

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 4, Issue 1, February 2024

# Novel Approaches to Multi-Disease Prognosis: An All-Encompassing Investigation to Improve Medical Results

Keerthana PM<sup>1</sup>, Rohit KS<sup>2</sup>, Manjunath S<sup>3</sup> Department of Information Science and Engineering<sup>1,2,3</sup> Global Academy of Technology, Bengaluru, India keerthideep0206@gmail.com

Abstract: This thorough review paper uses machine and deep learning approaches to synthesize and analyze recent advances in multi-disease prediction. The study explores the methods used, datasets used, and findings produced in the context of forecasting many diseases like diabetes, heart disease, renal disease, Alzheimer's, and cancer. It does this by drawing on insights from 10 different research papers. Modern deep learning models like Artificial Neural Networks and Convolutional Neural Networks, as well as more conventional algorithms like Random Forest and Support Vector Machines, are examined. The paper addresses issues such model stability, interpretability, and data privacy while highlighting the crucial role that efficient prediction models play in the healthcare industry. It offers a comparative study of performance measures from various research, emphasizing the disparate accuracy levels attained by various algorithms. Additionally, the research finds common themes used in other investigations, including feature selection, data preprocessing, and hybrid model integration. The importance of efficiency and adaptability in multi-disease prediction models is emphasized, especially in addressing drawbacks of current methods. Together, the findings deepen our understanding of the dynamic field of multi-disease prediction and open up new avenues for future investigation. These avenues include the incorporation of the Internet of Things (IoT), the exploration of multi-feature inputs, and the creation of more potent prediction models. For those working in the fields of predictive analytics and healthcare, researchers, practitioners, and policymakers, this review is an invaluable resource.

Keywords: machine learning, deep learning, multi-disease prediction, healthcare, ANN, CNN.

# I. INTRODUCTION

A growing interest in creating precise and effective multi-disease prediction models has been sparked by the intersection of modern data analytics and healthcare in recent years. Predicting many health disorders at the same time is essential for early intervention, individualized treatment plans, and eventually better health outcomes. The goal of this review paper is to present a thorough overview of the field of multi-disease prediction by combining knowledge from 10 different research investigations.

Using machine and deep learning methods has become a viable way to improve prediction skills as long as chronic illnesses remain a global health concern. These methods not only alleviate the drawbacks of conventional single-disease prediction models, but also provide the possibility of identifying intricate patterns across heterogeneous datasets.

A wide range of illnesses are covered by the studies that are being reviewed, such as diabetes, renal disease, heart disease, Alzheimer's, breast cancer, and COVID-19. From traditional machine learning methods like Support Vector Machines and Random Forests to state-of-the-art deep learning models like Convolutional Neural Networks and Artificial Neural Networks, each study uses a different methodology.

The approaches used in this research, the datasets that were used, and the performance measures that were acquired will all be included in this review. The purpose of the research is to provide insight into how multi-disease prediction is developing by examining similarities and differences in methods. It will also highlight how important it is to address

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issues with model stability, interpretability, and data privacy in order to develop reliable prediction models for a range of healthcare settings.

The main objective is to condense important discoveries that can lead future studies in this ever-changing area. In addition to adding to the scholarly conversation, the themes and results will educate academics, policymakers, and healthcare professionals on the state-of-the-art in multi-disease prediction at this time. By doing this, the review article aims to promote a better comprehension of the opportunities and difficulties associated with utilizingdeep learning and machine learning to develop predictive healthcare analytics.

