

Self - Reliant India and Women Empowerment

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Abstract: *Women's empowerment towards a self-reliant India means an equal share of women in power distribution, a rightful place in the decision-making process, and equality in socio-political as well as economic life. This means that women are expected to participate equally in all spheres of economic, social, political, educational, industry, etc. For the empowerment of women towards self-reliant India, schemes like Government Women Hostels, Voluntary Aadhar Homes, Defence Homes, Counselling, Manodhairya Yojana, Shubmangal Community Marriage Yojana, Vastigraha for working women, Training and Employment Programme, Swadhar, Ujwala have been implemented. Also, the Women's Economic Development Corporation is working. Programs like Gender-Based Budgeting, Mahila Bank of India, and Savings Groups have been implemented*

Keywords: Women Empowerment towards self-reliant India

I. INTRODUCTION

Efforts are being made at all levels to empower women towards a self-reliant India. For this, facilities are being made available to women by implementing a large number of schemes. But even today, women are largely backward in politics. Until women are fully empowered, their exploitation will not stop. Women's empowerment towards a self-reliant India has a broad meaning i.e. women will not prosper economically unless they lead in social causes and politics.

Objectives of the Research Paper –

1. To study the concept of women's empowerment towards a self-reliant India.
2. To study the essential factors for women's empowerment towards a self-reliant India.
3. To attract the attention of the Government for the development of marginalized women.

Research Methodology – The type of research presented is descriptive and analytical.

Collection of facts – Collection of facts is significant in research. Published and unpublished literature has been used for data collection. Reference books, magazines, newspapers, and government reports have been taken as basis.

Empowerment of women towards self-reliant India - If every woman or man, child, old, disabled, and able-bodied in every nation is developed holistically, then that country will develop multifaceted. But globally women have not developed at various levels. For that, government social organizations are implementing many schemes for their overall development. Efforts were made to empower women in pre-independence India. After independence, the government implemented many policies regarding empowerment. Also, the year 2001 was declared as Women Empowerment Year for the empowerment of women. Although the empowerment process is continuous, the context of empowerment changes at each stage. Therefore, although empowerment cannot be adequately defined, some scholars have tried to define empowerment.

Definition -

1. Women's empowerment towards a self-reliant India means women's efforts to identify their capabilities and participate in domestic and social decision-making processes to develop their capabilities.
2. Definition by the World Bank – “Empowerment towards a self-reliant India is the process of increasing the capacity of individuals or groups to determine their preferences and to respond to these preferences in desired actions and outcomes.”

3. 1987 UNO Global Women's Workshop defined by "Vanessa Griffin" - "Women's empowerment is the ability of women to make decisions, control, organize, express opinions, organize creative programs, public relations, public relations, institutional relations, financial affairs, etc. Creating the ability and desire to do so is called women's empowerment towards a self-reliant India."

Women's Empowerment is to strengthen them mentally and economically by bringing them on par with men socially and economically. Thus, different concepts have been proposed at different levels regarding women's empowerment.

Requirement and Need for Empowerment -

1. Empowerment is necessary for the development of the country's overall resource wealth towards a self-reliant India.
2. Women's empowerment will establish equality between men and women at all levels thus bringing about a balanced development concept.
3. Women's elements need empowerment for mental, social, and economic development towards a self-reliant India.
4. Women's health, increasing self-respect, raising the standard of living, and living fearlessly in society.
5. In terms of women empowerment, women empowerment is necessary for self-reliance, women's skills, healthy employment, participation in decision-making processes, as well as a positive change in the ideological outlook of the society towards a self-reliant India.
6. Empowerment is necessary to destroy the vices in the political sphere and enter into a healthy political sphere towards a self-reliant India.
7. Women should be aware of economic equality, rights, authority, decision, duty, and self-existence.
8. To erase the stigma of women who are lost in the process of globalization to prove their own merits and to develop their qualities appropriately.
9. Empowerment of women can fulfill many responsibilities to make men aware of women's sacrifice, duty, and tolerance towards self-reliant India.
10. Women can fulfill many responsibilities at par with men in all fields.
11. Empowerment is necessary for the entire society to function happily, happily, and responsibly towards a self-reliant India.
12. The role of daughter, wife, and mother in society is necessary to perform effectively.
13. Empowerment of women towards self-reliant India is necessary to strengthen women's organizations and eliminate injustice, oppression, and crime against women.

