

A Review on Preparation and Evaluation of Liquid Dosage Form-Eye Drop

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Abstract: *Ophthalmic products are sterile preparations that encompass specialized dosage forms which can be administered onto the external surface of the eye. The slightest inflammation in the eyes can cause intense soreness and cause eye infections, swelling, allergies, challenge vision, and can cause permanent harm and cause lack of vision as well. Therefore, all ophthalmic preparations are required to stringently follow analytical testings and evaluations. Procedures and recognized standards for testing ophthalmic preparations are labeled into quality tests and overall performance checks to evaluate the integrity, drug release, and different attributes that relate to in vivo drug overall performance of the ophthalmic preparations. Quality control of ophthalmic preparations consists of conventional checks which include identification, potency, purity, sterility particulate matter, and dissolution testing, etc.*

Keywords: Ophthalmic products

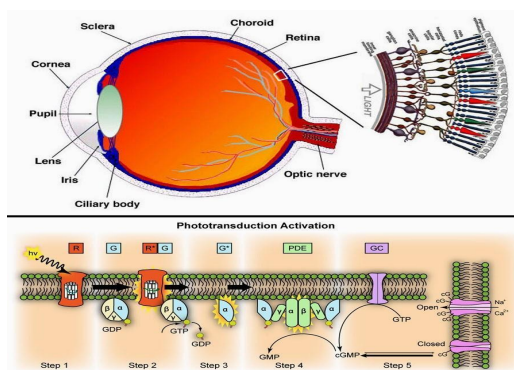
I. INTRODUCTION

Ophthalmic preparation are specialized dosage forms deSigned to be instilled onto the external sureyee of the eye (topical) or administered inside the eys (intraocular)

The purpose may be therapeutic, prophylactic or palliative.

The most commonly employed ophthalmic dosage forms are solutions, suspension, and ointments.

The newest dosage forms for ophthalmic drug delivery are: geli, gel-forming solution, ocular insert, intravitreal injections and implants



II. LITERATURE REVIEW

Goal: understand eye Drops formulation and test

Key focus: ingredients, innovation, evolution test, methods, packing, formulation,

Plane of work

Eye drops are sterile solutions, suspensions or emulsions inten instillation in the eye. Solutions are Manufactured by dissolution of the active ingredients and the excipients into all portion of water and sterilization of this solution done.

If the drug is not sufficiently soluble, it can be formulated as a suspension.

Topical ophthalmic emulsions generally are prepared by dissolving or dispersing the active ingredient(s) into an oil phase, adding suitable emulsifying agent and mixing with water vigorously to form a uniform oil-in-water emulsion.

Material and method

Drugs- Ophthalmic products contains drugs of various categories including –Miotics e.g. Pilocarpine HCl

Mydriatics e.g. Atropine

Anti-inflammatories e.g. Corticosteroids

Anti-infectives (antibiotics, antivirals and antibacterials)

Anti-glucoma drugs e.g. Pilocarpine Hel

Diagnostic drugs e.g. Sodium fluorescein

Anesthetics e.g. Tetracaine

Preservation

Eye drop should be sterile and should contain preservatives to avoid microbial contamination when container is open.

The preservative for ophthalmic use includes-

benzalkonium chloride

chlorbutanol

phenylmercuric acetate

phenylmercuric nitrate etc.

Sterilization

Eye drops are sterilized by autoclaving at 121°C for 15 minutes. Bacterial filters are used to avoid thermal degradation.

E.g.- preservative chlorbutanol hydrolyzes at high temperature

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Surfactants

The order of surfactant toxicity is:

anionic > cationic >> nonionic.

Several nonionic surfactants are used in relatively low Concentration to aid in dispersing steroids in suspensions and to achieve or to improve solution clarity.

Those principally used are the sorbitan ether esters of oleic acid (polysorbate between 20 and 80).

Buffers and PH adjuster

pH adjustment is very important as pH affects-1- To render the formulation more stable

The comfort, safety and activity of the product.

