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# An Empirical Study on the Effectiveness of Employee Engagement Practices in the IT Sector under Labour Laws: A Case Study in Chennai

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Abstract: In the fast-paced and competitive environment of the Information Technology (IT) sector, the effective management of human resources has become crucial for sustaining a competitive edge. Employee engagement practices have emerged as a vital tool for organizations to enhance productivity, foster innovation, and ensure employee well-being. This study aims to examine the impact of employee engagement practices in the context of the IT sector, with a focus on compliance with labor laws, in the vibrant city of Chennai, India. Employing a mixed-methods research design, this study analyses the current state of employee engagement practices in various IT companies in Chennai. Through the collection of primary data via surveys and interviews with employees and management personnel, the study aims to understand the key factors that contribute to effective employee engagement within the IT sector. Furthermore, it investigates the extent to which these practices align with the existing labor laws and regulations in Chennai. The research also delves into the challenges faced by IT companies in implementing employee engagement strategies while adhering to labor laws. Additionally, it evaluates the role of organizational culture, leadership styles, and technological advancements in facilitating or hindering the successful implementation of employee engagement practices. The findings of this study will provide valuable insights for both policymakers and IT industry stakeholders, highlighting the significance of a holistic approach to employee engagement that considers legal compliance, organizational culture, and technological advancements. By identifying best practices and potential areas for improvement, this research endeavors to contribute to the development of effective strategies for enhancing employee engagement in the IT sector within the framework of labor laws in Chennai.

**Keywords:** Employee Engagement, IT Sector, Labor Laws, Chennai, Organizational Culture, Leadership Styles, Human Resources Management

# I. INTRODUCTION

Employee Engagement, as a concept, refers to a workplace strategy that fosters a culture where all employees are motivated to perform at their best, align themselves with the organization's objectives and values, and actively contribute to the organization's success, thereby enhancing their sense of well-being. Employee engagement can be understood as the extent to which an employee demonstrates a strong belief in the purpose, goals, and benefits of an organization, showcasing this commitment through their conduct as an employee, both internally within the organization and in their interactions with clients. Derek Stockley emphasizes the psychological and genuine aspect of this commitment. Additionally, the concept of "flow," as proposed by Csikszentmihalyi (1975, 1990), is closely linked to organizational behavior and commitment. Csikszentmihalyi defines flow as the state of being completely absorbed in an activity, where the individual experiences a harmonious relationship with their surroundings. In this state, individuals require less conscious effort to carry out their tasks effectively.

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# **II. CATEGORIZATION OF EMPLOYEE ENGAGEMENT**

#### 1. Actively Involved

Actively Involved employees demonstrate enthusiasm for their roles and a strong dedication to the organization's mission. They bring a positive attitude, fostering collaboration and innovation within the company. These individuals actively share knowledge, engage in teamwork, and serve as powerful brand advocates. They also exhibit a positive outlook on the organization's future and take pride in driving it forward. Building robust relationships with colleagues is another key aspect of their high engagement levels. Actively Involved employees foster meaningful connections within their teams, creating a sense of belonging and camaraderie.

#### 2. Indifferently Engaged

The majority of employees fall within this category, displaying moderate levels of engagement. They fulfill their job responsibilities but exhibit a neutral attitude toward the organization. Work may simply be a means to earn a paycheck for them, and they require compelling reasons to invest additional effort beyond their designated duties. Factors such as dissatisfaction with managerial decisions or a lack of clarity regarding their role's significance in the bigger picture may contribute to their disengagement. However, with proactive efforts from management, this group can be motivated to become more actively involved.

#### 3. Actively Disengaged

Actively Disengaged employees, although relatively rare, can significantly impact team dynamics. They harbor negative sentiments toward the organization and often underperform. Unwilling to participate in team-building activities or pursue professional development opportunities, hinder their career growth within the company. If they vocalize their grievances and discontent, their negative influence may spread throughout the organization, sowing seeds of cynicism. Their actions tend to demoralize their engaged colleagues daily. The organization's ability to enhance employee engagement is intricately tied to its potential for achieving higher levels of visible business success. Some key outcomes include Increased likelihood of success and motivation among employees, Significant interplay between employees' attitudes toward customers and subsequently boosting customer satisfaction.Establishment of a sense of purpose, accountability, and alignment with corporate processes and goals.

## 2.1 OBJECTIVES OF THE STUDY:

- 1. To investigate the current employee engagement practices in place.
- 2. To analyze the employee's perspective on working conditions that enhance employee commitment.
- 3. To determine how employee commitment is influenced by opportunities provided by the organization.