## Overview of specific illnesses:

- Diabetes: A chronic metabolic illness affecting millions of people worldwide, diabetes mellitus is a serious health concern. For prompt management and therapies, diabetes prediction models with high accuracy are essential. This paper examines various methods using datasets such as NHANES and Pima Indian Diabetes Dataset, such as XGBoost, Random Forest Algorithm, and basic Artificial Neural Networks (ANN).
- Heart Disease: Cardiovascular disorders, particularly heart disease, are a major cause of death worldwide. Numerous studies that are covered in this article explore the use of techniques including Support Vector Machines, Random Forests, and Convolutional Neural Networks in the prediction of heart disease. Achieving high accuracy is crucial for early identification and individualized treatment regimens.
- Chronic kidney disease (CKD): This disease is a significant health burden that calls for reliable prediction models. The paper includes research using techniques like Improved SVM-Radial Bias and hybrid deep learning frameworks on datasets like the UCI repository data. Reduction of morbidity and mortality related to renal illnesses is the goal of effective prediction.
- Alzheimer's illness: As aneurodegenerative illness, Alzheimer's requires early diagnosis to provide the best possible care for patients. Studies utilizing Deep Belief Networks (DBN), Recurrent Neural Networks (RNN), and numerical feature transformations are included in this review. Findings demonstrate improvements in Alzheimer's prediction and highlight the promise of deep learning methods.
- Breast Cancer: Adaboost, Random Forests, and ensemble approaches are some of the machine learning algorithms that are used to target breast cancer, a common cancer. Achieving high accuracy and investigating ensemble approaches to enhance prediction skills are the main goals. The study intends to support early detection of breast cancer and customized treatment regimens.
- COVID-19: The necessity for COVID-19 prediction models is highlighted by the current worldwide pandemic. This study includes research that use a variety of methods, including as convolutional neural networks, and datasets from GitHub and Kaggle sources. Precise forecasting is prioritized to facilitate the timely detection and handling of COVID-19 instances.
- Lung Cancer: CNN and CNN GD, two deep learning algorithms, are used to treat lung cancer, a primary cause of cancer-related mortality. Extensive datasets and sophisticated methodologies are used in studies aimed at increasing lung cancer diagnosis accuracy. The suggested models are intended to aid in early diagnosis and improved prognosis.
- Parkinson's Disease: Early identification of Parkinson's disease, a progressive neurological ailment, is the focus of machine learning research. Research works with a variety of datasets, such as MDVP audio data, and uses methods such as Random Forest, SVM, and MLP. Precise forecasting is essential for launching therapies on time and enhancing patient outcomes.
- Thyroid Disease: Machine learning-based feature selection approaches are used to investigate thyroid diseases, which are common endocrine disorders. Studies using extra tree classifiers and forward-backward feature reduction techniques are included in this review. Clinical decision-making in thyroid disease is aided by precise forecasts.
- Skin Cancer: Multi-scale deep learning techniques are used to treat skin cancer, which has a wide range of symptoms. Research makes use of databases like the ISIC Dermoscopic Archive, adding patient information

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for increased precision. The suggested techniques use cutting-edge deep learning architectures to transform the diagnosis of skin cancer.

## **II. LITERATURE SURVEY**

Ten articles devoted to the field of multi-disease prediction are thoroughly examined in the literature review, which makes use of a wide range of machine and deep learning methods. These works present a variety of approaches, from well-known ones like Random Forest, SVM, BagMOOV, and LSTM to more sophisticated ones like ANN and CNN. The list of illnesses taken into consideration is extensive and includes, among others, diabetes, heart disease, breast cancer, COVID-19, and Parkinson's disease. The recognition of the critical significance of precise disease forecasts in healthcare is a recurring theme in these articles.

The solutions that are suggested take into account the difficulties of explainability, data privacy, and model stability. These solutions frequently incorporate cutting-edge algorithms and creative approaches. Furthermore, as a result of the convergence of the machine learning and healthcare domains, the literature as a whole highlights the interdisciplinary character of healthcare data mining. The research highlights the need for holistic techniques to predict several diseases at once, going beyond specific disease evaluations.

In addition, the papers outline prospective avenues for future research, including model refinement, multi-feature consideration, Internet of Things integration, and multi-tasking model exploration. This forward-thinking viewpoint highlights how dynamic the area is, with researchers always trying to increase forecast accuracy, customize interventions, and ultimately improve healthcare outcomes. Essentially, this review of the literature provides an overview of the multi-disease prediction field as it is developing, highlighting a range of accomplishments and outlining the direction of future developments in healthcare data analytics.

Ms. Kalaivani Met al. [1], This research offers a thorough analysis of machine learning and deep learning approaches for multi-disease prediction. Numerous strategies have been examined, such as hybrid approaches, multi-modal graph frameworks, LSTM, BagMOOV, MANFIS, BSO-ANFIS, numerical feature transformation, Naïve Bayes, SVM, Decision Trees, and hybrid methods. The outcomes highlight the usefulness of different approaches and highlight how crucial precise prediction models are to the medical field. In addition to addressing issues like explainability, data privacy, and model stability, future directions call for improving model efficacy, taking into account numerous aspects, integrating IoT, and investigating multitasking models.

