

Revolutionizing Healthcare: A Prototype Serving Robot for Enhanced Medical Assistance

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Abstract: *This paper delves into the transformative potential of service robots in healthcare, addressing the growing need for innovative solutions. We examine the collaborative efforts between academia and the healthcare industry to develop and deploy service robots. The focus is on preventing infection spread, reducing human error, and optimizing patient care. Additionally, the paper explores the contemporary field of Robotic Process Automation (RPA) and its applications in relieving mundane tasks within the healthcare industry. The interdisciplinary analysis provides valuable insights into reshaping healthcare practices through robotic innovations.*

Keywords: service robots, healthcare innovation, robotic process automation (RPA), patient care, infection prevention, collaborative technology, interdisciplinary research, logistics optimization, robotic technologies, healthcare transformation

I. INTRODUCTION

In recent years, the field of service robotics has experienced significant growth, particularly in industrial applications, while the healthcare sector has lagged behind due to the inherent challenges of providing personalized care. However, the emergence of the Coronavirus has prompted a paradigm shift, rapidly steering robotic technology towards virus prevention, disinfection, logistics, and telehealth within healthcare settings. The demand for service robots has surged, addressing the pressing need to assist healthcare workers, enhance productivity, and minimize person-to-person contact risks. The loss of healthcare staff, exacerbated by the infectious nature of the disease, has further underscored the urgency of deploying robots to maintain a high standard of care.

This paper delves into the crucial role of service robots in healthcare during the pandemic, exploring their potential to offer sustainable and affordable healthcare solutions without compromising quality. From measuring temperatures with thermal sensors to streamlining diagnostic testing processes, service robots emerge as versatile assets in clinical care. Additionally, the paper highlights the social aspect of these robots, acting as companions to mitigate the negative impact of quarantine measures on individuals' physical and mental health. The review encompasses critical healthcare issues such as effective cleaning, patient logistics, error reduction, and remote monitoring, while also considering future research directions in this transformative field.

In contrast, the paper explores the realm of robotic process automation (RPA), a technology revolutionizing organizational processes. RPA, rooted in artificial intelligence, automates daily tasks, reducing the need for interpersonal communication and freeing employees to focus on more substantial responsibilities. The three main stages of RPA ventures—design, implementation, and evaluation and monitoring—are examined, showcasing its potential to increase profits and operational efficiency in a competitive workplace. The paper also anticipates substantial growth in the robotic processing automation market, predicting a value of \$5000 million by 2024, underscoring the profound impact of RPA on various sectors with repetitive tasks. This dual exploration provides a comprehensive view of the transformative potential of both service robots and robotic process automation in shaping the future of healthcare and organizational operations.

II. SERVICE ROBOTICS

The burgeoning field of service robotics has seen remarkable growth, with a projected demand for professional service robots in healthcare reaching \$38 billion USD by 2022. Originally defined by the Fraunhofer Institute for Manufacturing

Engineering and Automation in 1993, service robots are programmable devices designed to perform services semi or fully automatically, encompassing tasks that contribute to human well-being and equipment functionality. As definitions have evolved, distinctions between industry and service sectors have blurred, and service robots find applications in diverse environments such as hospitals, often sharing spaces with humans.

Focus on Healthcare:

This paper predominantly delves into service robots tailored for the healthcare sector, categorizing them as those autonomously performing tasks in clinical settings. Emphasis is placed on the versatility of these robots in healthcare applications, spanning disinfection, surgery, logistics, monitoring, rehabilitation, and endoscopy. These robots play a crucial role in healthcare by ensuring precise instrument control, enhancing safety, monitoring patients, and performing diagnostics. The ability of service robots to recognize faces, gestures, speech, and objects facilitates obstacle avoidance and emotion-based communication, making them integral to human-centric healthcare environments.

Challenges and Considerations:

Despite their potential, the acceptance of service robots poses challenges, particularly in allaying concerns about job displacement. Public engagement campaigns and training programs for healthcare staff are proposed to foster positive attitudes and acceptance. Visibility of service robots in everyday environments is suggested to enhance acceptance. However, ethical considerations arise, especially concerning patient isolation and potential dehumanization, particularly among older patients. Reliability is another concern, necessitating detailed safety features and cyber security measures to mitigate risks associated with human interaction and remote connectivity. Ongoing technological progress in sensor and actuator development, along with deep learning and human interaction research, is crucial to addressing these challenges and advancing service robotics in healthcare.