Eye irritation

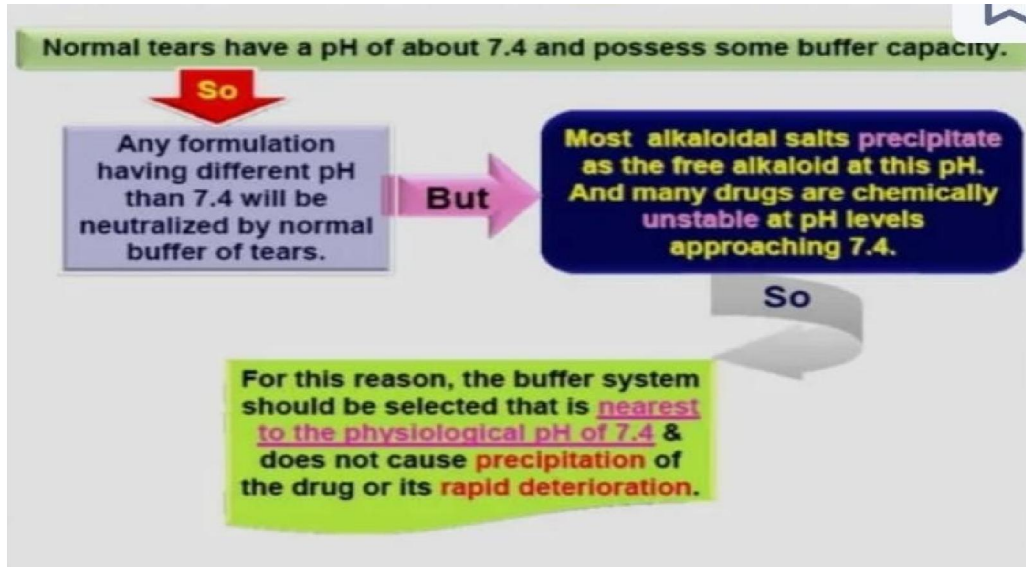
increase in tear fluid secretion

Rapid loss of medication.

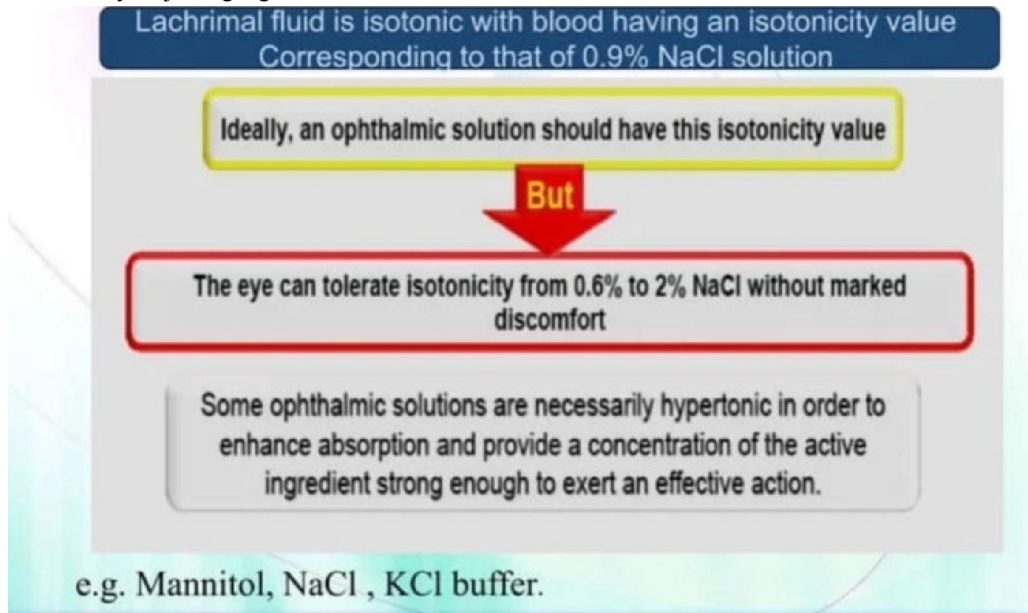
To enhance aqueous solubility of the drug 4- To enhance the drug bioavailability

5- To maximize preservative efficacy

Note: If buffers are required there capacity is controlled to be as low as possible (low buffer capacity) thus enabling the tear to bring the pH of the eye back to the physiological range.



Tonicity and tonicity Adjusting Agent



Viscosity Impacting agent 55

Polyvinyl alcohol, methylcellulose, hydroxypropyl methylcellulose, hydroxyethylcellulose, and carbomers, are commonly used to increase the viscosity of solution and suspensions (to retard the rate of setting of particles) They increase the ocular contact time, thereby decreasing the drainage rate, increase the mucoadhesiveness and increasing the bioavailability.

Disadvantage: produce blurring vision as when dry, form a dry film on the eye lids. Make filtration more difficult.

Commercial viscous vehicles are:

1. polyvinyl alcohol (liquifilm)
2. hydroxypropyl methylcellulose (isopto)



Vehicle

Ophthalmic drop (using purified water USP) as the solvent.

Purified water meeting USP standards may be obtained by: Distillation, deionization, or reverse osmosis.

Oils have been used as vehicles for several topical eye drops products that are extremely sensitive to moisture.

When oils are used as vehicles in ophthalmic fluids, they must be of the highest purity.

ADMINISTRATION

Pull down the eyelid.

Tilting the head backwards.

Look at the ceiling after the tip is pointed close to the lower cul-de-sac.