Factors of Empowerment towards self-reliant India – Empowerment of women is expected by many factors but some of the factors of empowerment are mentioned below.

a) Personal development for oneself -

1. **Healthy Health** - Health is a tool for women's development and social transformation. If women's health is healthy, family harmony will flourish. For that food, water, accommodation, routine, medical facilities, exercise etc. should be followed. With good health, the country develops along with individual development. Therefore, to create health awareness, self-help groups should conduct health awareness camps at the divisional level, taluka level, and awareness. Similarly, women will get good health if they take programs like village sanitation and toilets. Therefore, it can be considered that women have been empowered towards a self-reliant India.
2. **Education** - Education is the main tool of personal transformation. Education improves the standard of living by increasing literacy. Education leads to communication, skill enhancement, entrepreneurship, and overall development of women. Various traits are adopted as social constructs. Therefore, it is necessary to provide primary and higher education to women. Also, technical, medical, and education facilities have been created. For that, women's education policy is being implemented. Due to formal education, and the age of marriage, the practice of child marriage automatically advances. Small family, care of girl child, decreasing child mortality rate, healthy children, family planning, etc. Good effect on ingredients. Thus, women are empowered

and gain social awareness. Therefore, women must get an education. Also, compulsory education has to be implemented in the country. Educational institutions should be created.

3. **Rural educational** tools, facilities, and facilities should be provided for girls to develop an interest in education. Only then will women be empowered towards an education-independent India.
4. **Financial self-reliance** – Earning by doing any job, doing business. Financial resources are available to the government and it becomes self-reliant. For that, make the women of self-help groups entrepreneurs. She receives the means she earns. Because the Savings Group does investment business. Provide business training. She becomes financially independent.
5. **Work participation** If women are to be empowered, every woman should contribute to the work of the group by participating in various activities of the savings group. Participation informs everything. Therefore, from the meeting of the savings group to continuous participation in social and economic activities, empowerment towards self-reliant India can take place.
6. **Welfare** - Women can be empowered if they have all economic, social, and political welfare. But women are getting welfare through the Self Help Savings Group. They get psychological support. Employment is obtained through the group. Also raises social status. Life expectancy increases. It is considered as a factor of women's empowerment towards a self-reliant India due to welfare.
7. **Control** – Establishing control of information within the community and the family can lead to empowerment. For this, financial means can be obtained by acquiring professional skills through the group and turning to entrepreneurship. So automatically control can be established in society.
8. **Relieving Domestic Stress** - If women are to be empowered towards a self-reliant India, mental health can be maintained if they are relieved from the stress of domestic work. For that, a cheerful atmosphere, and a playful atmosphere should be maintained through discussion. It can reduce stress. A self-help group is helpful.
9. **Self-Esteem Promotion** - Women's policy is implemented at the government level to promote self-confidence of women. Through that policy, women's family, social, and self-esteem are awakened and promoted. Legal things are done for that. The government is trying to give respect and dignity to women in the society. Therefore, women are being empowered towards a self-reliant India.

(B) Development of Socially Oriented Persons - Female family half-hearted should do their role in society and vote for them to fulfil their role in society. Empowerment of women can be empowering by creating awareness about various social and societal issues. To gain awareness of many problems in women's society, continuous awareness is needed. Such awareness is as follows -