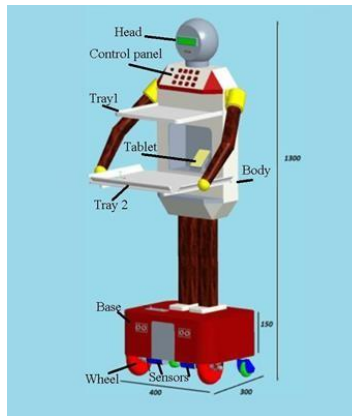


Fig 1. 3D design of the serving robot

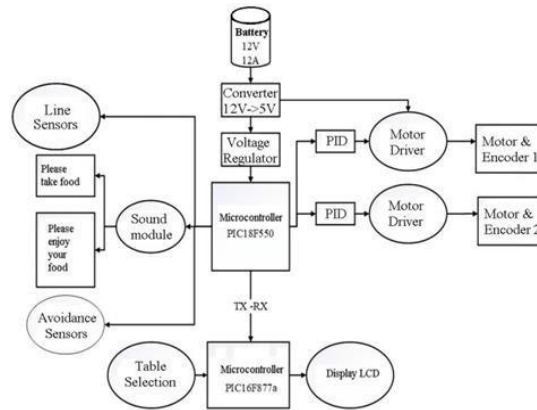


Fig 2. Diagram of robot's circuit system

The robot's modular architecture, illustrated in Figure 2, showcases the integration of various components to facilitate efficient restaurant service. Two microcontrollers, PIC18F550 and PIC16F877A, are employed for motor control, operations, table selection, and LCD display. The power source comprises a regulated 12V-5A for motors and a 5V- 2A for microcontrollers. Line follower and avoidance sensors connect to PIC18F550, while PIC16F877A manages mapping data, table navigation, and LCD control. Key modules include the central processing unit, program selection, sensors, motor driver, power unit, battery charger, and audio block. The PIC18F550 handles data processing, communicates with PIC16F877A, and ensures precise robot movement with PID control. RF transceiver modules are integrated for remote control functionality, enabling the robot to return to the waiting position post-task completion, enhancing the overall efficiency and convenience of restaurant service.

III. CONTRASTING TRADITIONAL IT-BASED AUTOMATION TECHNOLOGIES WITH THE AUTOMATION OF ROBOTIC PROCESSES

Distinguishing between traditional IT-based automation and robotic process automation (RPA) reveals subtle yet significant differences. While both aim to enhance operational efficiency, traditional IT automation primarily focuses on refining existing processes within specific industry verticals, aiming to reduce costs and expedite customer delivery. In contrast, RPA transcends traditional IT boundaries, impacting diverse facets of a company from economics to marketing and a broader spectrum of functions. RPA stands out with its visually appealing and user-friendly programs, designed for easy use by individuals with basic technology understanding, thanks to outstanding visual layouts. In contrast, traditional IT automation, often reliant on complex scripting languages like Java, may pose challenges in usability for the intended demographic due to its intricate nature and demand for higher technical skills.

Moreover, the objectives differ as traditional IT-based testing automation seeks to adapt or modify existing techniques for increased effectiveness within the current IT system. Conversely, RPA requires minimal IT prerequisites and is compatible with various software programs, allowing for seamless integration into endpoint networks without significant hardware alterations. The ongoing debate on the impact of RPA on employment generates varying perspectives, with concerns about job losses countered by the belief that new opportunities will arise for individuals skilled in setting up, managing, and sustaining automated programs. The evolving landscape may necessitate a combination of higher and intermediary governance, requiring individuals with updated skills to effectively utilize automated robotics systems and administer their operations, potentially leading to repositioning affected employees into new roles within the company or the computing sector.

IV. ADOPTABILITY OF ROBOTS IN THE HEALTH-CARE FIELD

Contemporary robot technology seamlessly blends computing and mechanical engineering skills, primarily aimed at automating tedious tasks. Beyond mere automation, it is progressively expanding its capabilities to intelligently communicate with others. In the medical field, automation finds significant applications in medical machinery, rehabilitation tools, and robotic assistants, ushering in improved outcomes, precise operations, and heightened efficiency. This technological evolution is affording medical institutions a competitive edge, with many large businesses and specialized healthcare institutions increasingly adopting robots. The integration of robots aims to simplify physicians' tasks, offering consumers enhanced medical treatments, as illustrated in Figure 3.

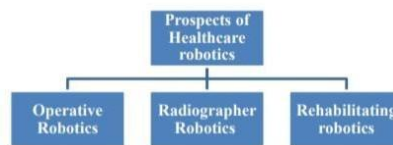


Fig 3. Prospects of Healthcare robotics Operative Robotics:

Revolutionizing surgical procedures, robotic technology enables intricate operations through minimal incisions. In the medical realm, robots are not merely tools but transformative partners, introducing non-invasive techniques and empowering surgeons to execute precise punctures. This innovation has ushered in a new era of surgical accuracy and efficiency.