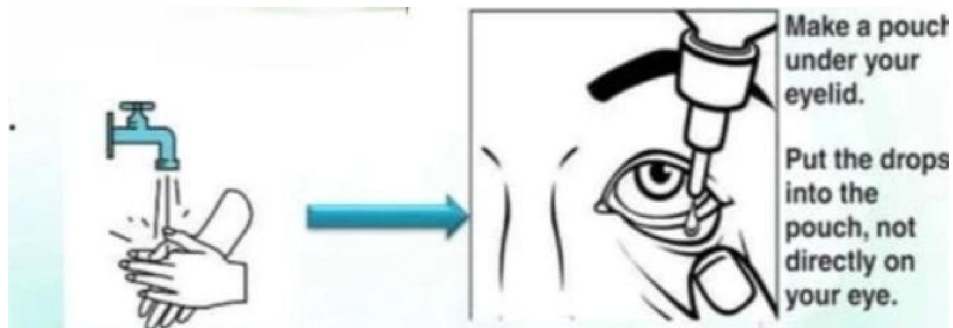
Apply a slight pressure to the rubber bulb or plastic bottle to allow a drop to fall into the eye.

Do not squeeze lids.

To prevent contamination:

Clean hands

Do not touch the dropper tip to the eye and surrounding tissue



Packing

Eye drops have been packaged almost entirely in plastic dropper bottles. The main advantage of the Drop-Trainer are:

Convenience of use by the patient
Decreased contamination potential
Lower weight

Lower cost

The plastic bottle and dispensing tip is made of low-density polyethylene (LDPE) resin, which provides the necessary flexibility and inertness. Room

The cap is made of harder resin than the bottle.

A special plastic ophthalmic package made of polypropylene introduced. The bottle is filled then sterilized by steam under pressure at 121°C.

Powder for reconstitution use glass containers, owing to their heat-transfer characteristics, which are necessary during the freeze-drying processes.

The glass bottle is made sterile by dry-heat or steam autoclave sterilization.

Amber glass is used for light-resistance



Evaluation test

Evaluation of the ophthalmic product is done by following tests:

Sterility Test

Clarity Test

Leakage Test

Metal particles in ophthalmic ointment

Sterility Tests:

Ophthalmic products should be free from anaerobic and aerobic bacteria and fungi.

Sterility tests are therefore performed by the:

Membrane filtration method.

Direct inoculation method.

In the Membrane filtration method:

A solution of test product (1%) is prepared in isopropyl myristate and allowed to penetrate through cellulose nitrate filter with pore size 0.45 μ m.

If necessary, gradual suction or pressure is applied to aid filtration.

The membrane is then washed three times with 100 ml of sterile diluting and rinsing fluid and transferred aseptically into fluid thioglycolate medium (FTM) and soybean – casein digest medium (SBCD).

The membrane is finally incubated for 14 days.

Growth on FTM indicates the presence of anaerobic and aerobic bacteria.

Growth on Soybean casein digest medium indicates the presence of fungi and aerobic bacteria.

Absence of any growth in both these media establishes the sterility of the product.

In the Direct – inoculation technique:

1 part of the product is diluted with 10 parts of sterile diluting and rinsing fluid with the help of an emulsifying agent

Incubate in Fluid thioglycolate medium (FTM) and soybean – casein digest (SCDM) media for 14 days.

In both techniques, the number of test articles is based on the batch size of the product. If the batch size is less than 200 the containers, either 5% of the containers or 2 containers (whichever is greater) are used.

If the batch size is more than 200, 10 containers are used for sterility testing.

Clarity tests

Clarity is tested by visual inspection of containers under light and against a black and white background.

Instrumental methods of evaluation is based on the principles of light scattering, light absorption and electrical resistance which are used to count particle and particle size distribution.

Unwanted mobile insoluble matter other than gas bubbles are present in the given product are detected.

It may be dangerous when the particle size is larger than R.B.C. And may block the blood vessel.

Leakage test

This test is mandatory for ophthalmic products, which evaluate the intactness of the ointment tube and its seal.

Ten sealed containers are selected, and their exterior surfaces are cleaned.

They are horizontally placed over absorbent blotting paper. Maintained at $60 \pm 3^\circ\text{C}$ for 8h.

The test passes if leakage is not observed from any container.

If leakage is observed, the test is repeated with an additional 20 tubes.

The test passes if not more than 1 container shows leakage out of 30 tubes.

Test of metal particles

This test is required only for ophthalmic ointments.

The presence of metal particles will irritate the corneal or conjunctival surfaces of the eye.

It is performed using 10 ointment tubes.

The content from each tube is completely removed onto a clean 60mm diameter Petri dish which possesses a flat bottom.

The lid is closed and the product is heated at 85°C for 2 hours.

Once the product is melted and distributed uniformly, it is cooled to room temperature. The lid is removed after solidification.

The bottom surface is then viewed through an optical microscope at 30x magnification.

The viewing surface is illuminated using an external light source positioned at 45° on the top.

The entire bottom surface of the ointment is examined, and the number of particles $50\mu\text{m}$ or above are counted using a calibrated eyepiece micrometer.

The USP recommends that the number of such particles in 10 tubes should not exceed 50, with not more than 8 particles in any individual tube.

Limits are not met, the test is repeated with an additional 20 tubes.

In this case, the total number of particles in 30 tubes should not exceed 150, and not more than 3 tubes are allowed to contain more than 8 particles, the test passes.

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