#### **III. REVIEW OF LITERATURE**

The literature review you provided focuses on employee involvement and commitment. Several studies and authors have explored this topic from various angles, and their findings suggest the importance of employee commitment in organizational success. Here is a summary of the key points from the literature review:

- 1. Harter, Schmidt, and Hayes (2002) emphasize the importance of employees having the opportunity to do what they do best daily. This leads to increased employee commitment, which is associated with better organizational performance.
- 2. Watson Wyatt has found a connection between employee commitment, customer loyalty, and productivity. In the age of globalization and technology, organizations need to attract and retain a committed workforce.
- 3. Joyner (2015) suggests that organizations should integrate employee development into daily work assignments rather than relying solely on traditional classroom-based training. This approach may lead to more sustainable behavior change and improved knowledge acquisition.
- 4. Shashi (2011) highlights the significance of effective employee communication in achieving organizational success. Recognizing the importance of the workforce as a key contributor to the company's operations is crucial.

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- 5. Bijaya Kumar Sundaray (2011) emphasizes the role of commitment systems in improving organizational effectiveness, productivity, quality, customer satisfaction, employee retention, and flexibility.
- 6. Siddhanta and Roy (2012) suggest that organizations can build on previous research on employee commitment by conducting exploratory surveys to identify the factors that promote workforce connections.
- 7. Singh and Shukla (2012) investigate to identify the factors that foster employee connections.
- 8. The literature review references the works of Kahn (1990), Freud (1922), Goffman (1961), Merton (1957), Slater (1966), and Smith and Kular et al. (2008) in discussing the elements of employee personality, engagement, and the relationship between engagement and speaking out.
- 9. Robertson-Smith and Markwick (2009) explore the complex concepts of employee engagement and present interesting conclusions on the subject.
- 10. Simpson (2009) conducts a literature review to investigate employee commitment and its various dimensions.
- 11. Slam and Gantasala (2011) research the causes and implications of employee commitment in Jordanian businesses.
- 12. Bhatla (2011) focuses on the conditions necessary for a committed workforce and their potential benefits for a company's success.

The literature review also highlights the challenges of defining and measuring employee commitment, which is sometimes referred to as "old wine in a new bottle." Employee commitment has been defined as an emotional and intellectual attachment to the organization or the level of discretionary effort put forth by employees in their roles.

## **III. RESEARCH METHODOLOGY**

#### **Research Design:**

Actual values are used in descriptive (empirical) research. During the description, it may get apart of the evidence. The configuration of research varies depending on the area and the inquiry being conducted.

### **Data Collection Method:**

The survey technique is used to acquire primary data. A questionnaire has been created. It was sent to all of the responders.

#### Sampling Design: Random Sampling Design

It is the fundamental sampling method where we hand-picked a group of people (a sample) for learning from a bigger group (a population). Each subject is chosen completely byrandom, and each resident has an equal chance of being included in the sample.

## Sample Size:

The sample size taken for the study is 150.

# **IV. FINDINGS**

Gender Debate Vs Years Of Experience

Gender\*Yrs experience Cross-tabulation

| Cou     | nt     |    | Yrs  | experience | xperience |     |     |
|---------|--------|----|------|------------|-----------|-----|-----|
|         |        | <5 | 6-10 | 11-15      | 16-20     | >20 |     |
| Genderr | Male   | 26 | 94   | 41         | 67        | 8   | 236 |
|         | Female | 20 | 22   | 35         | 13        | 9   | 99  |
| Total   |        | 46 | 116  | 76         | 80        | 17  | 335 |

Chi-SquareTests

|                              | Value               | Df | Asymp. Sig.(2-sided) |
|------------------------------|---------------------|----|----------------------|
| Pearson Chi-Square           | 31.735 <sup>a</sup> | 4  | .000                 |
| Likelihood Ratio             | 31.634              | 4  | .000                 |
| Linear-by-Linear Association | .118                | 1  | .731                 |
| No of Valid Cases            | 335                 |    | ISSN                 |

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The percentage of 0 cells (0.0%) projected to have a count less than 5 is close to zero. It is predicted that the anticipated count will be about 5.02.

Because the p-value is less than 0.05, it is clear that there is a substantial difference betweengenders and years of experience at this organization

# MODEL CONSTRUCTION

## 1. Symmetric Measures

|                  |                      | Value | Asymp. Std.Error | Approx. Tb | Approx. Sig.      |
|------------------|----------------------|-------|------------------|------------|-------------------|
| Interval by      | Pearson's R          | 019   | .057             | 343        | .732 <sup>c</sup> |
| Ordinal by       | Spearman Correlation | 020   | .056             | 361        | .718 <sup>c</sup> |
| N of Valid Cases |                      | 335   |                  |            |                   |

The null hypothesis is not assumed, rather, the alternative hypothesis is sought.

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3 3

Hypothesize the null and use the asymptotic standard error as an estimate of thepopulation standard deviation. The calculation is approximated based on the usual approximation.