Radiographer Robotics:

The integration of robotics in radiology marks a pivotal shift, empowering radiologists with advanced tools for interpreting intricate diagnostic scans. Beyond individual images, doctors now consider comprehensive health records and prior scans, enhancing diagnostic precision. Furthermore, tireless robotic surgeons operate seamlessly, offering continuous service year-round, eliminating fatigue-related concerns.

Rehabilitating Robotics:

Enter the realm of rehabilitation, where digital exo-skeletons emerge as portable aids, enhancing extremity flexibility. Post-chemotherapy and various surgeries, robotic wheelchairs contribute to rewiring neural connections, facilitating recovery. Studies on robotics mimicking human movement aim to trick the brain into fostering adaptive responses, presenting promising avenues for neurological rehabilitation.

V. SIGNIFICANCE OF SERVING ROBOT PROCESS

1. Enhanced Healthcare Efficiency:

Service robots play a pivotal role in alleviating the workload for healthcare staff, offering support in complex tasks that contribute to the overall efficiency of healthcare operations. In clinical settings, these robots autonomously perform tasks, ranging from logistics and monitoring to surgery and rehabilitation, ensuring precision and freeing up human resources for more critical responsibilities.

2. Versatility and Adaptability:

Their adaptability and versatility are particularly evident in their ability to recognize faces, gestures, speech, and objects. This capability not only facilitates obstacle avoidance but also enables communication based on emotion, making service robots integral to human-centric healthcare environments where personalized interactions are crucial.

3. Social Care and Well-being:

In addition to clinical tasks, service robots contribute significantly to social care. In instances of social isolation, personal service robots can be deployed to mitigate loneliness, promote productivity, and provide companionship. This addresses the broader well-being of patients, acknowledging the importance of emotional support in healthcare settings.

4. Technological Innovation and Human Interaction:

Service robots represent a paradigm shift in technological innovation, incorporating autonomous decision-making based on sensor input. They learn from previous actions, adapt to situations, and operate semi or fully autonomously. Ongoing progress in sensor and actuator development, deep learning, and human interaction research is crucial to advancing the capabilities of service robots and ensuring their seamless integration into healthcare environments.

5. Ethical Considerations and Public Acceptance:

While embracing the potential benefits of service robots, there are ethical considerations, including concerns about dehumanization and job displacement. Public acceptance campaigns and training initiatives for healthcare staff are proposed to address these concerns, aiming to promote positive attitudes and understanding of the role of service robots in enhancing healthcare rather than replacing human roles.

6. Safety and Cybersecurity:

The significance of service robots is contingent on ensuring their reliability and safety. Detailed safety features are imperative as these robots interact with humans, and robust cybersecurity measures are essential to mitigate risks associated with remote connectivity, such as unauthorized access and data breaches.

VI. CONCLUSION

In conclusion, the integration of artificial intelligence and robotics in healthcare represents a promising avenue for enhancing patient care and treatment. The cross-disciplinary nature of the field, involving collaboration between

academia, the healthcare industry, and end-users such as healthcare workers, ensures the practical relevance of research to address contemporary challenges, particularly amid the ongoing pandemic.

The concept of service robotics in healthcare has been explored, shedding light on challenges related to acceptance and reliability. The paper has provided a comprehensive overview of state-of-the-art applications in healthcare systems, emphasizing disease prevention and management, logistics, telehealth, and social care. Specific service robots have been identified, ranging from sterilization robots using UVC light to robotic-assisted nasopharyngeal swabbing, highlighting their critical roles in various healthcare settings.

The discussed applications extend beyond traditional healthcare functions, encompassing companionship, social skill development, vital sign monitoring, fall detection, and telemedical assistance. Mass monitoring for signs of social distancing and elevated temperatures further exemplifies the adaptability and potential impact of service robots in preventing the spread of diseases.

As we reflect on the current advantages and challenges of service robots in healthcare, it becomes evident that while they hold the potential to alleviate healthcare staff's workload and enhance efficiency, ethical considerations, and the need for continuous improvement in technology and safety features must be addressed. The paper underscores the importance of ongoing research in short, medium, and long-term technology directions to further enhance the current applications of service robots in healthcare.

In essence, the collaborative efforts between academia, industry, and end-users have illuminated the transformative potential of service robots in healthcare. This paper serves as a stepping stone towards a future where technology-driven solutions coalesce with human compassion, ultimately advancing the quality of patient care and redefining the landscape of healthcare services.

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