Parshant et al, [2], This work investigates the use of SVM and other machine-learning approaches to predict Parkinson's disease, diabetes, and heart disease. The study demonstrates the potential of SVM in multi-disease settings, obtaining high accuracy and improving healthcare outcomes, using the WESAD dataset for stress-related status assessment.

Dr.R. Shanthakumari et al [3], This study explores datasets associated with diabetes, heart disease, and kidney disease, with a focus on a particular multi-disease prediction method utilizing the Random Forest algorithm. The suggested model selects features, preprocesses the data, and uses a variety of classification models. With a focus on the model's adaptability and efficiency, Random Forest outperforms other models in terms of accuracy for all three diseases while also lowering death rates.

B. Lalithadevi et al [4], This work aims to multi-disease prediction for COVID-19, diabetes, and breast cancer by utilizing deep learning, specifically ANN and CNN. Given the excellent accuracy of the suggested models, it can be concluded that CNN and ANN are useful methods for illness identification. The work highlights how deep learning may be used to accurately forecast a wide range of diseases.

Aditya Guptaet al. [5], suggests a clever framework for multi-disease prediction that makes use of AdaBoost, and recursive feature elimination based on genetic algorithms (GA-RFE). Compared to benchmark methodologies, the study achieves notable gains in accuracy and performance with datasets linked to heart disease and diabetes.

Karthikeyan Harimoorthy et al [6], The retracted research used an enhanced SVM-radial bias technique to propose a multi-disease prediction model; however, it was later retracted. Promising outcomes in illness prediction were reported in the paper.

Anusha Ampavathi et al [7], This paper, which focuses on a hybrid deep learning system, gathers datasets for different diseases and uses RNN and DBN for disease prediction. The results show that for various diseases the KNN, RNN, and

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classic SVM models are inferior. The study focuses on combining hybrid deep learning ideas to construct an intelligent system.

K. Arumugam et al [8], This research delves into data mining in the field of healthcare, with a particular focus on predicting heart disease in patients with diabetes. Decision trees frequently perform better than SVM and naïve Bayes models, highlighting the multidisciplinary nature of healthcare data mining for sound decision-making.

Aditya Sharad Ahirrao et al [9],To address the global incidence of chronic diseases, this study suggests a diagnosis method based on machine learning for the early detection of conditions like heart disease, brain tumors, and lung cancer. By using a CNN for multimodal illness risk prediction, the method seeks to lower associated mortality rates and increase disease detection accuracy.

Akkem Yaganteeswarudu et al [10],This work suggests a multi-disease prediction model that makes use of Python pickling, TensorFlow, Flask API, and machine learning techniques to overcome the drawbacks of single-disease models. With the ultimate goal of lowering death rates, the model offers users the flexibility to select particular diseases or receive forecasts based on parameter input. It achieves good accuracy for a variety of diseases.

# III. MULTI-DISEASE PREDICTION: ARCHITECTURAL INSIGHTS, OVERVIEW OF THE PAPERS REFERRED

Architecture:

- Input Data: Diverse datasets from sources like NHANES, UCI repositories, and live hospital datasets.
- **Data Preprocessing:** Handle data heterogeneity through preprocessing and numerical-to-categorical transformations.
- Feature Engineering: Select and engineer features using techniques like Chi-Squared, ANOVA, or genetic algorithms.
- **Machine/Deep Learning Models:** Utilize a range of models including LSTM, BagMOOV, Random Forest, ANN, CNN, SVM, KNN, Decision Trees, and hybrid approaches.
- Model Training and Optimization: Implement training methodologies using libraries like scikit-learn and TensorFlow. Optimize models through techniques like genetic algorithms, AdaBoost, or recursive feature elimination.
- Performance Evaluation: Assess models using metrics such as accuracy, precision, recall, and F1-score.
- User Interaction and Deployment: Propose user-friendly interfaces such as Flask APIs for practical deployment and user interaction.