No. of variables in your model:

No. of observed variables:

No. of unobserved variables:

No. of exogenous variables:

| No of distinct sample moments:          | 9 |
|---|---|
| No distinct parameters to be estimated: | 8 |
| Degrees of freedom (9 - 8):             | 1 |
| es: 3                                   | • |

No. of endogenous variables:

|           | Weights | Covariances | Variances | Means | Intercepts | Total |
|-----------|---------|-------------|-----------|-------|------------|-------|
| Fixed     | 3       | 0           | 0         | 0     | 0          | 3     |
| Labeled   | 0       | 0           | 0         | 0     | 0          | 0     |
| Unlabeled | 2       | 0           | 3         | 0     | 3          | 8     |
| Total     | 5       | 0           | 3         | 0     | 3          | 11    |

Approximations (Group number 1 - Default model)

Estimates using Scalars (Group number 1 - Default model)

Estimates of Maximum Likelihood

# **Regression Weights: (Group number 1 - Default model)**

|            |   |                         | Estimate | S.E. | C.R.       | Р   | Label |
|------------|---|-------------------------|----------|------|------------|-----|-------|
| Employee   | < | Organisationalcomponent | .999     | .000 | 110638.472 | *** | par_1 |
| engagement |   |                         |          |      |            |     |       |
| Employee   | < | Individual component    | 1.002    | .000 | 55235.608  | *** | par_2 |
| engagement |   |                         |          |      |            |     |       |

| Iterationn |    | Negative eigen | Condition # | Smallest eigen | Diameter | F        | NTries | Ratio    |
|------------|----|----------------|-------------|----------------|----------|----------|--------|----------|
|            |    | values         |             | value          |          |          |        |          |
| 0          | e  | 1              |             | 193            | 9999.000 | 5370.132 | 0      | 9999.000 |
| 1          | e* | 1              |             | -27.028        | 1.372    | 4649.936 | 20     | 1.448    |
| 2          | e* | 1              |             | -402.930       | .094     | 4257.805 | 9      | 1.382    |
| 3          | e  | 1              |             | -118.794       | .009     | 4170.294 | 8      | .963     |
| 4          | e  | 1              |             | -55.863        | .006     | 4143.475 | 5      | .533     |
| 5          | e* | 1              |             | -250.915       | .051     | 3790.401 | 8      | 1.083    |
| 6          | e* | 1              |             | -53.080        | .013     | 3700.22  | 6      | .634     |
| 7          | e  | 1              |             | -20.791        | .025     | 3364.41  | SSN 3  | .889     |





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| 8  | e* | 1 | -32.308          | .059 | 3213.181 | 8  | .704  |
|----|----|---|------------------|------|----------|----|-------|
| 9  | e* | 1 | -696.134         | .095 | 2657.110 | 5  | .958  |
| 10 | Е  | 1 | -536.602         | .003 | 2502.719 | 10 | .844  |
| 11 | e* | 1 | -2440.297        | .017 | 2165.385 | 9  | 1.087 |
| 12 | e  | 1 | -3841.568        | .005 | 2015.707 | 6  | .970  |
| 13 | e* | 1 | -16588.510       | .006 | 1672.399 | 5  | 1.098 |
| 14 | e* | 1 | -10507.687       | .003 | 1410.912 | 5  | .934  |
| 15 | e* | 1 | -2617352.423     | .002 | 845.052  | 5  | 1.249 |
| 16 | e  | 3 | - 4724094012.410 | .000 | 828.883  | 28 | .700  |
| 17 | e  | 1 | -621745.988      | .000 | 828.477  | 5  | 1.059 |
| 18 | e  | 1 | -621745.988      | .000 | 828.477  | 6  | 1.008 |
| 19 | e  | 1 | -621745.988      | .000 | 828.477  | 6  | 1.008 |
| 20 | e  | 1 | -621745.988      | .000 | 828.477  | 6  | 1.008 |
| 21 | e  | 1 | -621745.988      | .000 | 828.477  | 6  | 1.008 |

Weights for Standardized Regression: (Group number 1 - Default model)

|                     |   |                          | Estimate |
|---------------------|---|--------------------------|----------|
| Employee engagement | < | Organisational component | .895     |
| Employee engagement | < | Individual component     | .447     |

|                          | Estimate | S.E.  | C.R.   | Р   | Label |
|--------------------------|----------|-------|--------|-----|-------|
| Organisational component | 39.100   | 1.366 | 28.622 | *** | par_3 |
| Individual component     | 20.544   | .678  | 30.292 | *** | par_4 |
| Employee engagement      | 005      | .001  | -8.624 | *** | par_5 |

