

# Role of Physical Education and Teachers in NEP

**Dr. Sanjay Rajaram Choudhari**

Associate Professor, Shri Binzani City College, Nagpur, India  
choudharisanjay973@gmail.com

**Abstract:** *The National Education Policy recognises and identifies teachers and faculty as the heart of the learning process. Always try to do their best. As envisioned by Hon'ble Prime Minister Shri Narendra Modi ji, the Policy will empower teachers of India and lists out various reforms for their recruitment, continuous professional development, service conditions, etc. NEP 2020 recognises that teachers will require training in high-quality content as well as pedagogy. As best as possible By 2030, teacher education will gradually be moved into multidisciplinary colleges and universities. The minimum degree qualification for our teachers will be . degree that teaches a range of knowledge content and pedagogy. Teachers will be given continuous opportunities for self-improvement and to learn the latest innovations and advances in their professions. These will be offered in multiple modes, including in the form of local, regional, State, National, and international workshops as well as online teacher development modules. Each teacher will be expected to participate in at least 50 hours of CPD opportunities every year for their own professional development, driven by their own interests. CPD opportunities will, in particular, systematically cover the latest pedagogies regarding foundational literacy and numeracy, formative and adaptive assessment of learning outcomes, etc.*

**Keywords:** NEP GUIDELINES DUTIES AND POLICIES

## I. INTRODUCTION

Introduction India is growing rapidly as a global super-power. To face the challenges of the century and to keep up with the pace of the world, maintaining health is of prime importance. Giving thrust to healthy society, Physical Education, Sports and Yoga are of great significance in today's world. The Government of India insists on Physical Fitness, Mental Health and Overall Development of Personality for every citizen. In these lines, the Government has launched Fit India Movement, Khelo India, TOPS and National Sports Day, International Day of Yoga etc. These initiatives have given impetus and awareness among general public, professional and academicians. However, creating efficient and skilled human resources in the field of Physical Education, Sports and Yoga is identified as the need of the hour. The similar focus has also been given in the NEP 2020.

### IMPORTANCE:

Research and Innovations NAAC Criterion III seeks information on the policies, practices and achievements of the institution, with reference to research, innovation and outreach. It deals with the facilities provided and efforts made by the institution to promote 'research culture'. The institution has the responsibility to enable faculty to undertake research projects useful to society as well as Institution. In NAAC- SSR research and innovations is mentioned under criterion . The major difference between expectations seen under NEP 2020 and criterion 3 is about the approach.

### ROLE AND RESPONSIBILITIES:

The various papers in the subject of Physical Education, Sports and Yoga of undergraduate programmes, in core discipline, specific discipline elective, Health Education and Skill Enhancement Courses, shall be taught (theory and practical) by Physical Education Faculty, qualified as per the UGC guidelines

The Committee recommends that from 2022-23 and there on, the Physical Education, Sports & Yoga Discipline Core Subject (DSC) shall be considered under Science Stream (B.Sc.) as it is in other states.

Physical Education Faculty shall be enriched with additional knowledge through short term courses/workshops/refresher/orientation/training programmes as per requirements.

The committee recommends inclusion of the subjects for the competitive examinations conducted for the civil services under the central and state level.

Health, Wellness and Yoga (Value based paper under SEC) paper shall be taught by Physical Education Faculty only.

In addition to Practical, one hour of theory (for Physical Education, Sports and Yoga) under Skill Enhancement Course shall be ensured at the first semester of all Undergraduate courses.

Along with Discipline Specific Core papers, appropriate measures shall be ensured to conduct practical and theory assessments for Open Electives and Skill Enhancement Courses and more duties .

## **II. RESEARCH METHODOLOGY**

According to the survey this is a descriptive research about NEP.

## **III. CONCLUSION**

Sports are considered an extracurricular activity in schools and activities either happen once or twice a week or after academic hours. What we are all failing to understand is that the basis of sports education starts in school. Such a curriculum is designed to impart physical education programmes at the upper elementary, middle and high school level. This sports curriculum is not robbing any child from holistic education. It only aims to provide children and youth with authentic sports experience. This education complements training of a candidate as it develops the overall personality of the students. A good sportsman is the one who learns to obey the rules of the game.

## **REFERENCES**

- [1]. Kumar, K., Prakash, A., Singh, K. (2020). How National Education Policy 2020 can be a lodestar to transform future generations in India.
- [2]. Journal of Public Affairs an internationalJournal, e2500, 1-5. <https://doi.org/10.1002/pa.2500> M. M. Goel (2020): A View on Higher Education in New Education Policy 2020.
- [3]. Government of India. (2020). National Education Policy 2020.df (PDF) New Education Policy 2020 of India: A Theoretical Analysis. Available from:
- [4]. [https://www.researchgate.net/publication/355365803\\_New\\_Education\\_Policy\\_2020\\_of\\_India\\_A\\_Theoretical\\_Analysis](https://www.researchgate.net/publication/355365803_New_Education_Policy_2020_of_India_A_Theoretical_Analysis) [accessed Aug 08 2022].
- [5]. Nandini, ed. (29 July 2020). "New Education Policy 2020 Highlights: School and higher education to see major changes". Hindustan Times Krishna, Atul (29 July 2020). "NEP 2020 Highlights: School And Higher Education". NDTV.