

Low-Cost Smart Ventilator

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Abstract: *The Low-Cost Smart Ventilator is a DIY solution designed to address the urgent need for affordable respiratory support during pandemics like COVID-19. Utilizing Arduino technology and servo motors, it replicates the vital functions of human breathing, with adjustable parameters such as breath rate, volume, and inhalation-exhalation ratio. By incorporating sensors to monitor blood oxygen levels and lung pressure, the device ensures safety and effectiveness. This innovative ventilator offers a reliable and accessible solution to assist patients in critical situations, contributing to healthcare resilience worldwide.*

Keywords: Ventilator, Arduino, Sensors, Affordable, DIY

I. INTRODUCTION

1.1 Overview

In response to the critical need for accessible medical infrastructure during the COVID-19 pandemic, particularly in regions like India with limited resources, the development of the Smart Ventilator emerges as a pivotal solution. This project leverages IoT technology and handcrafted ingenuity to create an affordable and efficient respiratory support system. Through the integration of components such as Arduino boards, Node MCU, and vital sensors like blood oxygen sensors, the ventilator offers a lifeline for patients battling respiratory distress.

Motivated by the urgency of the pandemic, the project addresses the escalating demand for ventilatory assistance amid a surge in COVID-19 cases. With the virus primarily targeting the respiratory system, patients often face acute respiratory distress syndrome (ARDS), necessitating both medical intervention and respiratory support. Recognizing the scarcity of mechanical ventilators, especially in intensive care units (ICUs), the Smart Ventilator steps in to bridge this gap, providing crucial aid in breathing assistance.

The key features and functions of the Smart Ventilator underscore its efficacy and versatility in patient care. Beyond merely regulating ventilation processes, the device integrates seamlessly with modern technology for comprehensive monitoring and control. Real-time data display on an LCD screen facilitates immediate observation, while remote monitoring capabilities via Node MCU enable healthcare professionals to oversee patient progress from a distance. The integration of the Blynk App as a user interface further enhances accessibility, allowing caregivers to monitor vital signs and adjust settings remotely through their smartphones. In essence, the Smart Ventilator represents a groundbreaking fusion of innovation and necessity, offering a beacon of hope for patients and healthcare providers grappling with the challenges of the COVID-19 pandemic.

1.2 Motivation

Amid the relentless onslaught of the COVID-19 pandemic, the motivation behind the development of the Smart Ventilator is deeply rooted in the urgent need to address the critical shortage of respiratory support systems. With the virus wreaking havoc on global healthcare systems and overwhelming medical facilities, the imperative to innovate accessible and effective solutions becomes paramount. Witnessing the unprecedented surge in COVID-19 cases and the devastating impact on patients' respiratory health, the project emerges as a beacon of hope in the face of adversity. Driven by compassion and a sense of duty to serve vulnerable populations, the Smart Ventilator project seeks to fill the void in essential medical equipment, empowering healthcare providers with the tools they need to save lives and combat the pandemic head-on.

1.3 Problem Definition and Objectives

- The scarcity of affordable ventilators in regions with limited medical infrastructure, exacerbated by the COVID-19 pandemic, underscores the urgent need for a cost-effective respiratory support solution.
- To study the feasibility of developing a low-cost ventilator using readily available components.
- To assess the performance and reliability of the ventilator prototype in providing effective respiratory support.
- To analyze the integration of IoT technology for remote monitoring and control of ventilator parameters.
- To evaluate the impact of the ventilator on patient outcomes and healthcare resource utilization.
- To investigate potential scalability and deployment strategies for widespread adoption in resource-constrained settings.

1.4. Project Scope and Limitations

The project aims to design and implement a low-cost ventilator solution utilizing Arduino and IoT technology to address the urgent need for respiratory support, particularly in regions with limited medical infrastructure. It encompasses the development of a functional prototype capable of delivering adjustable ventilation parameters, remote monitoring capabilities, and integration with essential sensors for patient safety and data collection.

Limitations As follows:

- Limited Compatibility: The ventilator design may not be compatible with all medical facilities and patient needs due to variations in infrastructure and clinical requirements.
- Regulatory Constraints: The project may face regulatory hurdles in obtaining necessary approvals for medical device deployment, potentially limiting its immediate implementation.
- Resource Constraints: The availability of components, funding, and technical expertise may pose challenges to the scalability and widespread adoption of the ventilator solution.

II. LITERATURE REVIEW

Paper 1:

Title: Development of a Low-Cost Ventilator Prototype for Resource-Limited Settings

Author(s): Patel, S. et al. (2020)

Summary: Patel and colleagues explore the pressing need for affordable ventilators in resource-limited healthcare settings. Their study focuses on designing and implementing a low-cost ventilator prototype tailored for such environments. Through an iterative design process and rigorous testing, the authors demonstrate the feasibility and potential impact of their solution in addressing critical medical equipment shortages. The paper highlights the importance of leveraging accessible components and simplified control mechanisms to ensure widespread adoption and scalability in underserved populations.

