

# **Physical Education States and Prospectus in NEP 2020**

**Dr. Manjusha J. Deshmukh**

Post Graduate Institute, Dr. P. D. K. V. Akola

mjdeshmukh20@gmail.com

**Abstract:** *Education is the manifestation of the perfection existing in man. The primary objective of education is overall personality development. Complimenting to this object, the paradigmes of Physical Education are integrated NEP 2020. Physical Education teachers will contribute is bringing health and wellness at every aspect of every individual personality therefore the framework for Physical Education became and interesting assignment for the commit, for making citizen of 21<sup>st</sup> century equipped with critical thinking, problem solving, cognitive skill and self directed learning.*

**Keywords:** NEP

## **I. INTRODUCTION**

Education is the manifestation of the perfection existing in man. The primary objective of education is overall personality development. Complimenting to this object, the paradigmes of Physical Education are integrated NEP 2020. Physical Education teachers will contribute is bringing health and wellness at every aspect of every individual personality therefore the framework for Physical Education became and interesting assignment for the commit, for making citizen of 21<sup>st</sup> century equipped with critical thinking, problem solving, cognitive skill and self directed learning. The broad aim of this frame work is to make physical education accessible and available to masses by creating professionals in Physical Education available at School and Colleges.

Physical fitness mental health and overall development of every individual has significant effect of physical Education. However creating and making available Professionals and academicians in the field will fulfill the demands of School and Colleges .for developing method of teaching principal and practices to give thoroughand skill to students will learn theoretical and practical accepts of game for teaching, learning and coaching proposes efficiently. Acquired knowledge of opted game with experience for managing the fitness will learn deferment dimensions of active life style. knowledge about the fitness diet and its scientific wave.

The new education policy has proposed 6-8 hours teaching hours per week for Physical Education with the assessment though examination for 150 marks during is semester, is include self defense health and wellness life stale management fitness for careers and event management also this programmer has propose to be implemented during 21-22 in degree colleges and identically it will have its routs in school also.

The states of physical education in Vidarbha was analyses by the researcher during 20-21 which intention to know about the awareness among the school management about the Physical Education course curriculum and faculty for educating students in Physical fitness diet and excesses. Physical Education Should be profession not only in the Colleges but also society fitness in present situation in school and colleges only one physical institute in appointed and 1 hour weeklyfor each class is given to teach on Physical Education physical exercises hence the students attitude towards personally development Physical and Mental development along with physical fitness not fulfilled hence this actuated leads to be changed every students should have feeling to participated in sports and sports competition resulting in chaining attitude not only for Physical fitness but accepting criticism and appreciation is sports and game as per national education police the states of physical education in Vidarbha school and colleges need to be changed in light of 6-8 credit course curriculum which with increase the no of physical instructor 5-6 time in each school and colleges which will provide employment to physical Education graduate and post graduate and also development the zill among the students for expertise in any particular game. Which will proved players professional academicals and knowledge police makers for uplifting the Physical Education.

**REFERENCES**

- [1]. The various papers in the subject of Physical Education, Sports and Yoga of undergraduate programmes, in core discipline, specific discipline elective, Health Education and Skill Enhancement Courses, shall be taught (theory and practicals) by Physical Education Faculty, qualified as per the UGC guidelines
- [2]. The Committee recommends that from 2022-23 the Physical Education, Sports & Yoga Discipline Core Subject shall be considered under Science Stream (B.Sc.) as it is in other states.
- [3]. Physical Education Faculty shall be Enriched with additional knowledge through short term courses/workshops/refresher/orientation/training programmes as per requirements.
- [4]. The committee recommends inclusion of the subjects for the competitive examinations conducted for the civil services under the central and state level.