# Intercepts are defined as: (Group number 1 - Default model)

Variations: (Group number 1 - Default model)

|    | Estimate | S.E.   | C.R.   | Р   | Label |
|----|----------|--------|--------|-----|-------|
| e1 | 463.295  | 41.584 | 11.141 | *** | par_6 |
| e2 | 114.648  | 10.270 | 11.164 | *** | par_7 |
| e3 | .000     | .000   | 11.141 | *** | par_8 |

|                          | Estimate |
|--------------------------|----------|
| Individual component     | .000     |
| Organisational component | .000     |
| Employee engagement      | 1.000    |

|       | par_1 | par_2 | par_3 | par_4 | par_5 | par_6 | par_7 | par_8 |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| par_1 | 1.000 |       |       |       |       |       |       |       |
| par_2 | .000  | 1.000 |       |       |       |       |       |       |
| par_3 | .000  | .000  | 1.000 |       |       |       |       |       |
| par_4 | .000  | .000  | .000  | 1.000 |       |       |       |       |
| par_5 | 643   | 679   | .000  | .000  | 1.000 |       |       |       |
| par_6 | .000  | .000  | .000  | .000  | .000  | 1.000 |       |       |
| par_7 | .000  | .000  | .000  | .000  | .000  | .000  | 1.000 |       |
| par_8 | .000  | .000  | .000  | .000  | .000  | .000  | .000  | 1.000 |

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Gender is a key factor in affecting employee experience in the model.Model analysis

Employee engagement is determined by both individual and organizational factors, according to this viewpoint. Both criteria should be given equal weight for a company to achieve employee engagement.

# V. REGRESSION

The dependent variable is qualification.

The knowledge of performance assessment is the independent variable.

R has a value of 0.132. As a result, the connection between them is only faintly positive.

The R square value is 18%, indicating that qualification has an 18% influence on performance assessment. These two factors have a significant influence.

Model Summary

| Model | R                 | R Square | Adjusted RSquare | Std. Error of the Estimate |
|-------|-------------------|----------|------------------|----------------------------|
| 1     | .132 <sup>a</sup> | .018     | .014             | .282                       |

Predictors: (Constant), awareness abt appraisal

ANOVA<sup>a</sup>

|   | Model      | Some of Squares | df  | Mean Square | F     | Sig.              |
|---|------------|-----------------|-----|-------------|-------|-------------------|
|   | Regression | .352            | 1   | .352        | 4.428 | .036 <sup>b</sup> |
| 1 | Residual   | 19.712          | 248 | .079        |       |                   |
|   | Total      | 20.064          | 249 |             |       |                   |

Dependent Variable: Qualification

Predictors: (Constant), awareness about appraisal

|   | Model                  | Unstandardized |            | Standardized | t      | Sig. |
|---|------------------------|----------------|------------|--------------|--------|------|
|   |                        | Coefficients   |            | Coefficients |        |      |
|   |                        | В              | Std. Error | Beta         |        |      |
|   | (Constant)             | 1.142          | .031       |              | 36.363 | .000 |
| 1 | awareness abtappraisal | 026            | .013       | 132          | -2.104 | .036 |

Dependent Variable: Qualification

# FREIDMAN TEST

Employees' years of experience and admiration are both affected significantly.

| Ranks          |           |  |  |  |
|----------------|-----------|--|--|--|
|                | Mean Rank |  |  |  |
| Yrs experience | 1.89      |  |  |  |
| Appreciation   | 1.11      |  |  |  |





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| Test Statistics <sup>a</sup> |         |  |  |  |
|------------------------------|---------|--|--|--|
| Ν                            | 250     |  |  |  |
| Chi-Square                   | 194.000 |  |  |  |
| Df                           | 1       |  |  |  |
| Asymp. Sig000                |         |  |  |  |
| a. Friedman Test             |         |  |  |  |

**KRUSAL WALLIS TEST (H TEST)** 

Qualification Vs Career Development

The organization will greatly benefit from the project because of its large influence on professional growth. One of the most crucial parts of professional advancement is a steady work history that includes both education and experience. To develop in their jobs, people must retain their required skills and knowledge (Competency), regardless of the degree they received from a school.

#### **VI. CONCLUSION**

In the context of an empirical study on the effectiveness of employee engagement practices in the IT sector under labor laws in Chennai, alternative terms for employee communication, such as "employee engagement" and "engagement of employees," are crucial. The most favorable attitude that employees can adopt towards the organization and its attributes is to cultivate a strong sense of engagement. The significance of employee engagement is rapidly increasing, and its impact in the workplace is expanding, leading to various implications. Recognizing the pivotal role of employee engagement in the success of a company, employees should be regarded as key advocates of the organization's core values. Consequently, the cultivation and maintenance of employee engagement should constitute an ongoing cycle of learning, improvement, assessment, and action. Consequently, it can be inferred that fostering and sustaining employee engagement is a fundamental responsibility of the organization, requiring the right combination of time, effort, accountability, and risk to ensure a successful implementation.

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