Strategies for Deaf and Hard of Hearing Students. The Open Rehabilitation Journal , 3 , 4-8 . http://doi.org/10.2174/1874943701003010004
- [12]. Nacher-Soler, German., Garrido, J. M.., & Rodríguez-Serrano, F.. (2019). Hearing regeneration and regenerative medicine: present and future approaches. Archives of Medical Science: AMS, 15, 957 967. http://doi.org/10.5114/aoms.2019.86062
- [13]. Paglialonga, A.., Nielsen, Annette Cleveland., Ingo, Elisabeth., Barr, Caitlin M.., & Laplante-Lévesque, Ariane. (2018). eHealth and the hearing aid adult patient journey: a state-of-the-art review. BioMedical Engineering OnLine, 17. <a href="http://doi.org/10.1186/s12938-018-0531-3">http://doi.org/10.1186/s12938-018-0531-3</a>
- [14]. Bawalsah, J.. (2016). Stress and Coping Strategies in Parents of Children with Physical, Mental, and Hearing Disabilities in Jordan. International Journal of Education, 8, 1-22. http://doi.org/10.5296/IJE.V8I1.8811
- [15]. Mansutti, I.., Achil, I.., Gastaldo, Chiara Rosa., Pires, Catarina Tomé., & Palese, A. (2022). Individuals with hearing impairment/deafness during the COVID-19 pandemic: A rapid review on communication challenges and strategies.. Journal of clinical nursing . <a href="http://doi.org/10.1111/jocn.16572">http://doi.org/10.1111/jocn.16572</a>
- [16]. Lang-Roth, R.. (2014). Hearing impairment and language delay in infants: Diagnostics and genetics. GMS Current Topics in Otorhinolaryngology, Head and Neck Surgery, 13. <a href="http://doi.org/10.3205/cto000108">http://doi.org/10.3205/cto000108</a>
- [17]. Förster, C.., Shityakov, S.., Scheper, Verena., & Lenarz, T.. (2022). Linking Cerebrovascular Dysfunction to Age-Related Hearing Loss and Alzheimer's Disease—Are Systemic Approaches for Diagnosis and Therapy Required?. Biomolecules, 12. http://doi.org/10.3390/biom12111717
- [18]. Prakash, S.. (2012). Inclusion of Children with Hearing Impairment in Schools: A Survey on Teachers' Attitudes. Disability, CBR and Inclusive Development , 23 , 90-111 . <a href="http://doi.org/10.5463/DCID.V23I3.117">http://doi.org/10.5463/DCID.V23I3.117</a>
- [19]. Kaspar, Annette., Kei, J.., Driscoll, Carlie., Swanepoel, D.., & Goulios, Helen. (2018). A public health approach to pediatric hearing impairment in the Pacific Islands. Journal of Global Health, 8. http://doi.org/10.7189/jogh.08.010302
- [20]. Nourbakhsh, Aida., Colbert, Brett M.., Nisenbaum, E.., El-Amraoui, A.., Dykxhoorn, D.., Koehler, Karl R.., Chen, Zheng-Yi., & Liu, X.. (2021). Stem Cells and Gene Therapy in Progressive Hearing Loss: the State of the Art. JARO: Journal of the Association for Research in Otolaryngology , 22 , 95 105 . <a href="http://doi.org/10.1007/s10162-020-00781-0">http://doi.org/10.1007/s10162-020-00781-0</a>

Copyright to IJARSCT www.ijarsct.co.in



DOI: 10.48175/568

ISSN
2581-9425
JJARSCT



## International Journal of Advanced Research in Science, Communication and Technology

ISO 9001:2015

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

#### Volume 5, Issue 2, November 2025

Impact Factor: 7.67

- [21]. Kisanga, S. E.. (2020). Coping with educational barriers in Tanzanian inclusive education settings: evidence from students with sensory impairment. Current Psychology , 41 , 4750 4759 . http://doi.org/10.1007/s12144-020-00977-w
- [22]. Arunachalam, Revathi. (2019). A strategic approach to recognize the speech of the children with hearing impairment: different sets of features and models. Multimedia Tools and Applications , 78 , 20787 20808 . <a href="http://doi.org/10.1007/s11042-019-7329-6">http://doi.org/10.1007/s11042-019-7329-6</a>
- [23]. Clauhs, Matthew., & Cremata, Radio. (2020). Student voice and choice in modern band curriculum development., 4, 101-116. http://doi.org/10.1386/jpme\_00016\_1
- [24]. Aljedaani, Wajdi., Krasniqi, Rrezarta., Aljedaani, Sanaa., Mkaouer, Mohamed Wiem., Ludi, S.., & Al-Raddah, Khaled. (2022). If online learning works for you, what about deaf students? Emerging challenges of online learning for deaf and hearing-impaired students during COVID-19: a literature review. Universal Access in the Information Society, 1 20. <a href="http://doi.org/10.1007/s10209-022-00897-5">http://doi.org/10.1007/s10209-022-00897-5</a>
- [25]. Ishtiaq, Naima., Mumtaz, Nazia., & Saqulain, Ghulam. (2020). Stress and coping strategies for parenting children with hearing impairment and autism. Pakistan Journal of Medical Sciences, 36, 538 543. http://doi.org/10.12669/pjms.36.3.1766
- [26]. https://www.semanticscholar.org/paper/fa2f4885ae6991b84801386c366909b7ac51448f



DOI: 10.48175/568