Author	Contribution	Dataset used	Methodology	Results	Conclusion
Author	Contribution Comprehensive exploration of diverse techniques and frameworks for	Dataset used NHANES, heart disease diabetes	Methodology Various techniques: LSTM, BagMOOV, MANFIS, BSO- ANFIS, numerical feature	Results Summarized performance metrics of different techniques, e.g., BSO-ANFIS (99% accuracy, 99.37%	Conclusion Emphasizes importance of effective prediction models in healthcare, addresses
Ms. Kalaivani M et al., 2023	multi-disease prediction. Addresses challenges and proposes future directions for improving healthcare predictions.	Alzheimer's, ocular disease datasets. Specifics provided in respective sections.	transformation, Naïve Bayes, SVM, Decision Trees, optimization, hybrid methods, graph convolutional networks, multi- modal graph frameworks.	precision), BagMOOV (84.16% accuracy), Ensemble CNN (97.42% accuracy). Classification algorithms (logistic regression, random forest, decision tree, SVM, deep neural networks)	challenges (model stability, explainability, data privacy), suggests future directions (more effective models, multi-feature consideration, IoT integration, multi-tasking





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				with varying	models).
				accuracy.	771 1
Prashant et al, 2023	Contribution lies in exploring SVM's potential for multi-disease prediction, emphasizing its role in accurate healthcare outcomes.	Utilized the WESAD dataset for stress-related status identification, obtained non- invasively from individuals.	Proposed methodology involves comparing various training models, selecting SVM with 98.8% accuracy, implementing it using libraries like pandas and scikit- learn, and integrating the trained model into an application.	Comparative analysis of classifiers (DT, ANN, RF, LDA, KNN, SVM) shows SVM achieving the highest accuracy (95.10%), outperforming other models	The research contributes to disease prediction using machine learning, highlighting SVM's potential in multi-disease scenarios. It underlines the significance of accurate predictions for early interventions, personalized treatment plans, and improved healthcare outcomes.
DrR.Sha nthakumar i et al., 2022	Development of a robust multi- disease prediction system using Random Forest Algorithm. Addresses challenges and contributes to reducing mortality rates through effective predictions.	Diabetes, Heart Disease, Kidney Disease datasets from UCI machine learning repository. Data preprocessing and conversion of numerical to categorical.	Data preprocessing, Feature selection (Chi-Squared, ANOVA), Prediction system module. Classification models: SVM, KNN, Decision Tree, Naïve Bayes, Logistic Regression, Adaboost, Random Forest. Python pickling for model creation.	Performance analysis for each disease dataset with different algorithms. Random Forest Algorithm excels in accuracy for all three diseases. Precision, Recall, F1-Score discussed.	Emphasizes the flexibility and efficiency of the proposed model for predicting multiple diseases with a single set of inputs. Overcomes demerits of existing models. Reduces mortality rate.
B. Lalithadev i et al., 2022	Successfully applies ANN and CNN for high- accuracy predictions of breast cancer and COVID-19. Contributes to disease detection effectiveness	"Diabetes: Frankfurt hospital, Germany (Kaggle) Breast Cancer: Kaggle, UCI Machine Learning Repository Covid-19: GitHub repositories	"Diabetes Model: Basic ANN algorithm Breast Cancer Model: ANN Covid-19 Model: CNN with sequential model"	Achieved good accuracy for breast cancer and COVID-19 prediction (96.49% and 96.66% respectively) except for diabetes	Based on the results obtained for three different diseases, it is found that the ANN and CNN models are the effective approach to detect the disease

