

International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 5, Issue 3, March 2025

# The Role of Gig Workers in Indian Economic Growth

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Abstract: Owing to the expansion of flexible job options, shifting work preferences, and digital platforms, India's gig economy has become an essential component of economic growth. This study examines how gig workers contribute to job creation, revenue generation, and labor market flexibility in India's economic growth. Gig workers have boosted productivity and encouraged micro-entrepreneurship, especially in industries like food delivery, ride-hailing, and freelancing. By giving workers the flexibility to respond to market needs, they also help to boost consumer spending and strengthen the economy. Still, issues including unstable income, insecure employment, and a lack of social safety continue to be major worries. The current research looks at legal and regulatory frameworks that can improve gig work's economic potential while also taking workers' welfare into consideration. This study examines India's changing gig economy environment and offers insights into its long-term effects on employment trends and national economic growth.

Keywords: Gig Economy, Job Creation, Freelancing, Social safety, Regulatory Framework

### I. INTRODUCTION

Rapid digitalization, the rise of online platforms, and shifting worker preferences have all contributed to the gig economy's explosive growth in India in recent years. Gig workers, also known as contract, freelance, or temporary workers, are becoming more and more popular in India's economy, especially in industries like food delivery, taxi services, e-commerce, and digital crowdsourcing. A 2022 NITI Aayog research projects that by 2029–2030, India's gig economy will have grown to 23.5 million workers, underscoring its growing importance in creating jobs and supporting the economy.

Increased labor market flexibility, chances for self-employment, and improved productivity across a range of industries are just a few advantages of the gig economy. It gives workers the opportunity to make a living outside of the typical employment limits and gives businesses access to a varied and affordable workforce, allowing them to scale effectively. To achieve sustainable economic development, the gig economy must address issues including income instability, the absence of social security benefits, and regulatory deficiencies, even though it has the potential to encourage economic growth.

This study explores the impact of gig workers to GDP, job creation, and financial inclusion in India's economic development. Additionally, it examines the difficulties gig workers encounter and assesses legislative initiatives that can strengthen their influence on economic growth. In order to offer perspectives on how the gig economy might be maximized for long-term sustainability and labor market inclusion, this paper will examine India's changing gig workforce.

# II. LITERATURE REVIEW

In India's labor sector, the gig economy has become an influence that is changing job patterns and fostering economic expansion. The effects of gig work on employment trends, revenue generation, and economic resiliency have been the subject of numerous studies. This review of the literature examines previous studies on India's gig economy, emphasizing its contributions to economic expansion, difficulties, and policy viewpoints.

DOI: 10.48175/IJARSCT-23970

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Impact Factor: 7.67

Volume 5, Issue 3, March 2025

#### 1. Gig Workers' Economic Contribution and Growth

According to NITI Aayog (2022), there were 7.7 million gig workers in India in 2020–21, and by 2029–30, that number is expected to rise to 23.5 million. The gig economy has been crucial in creating jobs, especially for young and semi-skilled workers, as well as fostering micro-entrepreneurship and innovation. Research by Korde et al. (2021) indicates that gig work improves labor market efficiency by enabling businesses to scale flexibly, which in turn contributes to GDP growth and productivity gains.

## 2. Sectoral Distribution of Gig Work in India

India's gig labor is divided into platform-based and non-platform-based jobs, according to research by Kapoor & Sinha (2021). Non-platform-based gig workers perform typical freelancing and contract-based tasks, whereas platform-based workers work in industries like ride-hailing (Ola, Uber), food delivery (Zomato, Swiggy), and e-commerce (Amazon, Flipkart). According to the Economic Survey (2021–2022), one of the main factors propelling the growth of gig employment in cities is the platform economy.

## 3. Income Generation and Financial Inclusion

Millions of people have found gig work to be an alternate source of income, but income unpredictability is still a big worry. According to a Surie (2020) study, high platform commission rates and erratic demand mean that gig workers in India frequently make less than the minimum wage.

