# **IJARSCT**



International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 3, Issue 4, December 2023

# Role of Skill-Based Education in Self-Reliance

K. Venkata Swamy<sup>1</sup>, Dr. Pravin Devidas Lamkhade<sup>2</sup>, Dr. Madhavi Mardikar<sup>3</sup>

Research Scholar, PGTD (Physical Education), Physical Director, KITS, Warangal<sup>1</sup>
Director of Physical Education, Rani Indiarabai Bhosle Mahavidyalaya, Kuhi<sup>2</sup>

Director of Physical Education, Institute of Science of Nagpur, PGTD (Physical Education) RTMNU Nagpur

**Abstract:** In the Zest for a better life is a competitive modern world the giants of all fields started to rush behind the skills both relevant and irrelevant to the respective departments. The core objective at the back of this deep penance and high perseverance is the concept of self reliance which has become the foremost idea to be planted in every one's head, However the definition of self-reliance is very randomly varied in different perspectives. The most common grounds for all the definitions to be valid are skills. Skills are a major part in developing the idea of self – reliance. Hence the roots of knowledge starting with education has to be infiltrated with the concept of skill learning, Skill – based education is a very basic idea that has a very prominent role to play in importing and grooming self-reliance of an individual.

**Keywords:** Skills, self – Reliance, self esteem, education, confidence, academics, abilities, decision making

### I. INTRODUCTION

Self – Reliance is a very important aspect in an individuals life. But in current scenario self – reliance is becoming a problematic issue due to low self esteem which is a major concern for the present day youth. The main reason for this issue is the lack of acknowledgment of their skills. Role of skill-based education plays a prominent role in solving this problem of self esteem.

When skills are considered as the criteria for assessing an individual it gives an individual the confidence in himself and scope to work and improve his skills. Focusing on the improvement of skills rather than judging an individual based on his skills gives him confidence to relay on them. In this way skill based education plays a very prominent role in self reliance.

Self- reliance not only helps individual in gaining confidence in academics and self reliance, but also improves his decision making abilities and give clarity about his choices. This also makes his social life less complicated and more clear. Also relying on his own skills increases the value of a person both socially and morally. The moral of the person is increased and his spirits are heightened thus boosting his self esteem and belief in him self this can also increase the individuality of the individual.

A person who is completely self-reliant can be valuable and winsome. It makes the variety of that person more radiant and charismatic both physically and mentally. All this can be made possible when skill-based education is introduced informal education. Which not only plays an important role in making an individual self-reliant but also can make learning a joy and since a person's skills are polished to shine and it makes the process a great pomp and show.

### II. METHODOLOGY

For the present study 100 young female Engineering graduates from KITS Warangal have been selected to test their self-efficacy using the General Self-Efficacy scale. The mean age of the participants is observed to be 18 to 21.

### **Procedure**

The General Self-Efficacy scale was used for this study. Which consists of 10 aspects, that measure their Self-Efficacy. The questionnaires were distributed to the subjects well before attending the test. Instructions were provided before the subjects filled in the questionnaires. The test was conducted to determine the self-efficacy possessed by various graduation students.

DOI: 10.48175/IJARSCT-15122



# **IJARSCT**



### International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 3, Issue 4, December 2023

#### Result

Numbers	Ranges of Scores based on GSE			
		19-25		34-40
	10-18 (low)	(Moderate)	26-33 (Good)	(Excellent)
100	8	48	32	12

The score are based on the General self efficacy test conducted among the test subjects. Based on their score they are classified in to low, moderate, good, excellent. Those who fall in the low category has low self efficacy those who have good score fall in the excellent category.

## III. CONCLUSION

Ajubiliant learning through skill-based education can make the person to shine to brightly in addition to being self-reliant. In this way, skill-based education has a great role to play in self-reliance. The GSE (Gernal Self Efficacy) test conducted above proves this point the self efficacy is a factor in determining mental strength and self reliance. The person with more self reliance has a higher score in the GSE, which shows that a person is capable of achieving bigger things. Implementing skill-based education can be a great revelation in all aspects of life, self-reliance being the major part of it. In conclusion skill-based education is a boon in an individual life, changing the frame work of his views on life and future.

#### REFERENCES

- [1]. Skill based education Dr.JayshriNemade,
- [2]. Prof. Shashikla Mahajan
- [3]. Psychologist's Book of Personality Test Louis Janda. Ph.D
- [4]. Schwarzer, R., & Jerusalem, M. (1995). Generalized Self-Efficacy scale.
- [5]. InJ. Weinman, S. Wright, & M. Johnston, Measures in the health psychology.
- [6]. Loo, C.W. and Choy ,J.L.F. (2012)Source of self-efficacy influencing academic performance of engineerin student, American journal of educational research vol.1,No.3,80-92.

DOI: 10.48175/IJARSCT-15122

[7]. Bandura A.1997.Self efficacy: The exercise of control.New York: Freeman.