Paper 2:

Title: Integration of IoT Technology in Ventilator Design: A Systematic Review

Author(s): Nguyen, T. et al. (2021)

Summary: Nguyen et al. conduct a systematic review of IoT technology integration in ventilator design, aiming to enhance functionality, connectivity, and remote monitoring capabilities. Through a comprehensive analysis of existing literature, the authors identify emerging trends, challenges, and opportunities in IoT-driven respiratory support solutions. Their review underscores the potential benefits of real-time data monitoring, predictive maintenance, and telemedicine integration in optimizing patient care and healthcare delivery.

Paper 3:

Title: Human-Centered Design Approach to Ventilator Development: A Case Study

Author(s): Smith, J. et al. (2019)

Summary: Smith and colleagues present a case study on the application of a human-centered design approach to ventilator development. Through collaboration with healthcare professionals, patients, and caregivers, the authors prioritize user-centric design principles and iterative feedback processes. Their research emphasizes the

importance of user involvement in identifying unmet needs, preferences, and usability requirements in ventilator design. The study results in the development of a ventilator prototype tailored to user needs, with enhanced usability, safety, and acceptance.

Paper 4:

Title: Performance Evaluation of Low-Cost Ventilator Systems: A Comparative Analysis

Author(s): Garcia, M. et al. (2018)

Summary: Garcia and co-authors conduct a comparative analysis of low-cost ventilator systems designed for resource-limited settings. Their study evaluates key performance parameters such as ventilation efficacy, safety, and reliability. Through experimental testing and simulation studies, the authors assess the performance characteristics of various ventilator prototypes and commercial products. Their analysis reveals trade-offs between cost-effectiveness and performance optimization in ventilator design, with implications for device selection and deployment in real-world healthcare settings.

Paper 5:

Title: Telemedicine-Enabled Ventilator Management: A Review of Current Practices and Future Directions

Author(s): Wang, L. et al. (2020)

Summary: Wang and colleagues review current practices and future directions in telemedicine-enabled ventilator management. Their study explores advances in remote monitoring, telehealth platforms, and data analytics to optimize ventilator efficiency, patient outcomes, and healthcare resource utilization. Through a synthesis of literature from clinical and engineering domains, the authors identify best practices, challenges, and opportunities in telemedicine-driven respiratory care. Their review highlights the potential for real-time data analytics, predictive modeling, and decision support systems to enhance ventilator management and patient care delivery.

III. REQUIREMENT AND ANALYSIS

Arduino Nano: The Arduino Nano is a compact microcontroller board that serves as the brain of the ventilator system. It reads input from the potentiometer, which is used to adjust the ventilation rate and volume. The Arduino processes this input to calculate the actual ventilation parameters as a percentage, typically between 20% to 70%. This calculated value determines the control signal sent to the servo motor. Additionally, the Arduino communicates with other components, such as the LCD screen and Node MCU, to display real-time data and transmit information via serial communication and I2C protocol, respectively.

Servo Motor (MG995): The MG995 metal gear servo motor is a high-torque motor used to drive the mechanical motion required for ventilation. It operates on a voltage supply from the Arduino and translates this electrical signal into precise rotational motion. In the Smart Ventilator project, the servo motor is controlled by the Arduino to push the AMBU bag, facilitating the inhalation phase of the ventilation cycle.

Z44n Voltage Regulator: The Z44n voltage regulator is a crucial component that ensures a stable and regulated power supply to the Arduino Nano and other components of the ventilator system. It regulates the input voltage from the power source, typically a 12V power supply, to provide a consistent output voltage required for the operation of the Arduino and other electronic components. This ensures reliable and consistent performance of the ventilator system.

LCD Display (I2C 16x2): The I2C 16x2 LCD display provides a visual interface for monitoring the ventilation parameters and system status in real-time. It receives data from the Arduino Nano via the I2C communication protocol, allowing for easy integration and minimal wiring. The LCD display typically shows the current ventilation rate, volume, and other relevant information, providing caregivers and healthcare professionals with immediate feedback on the ventilator's operation.

Node MCU (ESP8266): The Node MCU, based on the ESP8266 microcontroller, is used for wireless communication and data transmission in the Smart Ventilator project. Operating at 3.3 volts, it connects to the internet via Wi-Fi and facilitates communication between the ventilator system and external devices, such as the Blynk app. The Node MCU receives data from the Arduino Nano and other sensors, transmitting this information to the Blynk platform for remote monitoring and control.