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	using advanced	"			according to the
	deep learning				inputs given.
	techniques.				
Aditya Gupta et al,2022	Introduces an optimal multi- disease prediction framework using GA-RFE and AdaBoost, demonstrating superior accuracy and performance compared to benchmark techniques.	Utilizes two datasets: Pima dataset related to diabetes and Cleveland dataset related to heart diseases. Both datasets obtained from the UCI repository.	Preprocessing: MICE imputation used to handle missing values Feature Selection: GA-RFE integrated with recursive feature elimination to obtain optimal features Training of AdaBoost Model: Utilizes AdaBoost algorithm for classification, employing decision trees as base estimators Cross Validation: 10-fold cross-validation setup to avoid overfitting and improve classification performance on unseen data.	Cleveland Dataset: AdaBoost achieves the highest accuracy of 91.9%, outperforming Decision Tree, Random Forest, and XGBoost Pima Dataset: AdaBoost demonstrates superior performance with an accuracy of 96.6%, surpassing other algorithms.	he proposed multi-disease prediction framework, integrating GA- RFE and AdaBoost, exhibits significant improvements in accuracy and performance compared to benchmark techniques
Karthikey an Harimoort hy et al., 2022	Develops an improved SVM- radial bias technique for multi-disease prediction, demonstrating superior accuracy in healthcare monitoring.	CKD, Diabetes, and Heart Disease datasets from the UCI repository.	includes data collection, storage, and a decision support system. Improved SVM- Radial bias kernel method, SVM- Linear, SVM- Polynomial, Random Forest, Decision Tree.	Improved SVM- Radial bias achieved 98.3%, 89.9%, and 98.7% accuracy for CKD, Heart Disease, and Diabetes datasets, respectively.	Proposed architecture shows promising results, indicating Improved SVM- Radial outperforms other methods in disease prediction.
Anusha Ampavath i et al., 2021	Develop ed a hybrid deep learning framework with improved accuracy for multi-disease	datasets are collected for various diseases like "Diabetes, Hepatitis, lung cancer; liver tumor, heart	"Collected datasets for diseases, normalized data (0 to 1), and structured non- structured data. Used RNN and	"Diabetes:2.99% enhanced than SVM, 4.48% than KNN, 20.90% than RNN Lung Cancer :17.39% better than	paper has developed an intelligent system for predicting the multi-diseases using the improvised DL

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	prediction, contributing to	disease, Parkinson's	DBN for disease prediction,	SVM, 13.04% than KNN, 26.09% than	concept.
	of DL concepts in	Alzheimer's	with JA-MVO, and	Liver Tumor	
	healthcare.	disease" form the	obtained final	:6.94% superior to	
		UCI repositor	predictions through	SVM, 13.21% to	
			RNN and DBN.	RNN, 21.9176 to	
			"	Alzheimer's	
				Disease:1%	
				enhanced than	
				KNN. 6.61% than	
				RNN.	
				Parkinson's	
				Disease:16.51%	
				11 91% than KNN	
				34.94% than RNN	
				Heart	
				Disease:4.79%	
				better than $SVM$ , 7.32% than KNN	
				16.06% than RNN"	
					Data mining for
					healthcare,
			Machine learning		specifically in predicting heart
			algorithms -		disease in
			Support Vector	Decision tree	diabetic
	Addresses		Machine (SVM),	consistently	individuals, is
	predicting heart		Naïve Bayes, and	outperformed naive	addressed. The
	diabetic		(C4.5) are	models. Accuracy	model is fine-
К.	individuals using	Cleveland dataset,	employed. SVM	results: Naïve	tuned for optimal
Arumuga	a decision tree	eliminate noise	handles large	Bayes (70%), SVM	performance,
m et al,	model,	and ensure data	prediction issues,	(75%), Decision	showing
2021	effective	consistency.	probabilistic	Error rate results	naive Bayes and
	interdisciplinary		classification based	Naïve Bayes (20-	SVM models.
	healthcare data		on Bayes theorem,	25%), SVM (5-	The
	mining.		and Decision Tree	15%), Decision	interdisciplinary
			into branches for	If $ee(0-10\%)$ .	healthcare data
			rulemaking.		mining is
					emphasized for
					effective
				CORESEARCH IN SCIENC	decision-making.

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Aditya Sharad Ahirrao et al, 2020	Contributes to accuracy improvement in chronic disease detection and aims to reduce death rates associated with lung cancer, brain tumor, and heart disease.	lung cancer, brain tumor, heart disease, and breast cancer with a limited set of supervised data.	"Utilizes a Convolutional Neural Network (CNN) for multimodal disease risk prediction. - Focuses on lung cancer, brain tumor, and heart disease detection."	Emphasizes the system's goal to improve accuracy in disease detection.	Concludes that the proposed system, using machine learning and CNN, addresses accuracy issues in chronic disease diagnosis. It aims to reduce death rates associated with lung cancer, brain tumors, and heart disease. Future work includes implementing the technique on more chronic diseases.
Akkem Yagantees waruduet al, 2015	Develops a multi- disease prediction model with high accuracy and user flexibility, contributing to mortality rate reduction through early disease detection.	Pima Indian Diabetes Dataset, UCI machine learning repository (diabetic retinopathy), Cleveland, Hungarian, Switzerland heart disease patient datasets, and Breast Cancer Wisconsin (Diagnostic) Data Set. Additional live datasets were collected from hospitals.	Utilized machine learning and deep learning techniques for disease prediction, including logistic regression, Naïve Bayes, SVM, Decision tree, Random Forest, and TensorFlow CNN. Model behaviors were saved using Python pickling. Flask API designed for user interaction.	Achieved high accuracy in disease prediction: 92% for diabetes (logistic regression), 95% for heart disease (Random Forest), 96% for cancer (SVM), and 91% for diabetic retinopathy (TensorFlow CNN). The Flask API allows users to input parameters and receive predictions.	The multi-disease prediction model enables simultaneous prediction of various diseases, offering users the flexibility to choose specific diseases or receive predictions based on entered parameters. The model aims to reduce mortality rates by identifying potential diseases in advance.

