

International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 5, Issue 5, March 2025

Energy Storage Technologies for Grid Stabilization and Peak Demand Management

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Abstract: The increasing integration of renewable energy sources and growing electricity demands have heightened the need for advanced energy storage technologies. This paper explores various energy storage technologies for grid stabilization and peak demand management. Energy storage technologies play a crucial role in modern power systems by enhancing grid stability and managing peak demand. The role of energy storage in enhancing grid reliability, reducing costs, and supporting renewable integration is emphasized.

A comparative analysis of different storage technologies is presented, followed by a discussion on recent advancements and future trends

Keywords: Energy storage, grid stabilization, peak demand, battery storage, pumped hydro storage, flywheel energy storage

I. INTRODUCTION

With the increasing integration of renewable energy sources, modern power grids face challenges in maintaining stability and managing peak demand. Energy storage technologies (EST) offer an effective solution by balancing energy supply and demand, reducing fluctuations, and enhancing power quality. This paper examines the role of EST in grid stabilization and peak demand management.

integration of renewable energy, such as wind and solar, further increases variability in power generation, making stabilization crucial for continuous energy supply.

II. ENERGY STORAGE TECHNOLOGIES FOR GRID STABILIZATION

Battery Energy Storage Systems (BESS)

BESS, especially lithium-ion batteries, are widely used for grid applications due to their high efficiency and rapid response times.

Pumped Hydro Storage (PHS)

PHS is a mature technology that stores excess electricity using gravitational potential energy. It offers large-scale energy storage with long-duration capabilities.

Flywheel Energy Storage (FES) Supercapacitors and superconducting magnetic energy storage (SMES) are used for high-power applications that

require rapid charge and discharge cycles. FES stores kinetic energy through rotating masses and provides instant response, making it suitable for frequency regulation.

Why Grid Stabilization is Important

Grid stability is essential for ensuring the reliability and efficiency of power supply. Unstable grids can lead to voltage fluctuations, frequency deviations, and even large-scale blackouts.

How to Manage Peak Demand

Peak demand periods put significant stress on power grids, leading to higher electricity costs and potential power outages. Effective peak demand management strategies include demand-sources like solar and wind, ensuring a smooth power supply.

FES stores kinetic energy through rotating masses and provides instant response

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IJARSCT



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Compressed Air Energy Storage (CAES)

CAES stores energy in the form of compressed air, which is released to generate electricity during peak demand periods.

Supercapacitors and SMES side management, time-of-use pricing, and integrating energy storage solutions. Energy storage allows excess energy generated during low-demand periods to be stored and utilized during peak hours, thereby reducing grid strain.

Grid Stabilization and Peak Demand Management

Energy storage technologies contribute to grid stability by:

Frequency Regulation: Rapid response to frequency deviations helps maintain grid reliability.

Voltage Support: ESS can provide reactive power support to stabilize voltage levels.

Peak Shaving: Storing excess energy during low demand and releasing it during peak periods reduces stress on the grid.

Renewable Integration: ESS helps manage the variability ofrenewable

III. COMPARATIVE ANALYSIS OF ENERGY STORAGE TECHNOLOGIES

Technology	Efficiency	Response Time	Storage Duration	Application
Lithium- Ion Battery	90-95%	Milliseconds	Hours	Frequency regulation, peak
				shaving
pumped Hydro Storage	70-85%	Minutes	Days	Bulk energy storage, load
				leveling
Flywheel Energy Storage	85-90%	Milliseconds	Seconds to minutes	Frequency regulation
Compressed Air Energy Storage	50-70%	Minutes	Hours to days	Load leveling, bulk storage
Supercapacitors	85-98%	Microseconds	Seconds	High- power applications

Grid Applications of Energy Storage:

Energy storage plays a crucial role in various grid applications:

Peak Demand Management: ESS can be used to reduce peak demand by storing energy during off-peak hours and releasing it during peak hours. This reduces the need for expensive peaking power plants and lowers electricity costs for consumers.

Frequency Regulation: BESS, with their fast response times, are well-suited for providing frequency regulation services. They can quickly absorb or inject power to maintain grid frequency within acceptable limits.

Voltage Support: ESS can provide voltage support by injecting or absorbing reactive power, improving grid stability and preventing voltage collapse.

Renewable Energy Integration: ESS can mitigate the intermittency of renewable energy sources by storing excess generation and releasing it when needed, ensuring a stable and reliable power supply.

IV. RESULTS

Simulation results indicate that lithium- ion BESS and PHS are the most effective solutions for managing peak demand and enhancing grid stability. Research shows that integrating energy storage reduces electricity costs, prevents blackouts, and improves the overall efficiency of power systems. Economic feasibility depends on factors such as geographic location, grid infrastructure, and renewable energy penetration.

V. CONCLUSION

Energy storage technologies play a critical role in modernizing power grids, improving stability, and managing peak demand. While each technology has its unique advantages, a hybrid approach that integrates multiple storage systems can offer optimal solutions. Future research should focus on enhancing efficiency, reducing costs, and developing sustainable storage solutions.

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