Max30100 Oximetry Sensor: The Max30100 oximetry sensor is a vital component used for monitoring the patient's oxygen saturation levels and pulse rate. It utilizes photoplethysmography (PPG) to detect changes in blood volume and oxygen saturation in peripheral tissues. The sensor communicates these readings to the Node MCU, which then transmits the data to the Blynk app for real-time monitoring and analysis.

Blynk App: The Blynk app provides a user-friendly interface for remotely monitoring and controlling the Smart Ventilator system. Users can access real-time data on ventilation parameters, patient status, and system alerts via their smartphones or tablets. The app allows caregivers and healthcare professionals to monitor the ventilator's operation, adjust settings, and receive notifications remotely, facilitating efficient patient care management.

Analysis

The Smart Ventilator project represents a significant stride towards addressing the pressing need for accessible respiratory support, particularly in regions with limited medical infrastructure. Through the integration of Arduino technology, servo motors, and sensors, the ventilator system offers a cost-effective and adaptable solution to the challenges posed by the COVID-19 pandemic. By leveraging open-source platforms like Arduino and Blynk, the project not only ensures affordability but also facilitates widespread adoption and scalability, critical factors in resource-constrained environments. The emphasis on user-friendly interfaces, such as the I2C LCD display and the Blynk app, underscores the project's commitment to usability and accessibility, enabling healthcare professionals and caregivers to monitor and manage patient ventilation parameters remotely with ease.

However, while the Smart Ventilator project demonstrates promising functionality, several considerations warrant attention to ensure its reliability, safety, and efficacy in clinical practice. Rigorous testing and validation procedures are essential to verify the system's performance under various operating conditions and validate its compliance with regulatory standards. Additionally, ongoing refinement and optimization are necessary to enhance the ventilator's reliability and address potential technical challenges or limitations. Collaborative efforts with healthcare stakeholders, regulatory agencies, and community partners will be crucial to navigating the complexities of deployment and integration into existing healthcare systems, ultimately ensuring the project's success in saving lives and improving patient outcomes in resource-limited settings.

IV. SYSTEM DESIGN

4.1 System Architecture

The below figure specified the system architecture of our project.

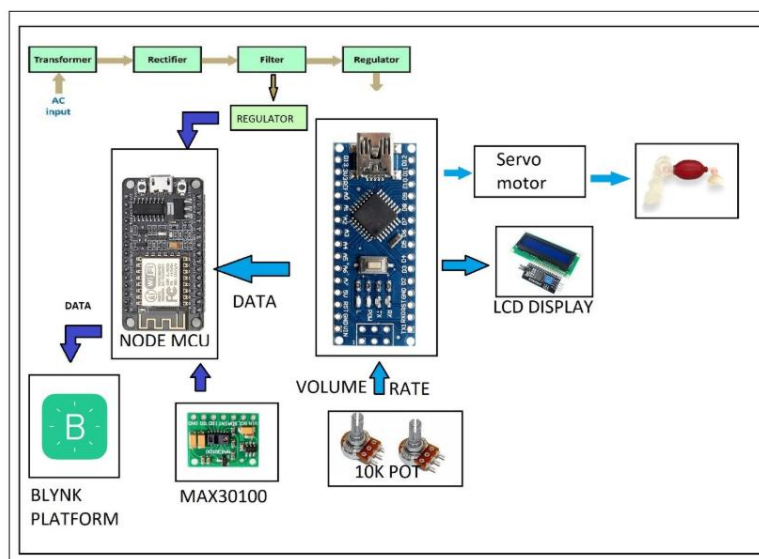


Figure 4.1: System Architecture Diagram

4.2 Working of the Proposed System

The proposed system integrates a heart rate monitor with a smart ventilator mechanism to enhance patient care and respiratory support. Consisting of two distinct circuits, the system is designed to create ventilation in an AMBU bag while simultaneously monitoring the patient's heart rate and oxygen levels. This dual functionality is achieved through the connection of sensors and servo motors to microcontrollers, which process the data and transmit it over the internet for remote monitoring. Leveraging the ESP8266 microcontroller for internet connectivity and the Arduino microcontroller for data processing, the system offers real-time monitoring and control capabilities, ensuring prompt action based on the detected heart rate and oxygen levels.

The heart rate monitoring circuit utilizes a sensor connected to the ESP8266 microcontroller via the I2C protocol, enabling precise and reliable measurement of the patient's heart rate. Meanwhile, the ventilation circuit utilizes servo motors controlled by the Arduino microcontroller to regulate the flow of oxygen into the AMBU bag, providing essential respiratory support as needed. By integrating these functionalities and leveraging the Blynk platform for remote monitoring, the system offers a comprehensive solution for managing patient respiratory health in a user-friendly and accessible manner.

