

Effect of Smartphone

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Abstract: *Mobile phones since their inception and tragically transform the daily life work and communicate the question of whether they are a boon or a bane is complex with both perspective having complete achievement mobile phones have and enable brought memory advantages. Today we can connect with anyone anywhere at any time. This has only made personal life more convenient but also helpful for business healthcare or education*

Keywords: Mobile phones

I. INTRODUCTION

Mobile phones since their inception and tragically transform the daily life work and communicate the question of whether they are a boon or a bane is complex with both perspective having complete achievement mobile phones have and enable brought memory advantages. Today we can connect with anyone anywhere at any time. This has only made personal life more convenient but also helpful for business healthcare or education.

In the field of education mobile phones has democratic knowledge with the Smartphone and internet connection it has amount of information on fingertips this has been particularly significant in remote areas .

More ever mobile phones have become essential tools in a business world they allow for more remote working instant communication with colleges and quick access to necessary information. In the healthcare sector mobile phones enable tele medicine, allowing patients to consult with doctors without having to travel.

Similarly study conducted in a United Kingdom in 2015 show that subject tend to anxious when the lost their mobile phone run out of battery or credit or no network coverage. The study found that about 50% of men and 48% of woman's suffer from the phobia and an additional 9% fails raised when their mobile phones are off about 55% of those survive stated keeping in touch with friends or family as the main reason that they got anxious when they could not use their mobile phones.

Boon aspect:

- Mobile phones are a boon as they enable quick communication they are useful for education providing access to vast resources online.
- They are easy to carry can be used anywhere and are cost effective
- Easy access to information and communication and a fact that they can be used in any situation
- 62% of parents feel that mobile phones promote children's education.
- 45% of parents bought or plan to buy mobile phones to aid in their children's education.
- 68% of parents feel that mobile phones can teach children how to read.
- 57% of parents feel that mobile phones help children in doing maths.
- 32% of parents feel that mobile phones should be used in the classroom.
- 62% of parents feel that mobile phones promote children's education
- 86% of school principals feel that it is important for students to use mobile phones for their school work.
- 71% of teachers use online educational apps for teaching.
- 64% of teachers use educational websites for teaching.

Bane Aspect:

- However they can be a bane when they become addictive excessive use can lead to health issue and hinder social interaction
- They may include dependents on them exposure to radiations and fact that they can be expensive

- Mobile phones emit bright blue light which harms the eye of children on prolonged exposure.
- Children get addicted to online gaming due to the use of mobile phones
- Addiction to social media is the aftermath of mobile phones usage
- Children become couch potatoes as they cling on to their mobile phones and lose the opportunity to exercise and remain fit.
- Children might be exposed to undesirable content online and it is difficult to monitor what they are doing every second.

The Ambiguity of Mobile Phone:

Mobile phones once luxury have now become a necessary in our lives they have revolutionalised the way we communicate work and entertain ourselves however like any other technology innovations mobile phones have their pros and cons.

Mobile phones have made communication seamless and instantaneous they provide us with access to vast amount of information and services at our finger tips from booking tickets to the monitoring health mobile phones have transform every aspects of our lives we are also instrumented in reaching the day digital divide and powering individuals in remote areas with access to the Internet and digital service.

On flipside the disadvantage of the mobile phones cannot be overlook they have lead to an increases screen time, adversely affecting your physical and mental health the constant need to stay connected has resulted in the lack of real world social interaction leading to feeling of isolation and loneliness for the more the misuse of mobile phones for cybercrime, online bullying and is a growing concern.

II. CONCLUSION

In conclusion whether mobile phones are boon or bane depend on how we use them responsible use ensure they remains a boon .They have undeniably brought significant beneficiate revolutionalising communication and providing unpredicted access to the information however they also come with significant drawback including potential health issues ,privacy concern and impact on a social interaction. Hence the key lies in meaning full usage.

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