1. **Consciousness of Duty** - Women have to realize their qualities, abilities, skills, status, and roles and develop them towards a self-reliant India. In society, the role of daughter, wife, and mother has to be fulfilled. A woman can be considered empowered if she can perform family and social duties without doing injustice to herself. For that self-help should be included in the self-help group. Because it creates a sense of duty through enlightenment.
2. **Awareness of rights** - Every woman needs to be aware of her rights towards a self-reliant India. Taking care of one's health, spending money for it, taking rest, raising the age of marriage, regulating progeny, freedom, equality, justice, etc. One should be aware of the right. For that, wealth sharing should be organized and action should be taken. Self-help groups are useful for this.
3. **Awareness of Rights** - Women empowerment will happen if every woman is aware of her rights towards self-reliant India. Rights such as conversation, equality, education, employment, property, and freedom to vote should be realized. Women will be empowered only if they realize an equal share in the father's property and right to maintenance.
4. **Laws regarding development** - 18 years of marriageable age of girl child, Prevention of bigamy law, Prohibition of ancestral property rights, Maintenance claim, Adulterous wife of law need to own women. Doing so and gaining courage. That means women should have the choice to live with dignity and self-respect.

5. **Social Equality** - Women should be treated as equals with men economically, politically, and locally. Equality should be given to men. Rights, duties equality women can all get without gender discrimination. To get financial means of Self Help Savings Group for that. Equal equality will be achieved.
6. **Values of Social Values** - Women Cultivation of Moral Values A group of nationalist politics is emerging. Being treated with dignity on the political platform. Such local groups of women are being empowered at various levels towards a self-reliant India.

Issues in empowerment towards self-reliant India – Empowerment is a continuous process. Relentless hard work is required. Only then, so that empowerment can be positive, the mindset of women should be created and empowered towards a self-reliant India. The problem with empowerment is as follows.

1. **Society's opposition** - Acceptance of women's transformation Men, leaders in the society are showing favoritism. Perhaps women will be opposed to organized society, there may be conflict in conflict.
2. **Imputation of character** - responsible, conscientious women at home, work contact with many people, way of meeting. Mentions are made of women's characters. As women climb the ladder of success, rumors of immoral relationships spread, women should not fall down the house.
3. **Women's mentality** - Women's changed position, social, social, criticism, and rumors, do not develop the mentality to accept the changed position. They underestimate themselves.
4. **Environment Available** -The inclusion of women requires an existing environment in society. There is such an atmosphere in the society. Many women can fail.
5. **Universal Poverty** - Universal poverty is a major obstacle to India's empowerment.
6. **Educational Discrimination** - Fundamentally discriminated between Indian boys and girls. Girls are spared from higher education.
7. **Disparity in work and pay** - There is a difference in work and pay between women and men. Women are given lighter work and longer hours at lower wages. Therefore, the cognitive efficiency decreases. Therefore, empowerment towards a self-reliant India is difficult.
8. **Societal Prejudice Contamination and Patriarchal Practices** - Societal prejudice is contaminating that women should not work outside the home. Also, women are given inferior jobs in a patriarchal manner. Their opinion is valued less. This creates difficulties in empowering a self-reliant India.
9. **Turban of rural, religious, traditional traditions** - Women are bound by social customs, traditions, and religious yoke, so the hope of survival is reduced. Due to these traditions, they stay stuck in the house. The knowledge of the world is not attained. Therefore, there is no empowerment towards a self-reliant India.
10. **Lack of decision-making ability and skills** - Despite the decision-making ability of women, men constantly interfere with that decision-making. This limits the decision-making power. Also, the lack of skills among women creates difficulties in empowerment towards a self-reliant India.
11. **Other problems** - family position, ideological qualification, attitude towards women, and skepticism about women's behavior are various difficulties in empowering women towards self-reliant India. Thus, although there are hurdles in empowerment, these can be overcome through self-help groups.

II. SUMMARY

Today an Indian woman is a pilot, doctor, engineer, millionaire entrepreneur, and whatever she wants to be. Times have changed. It has been proved that women are better than men in all fields. However, even after all these years of being treated differently and subject to equality since ancient India today, there is still a gap in terms of women's empowerment. Women continue to face discrimination and injustice based on their gender in various areas of the nation. Many times various schemes and policies implemented for the benefit of women do not reach them. Therefore, some serious issues need to be resolved in time.

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