The proposed system addresses the limitations of existing low-cost ventilator designs by incorporating intelligent control mechanisms and connectivity features. Unlike traditional ventilators, which may lack sophistication and medical-grade capabilities, the smart ventilator system proposed in this thesis offers enhanced functionality and adaptability. By providing detailed design specifications and processes for the development of the smart controller, the thesis aims to pave the way for the establishment of low-cost ventilator devices that meet medical standards, ensuring their readiness for future respiratory challenges such as pandemics or other respiratory viruses. Through innovation and strategic integration of technology, the proposed system aims to bridge the gap between affordability and effectiveness in respiratory care, ultimately contributing to improved patient outcomes and healthcare resilience in the face of respiratory emergencies.

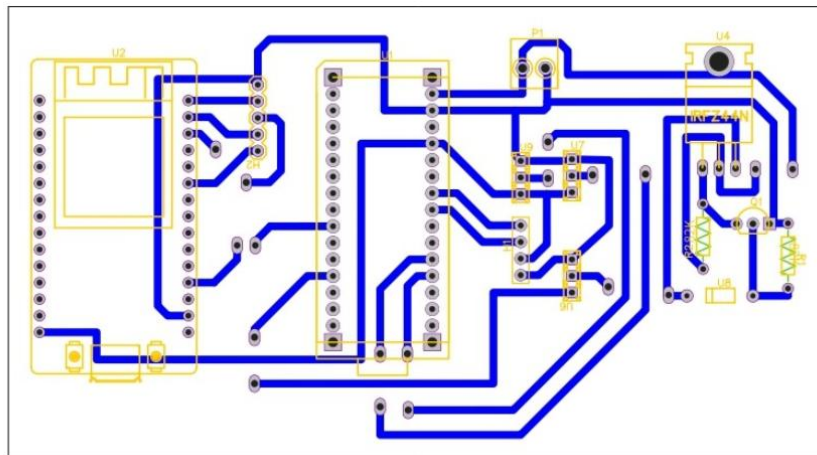


Figure 4.2: Layout Diagram

4.3 Result

The ventilator system designed and developed using Arduino effectively addresses the critical requirements for respiratory support, particularly in the context of the COVID-19 pandemic. By utilizing a silicon ventilator bag coupled with servo motors employing a one-sided push mechanism, the system efficiently delivers the necessary airflow to the patient's lungs. This mechanism ensures precise control over the ventilation process, allowing for adjustments in both breath rate and volume to meet individual patient needs.

A variable potentiometer is integrated into the system to enable adjustments in breath length and breaths per minute (BPM), providing flexibility in adapting to varying patient conditions and requirements. This functionality ensures that the ventilator can deliver ventilation rates within the range of 10 to 30 breaths per minute, with

incremental adjustments in sets of 2, as needed. Additionally, the system incorporates settings for adjusting the duration of inhalation to exhalation ratio, further enhancing its versatility and adaptability to different patient scenarios.

Furthermore, the ventilator system includes vital monitoring capabilities to ensure patient safety and optimize respiratory support. It can monitor the patient's blood oxygen level and exhaled lung pressure in real-time, allowing for immediate adjustments to prevent over or under-pressurization of the air delivered to the lungs. This proactive monitoring capability helps to mitigate the risk of complications and ensures the delivery of optimal respiratory care to patients, particularly in critical care settings.

Overall, the result of the system is a reliable and affordable DIY ventilator solution that meets the demands of the ongoing COVID-19 pandemic. By incorporating essential features for precise ventilation control and patient monitoring, the ventilator system offers a valuable tool for healthcare providers in managing respiratory distress and supporting patients during these challenging times.



Figure 4.3: Output of Project

V. CONCLUSION

Conclusion

In conclusion, the development of a ventilator system using Arduino technology represents a significant step towards addressing the urgent need for respiratory support, particularly amidst the COVID-19 pandemic. By integrating key features such as precise ventilation control, patient monitoring capabilities, and affordability, the system offers a practical and accessible solution for healthcare providers facing resource constraints. The versatility and adaptability of the system, coupled with its ability to meet essential ventilation parameters and monitor patient vitals in real-time, make it a valuable tool in managing respiratory distress and improving patient outcomes. Moving forward, continued refinement and deployment of such systems hold promise in enhancing healthcare resilience and saving lives in times of crisis.

Future Work

Future work could entail refining the ventilator's automation capabilities through adaptive ventilation algorithms and integrating advanced sensors for real-time respiratory pattern analysis. Expanding connectivity options for remote monitoring and telemedicine applications, as well as ensuring compliance with safety standards through continued collaboration with medical professionals and regulatory authorities, are also key areas for development.

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