# **IV. CHALLENGES**

The multi-disease prediction literature suggests the following common challenges, while the issues covered in the publications may differ:

The heterogeneity of data: Handling heterogeneous data in terms of format, quality, and completeness can be ٠ problematic when working with multiple datasets from different sources, such as NHANES, the UCI machine learning repository, and other hospital datasets.

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- Engineering and Feature Selection: Choosing pertinent features and creating new ones for accurate disease prediction can be difficult processes. Different publications may use different methods, and it's still difficult to identify which traits are best for a certain condition.
- Model Interpretability and Complexity: Deep learning models, such as CNN and ANN, frequently show significant levels of complexity, which makes them effective but difficult to understand. Finding a balance between interpretability and model complexity is
- essential for acceptance and practical use in healthcare settings.
- **Restricted Access to Data:** A small number of labeled data points for specific diseases are acknowledged in some articles as a restriction. The model's capacity to generalize can be impacted by data paucity, particularly for diseases that are less common.
- **Comparing and Selecting Algorithms:** Selecting the best deep learning or machine learning algorithms for multi-disease prediction and evaluating their results across various datasets is an ongoing problem. Fair comparisons can be facilitated by standardizing the evaluation metrics and standards.
- Generalization and Overfitting: In machine learning, overfitting is a problem, and developing models that accurately generalize to new data is difficult. Articles may cover methods to reduce overfitting and improve the suggested models' capacity for generalization.
- **IoT with real-time data integration:** Some studies propose ways to integrate Internet of Things (IoT) for real-time data collection in the future. System architecture, scalability, and data processing speed are problems that must be overcome to provide smooth integration and manage real-time data streams.
- **Privacy of Data and Ethical Issues:** Using sensitive health data requires careful consideration of data privacy issues and poses ethical questions. Creating healthcare prediction models presents significant obstacles, two of which are protecting patient information and adhering to ethical standards.
- Stability and Reproducibility of the Model: It might be difficult to guarantee the reproducibility and stability of machine learning models, particularly in dynamic healthcare settings. The way that data is distributed throughout time might affect how well a model performs.
- User Interaction and System Deployment: System integration, user training, and efficient use by healthcare practitioners are hindered by the deployment of predictive models in actual healthcare settings and the need to ensure user-friendly interfaces, as demonstrated by the Flask API-based model.

# V. CONCLUSION

In summary, a wide range of approaches, models, and healthcare applications are presented by the body of research on multi-disease prediction using machine and deep learning techniques. The publications emphasize how important it is to have precise disease forecasts in order to implement early interventions, create individualized treatment programs, and enhance overall healthcare results. The studies indicate the variability of the suggested models across multiple healthcare domains, with a wide range of diseases under consideration, such as diabetes, heart disease, breast cancer, COVID-19, Parkinson's disease, and others. Problems including feature selection, data heterogeneity, model complexity, and ethical issues are common themes that highlight the need for responsible and reliable predictive model deployment in clinical contexts.

Additionally, by putting forth novel ideas like hybrid deep learning frameworks, integrating IoT for real-time data, and creating user-friendly interfaces like Flask API, the papers together contribute to the developing field of multi-disease prediction. In order to navigate the challenges of creating successful multi-disease prediction systems, researchers and practitioners can benefit greatly from the emphasis on comparative analyses, algorithm selection, and performance indicators. Future directions for predictive analytics research include considering multiple features, developing more effective models, and integrating IoT. These suggestions offer a roadmap for future investigation and improvement aimed at lowering mortality rates and improving healthcare quality overall.

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