#### 4. The Difficulties Gig Workers Face

Even while gig work has financial advantages, it is linked to unstable working circumstances. According to NITI Aayog (2022), gig workers are exposed to economic crises since they lack access to healthcare, social security benefits, and pension plans. According to research by Srivastava (2021), employment insecurity and workplace exploitation result from the absence of legal contracts and labor rights. These weaknesses were further shown by the pandemic, as lockdowns caused thousands of gig workers to lose their income (Kashyap et al., 2020).

# 5. Policy Changes and India's Gig Work Prospects

However researchers contend that implementation issues still exist, the Code on Social Security, 2020 recognized the gig economy's significance and introduced provisions for gig and platform workers, including mandatory social security contributions (Chaudhary, 2022). The NITI Aayog report (2022) suggests actions like skill development, financial inclusion, and social security reforms to enhance the gig economy's contribution to sustainable growth.

# III. RESEARCH METHODOLOGY

This study examines the contribution of gig workers to India's economic expansion using a descriptive research methodology. The goal of the study is to present a thorough knowledge of how gig workers contribute to economic resilience, labor market flexibility, income distribution, and employment creation. Using case studies, policy analysis, and secondary data sources, the methodology combines quantitative and qualitative methods.

#### 1. Research Design

The study's descriptive research design aids in the methodical analysis of gig workers' effects on the Indian economy. This method makes it possible to thoroughly examine the patterns, difficulties, and policy ramifications surrounding gig work. The study is non-experimental and analyzes data that already exists to assess trends and results.

#### 2. Data Collection Methods

The study primarily relies on secondary data sources obtained from government papers, scholarly journals, policy documents, and industry evaluations. The key sources of data include:

DOI: 10.48175/IJARSCT-23970

ISSN 2581-9429 JARSCT JARSCT J



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#### **Government Reports:**

- NITI Aayog (2022) report on the gig and platform
- economy Economic Survey of India (2021-22)
- Periodic Labour Force Survey (PLFS) reports from the Ministry of Statistics and Programme Implementation (MoSPI)

# Scholarly and Investigative Works:

- Studies by the International Labour Organization (ILO) on gig employment in India.
- Studies from organizations like the Centre for Policy Research (CPR) and the Indian Council for Research on International Economic Relations (ICRIER).

## **Industry Reports:**

- Reports from websites that support the gig economy, such as Swiggy, Ola, Zomato, and Uber.
- Reports on India's digital labor market from consulting organizations including McKinsey, EY, and Deloitte.

#### Policy reviews and case studies:

- An analysis of the experiences of gig workers in India's cities and rural areas.
- Evaluation of government programs such as the 2020 Code on Social Security and how they affect gig workers.

#### IV. CONCLUSION

In India, the gig economy has become a major force behind job creation, economic expansion, and digital transformation. Gig workers are now a crucial component of the workforce in the transportation, e-commerce, freelance, and logistics industries as companies embrace flexible labor arrangements. Millions of people now have access to gig jobs thanks to the growth of digital platforms like Uber, Ola, Swiggy, and Amazon, especially for unskilled and semi-skilled workers.

Notwithstanding its benefits, the gig economy has certain drawbacks, including as inconsistent income, no social security, and inadequate laws. Gig workers are exposed to financial instability and are susceptible to changes in the economy due to the lack of official contracts, health insurance, and pension plans. Moreover, worker rights and earning potential are still impacted by gender inequality, employment insecurity, and algorithmic control over labor distribution.

Policymakers must put in place comprehensive labor reforms, skill development programs, and financial inclusion measures to guarantee sustainable growth and worker protection. Although the Code on Social Security, 2020 is a step in the right direction, it needs to be effectively enforced to ensure gig workers have social safeguards. In order to promote job security and income stability, minimum pay standards, insurance plans, and better dispute resolution procedures should be established.

By 2030, the gig economy in India is expected to grow considerably and account for as much as 4-5% of the country's GDP (NITI Aayog, 2022). To fully realize this potential, a well-balanced regulatory environment that upholds worker rights and encourages innovation is needed. India can fully utilize the gig economy as a driver of economic growth and job creation by advancing inclusive policies, gender diversity, and workforce solutions powered by technology.

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