

# School Based Action Research on "Developing the value of 'Respect'"

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**Abstract:** *This action research project aims to explore and develop the value of respect within a school community. Recognizing the critical role that respect plays in creating a positive and inclusive learning environment, this study seeks to identify effective strategies to enhance and promote respect among students, teachers, and staff. The research employs a mixed-methods approach, including surveys, interviews, and observation, to assess the current state of respect in the school and to implement targeted interventions. The results and findings will provide valuable insights into how schools can cultivate a culture of respect, contributing to the overall well-being and success of students and the entire school community.*

**Keywords:** economic liberalization.

## I. INTRODUCTION

Respect is at the root of love. Every human action becomes dangerous when it is deprived of human feeling. When they are performed with feeling and respect for human values, all activities become constructive. Receiving respect from others is important because it helps us to feel safe and to express ourselves. Being respected by important people in our lives growing up teaches us how to be respectful toward others. Respect means that you accept somebody for who they are, even when they're different from you or you don't agree with them. Respect in your relationships builds feelings of trust, safety, and well-being. Respect doesn't have to come naturally – it is something you learn. Being valued and treated respectfully helps to promote a positive work culture in which employees are fulfilled, loyal, engaged and motivated to perform at their very best. Employees who do not offer respect to others are unprofessional and pose a threat to the health and success of their company. Most people go through life and always hear about the word respect, but they don't know what it means. Respect is the esteem for or a sense of the worth or excellence of a person. There are things in life you need to hold in respect. Respect for yourself, respect for others, and respect for property. Respect is taught to people everywhere and it is even taught to them in their religions. Respect is the very aspect that keeps everything in your life.

Respect for yourself is very important to a person because it can be the balancing factor of your life. If a person has no respect for themselves, they will most likely go into depression. Respecting yourself is also important for your self-esteem. Having a high self-esteem means that people. Respect is a positive feeling of esteem for someone or something. It is an expression of admiration, regard, or esteem. Respect can be gained through the act of courtesy and civility.

### Why respect is important?

- Respect is an important virtue because it's the foundation of a healthy society.
- Respect is an important virtue because it's the foundation of a healthy family.
- Respect is the foundation of a healthy relationship.
- It's also the foundation of a healthy fellowship.
- It's not a good thing to overdo respect

Respect is a good thing. It's important to treat others with respect, and to anticipate that they will treat you with the same. Still, it's also important to know what respect is and isn't. Respect isn't a commodity that people can demand of each other; it must be earned through conduct and gesture.

You can't just say "I want you to admire me" for someone differently to do so; you have to actually show them how good of respect you're by earning it through your own conduct and opinions first. This means not being discourteous towards anyone differently (or yourself) because also other people won't feel like esteeming your wishes in return

**Objectives of the action research study**

- To check the respect level towards everyone among the students.
- To prepare an action plan to inculcate the value of respecting everyone among the students.
- To check the effectiveness of the action plan.

The rationale for the study:

We chose the topic of developing the value of respect among the students because we felt it was the need of the hour. We had a personal experience during the internship phase wherein we saw and experienced the student's behaviour towards the teachers and interns but not very good, they never listened with attention to whatever instruction the teachers were giving them rather they would back-answer the teachers whenever they would scold them for being mischievous and not paying attention in the class. And this was experienced by me and my team members throughout the internship period. So, looking at the scenario, I felt that it is important to teach the students from a young age the importance of the value 'Respect' not only towards the teacher but all the everyone that are present in the life of the child.

A brief review of literature:

<http://dx.doi.org/10.1037/ort0000041>

Name of the researcher/Author: Mellor, D., McCabe, M., Rizzuto, L., & Gruner, A. Year: 2015

Title: Respecting our elders: Evaluation of an educational program for adolescent students to promote respect toward older adults.

Methodology: This article shows issue related to respect everyone and focusing on developing understanding of respect to everyone.

<https://northstateparent.com/article/respect-elders/>

Name of the Author: Mj Callaway

Year: 2021

Title: The Benefits of Respecting Your Elders

Sample: Web article

Methodology: This article deals with nurturing the idea of respecting elders and focusing on benefits of respect to everyone.

<https://www.fairmontgrandseniorliving.com/blog/why-seniors-should-be-treated-with-respect/>

Name of the Author: Mj Callaway

Year: 2021

Title: The Benefits of Respecting Your Elders

Sample: Web article

Methodology: This article deals with nurturing the idea of respecting elders and focusing on benefits of respect to everyone.

[https://scholar.google.co.in/scholar?q=doi:10.1016/j.jaging.2004.01.002&hl=en&as\\_sdt=0&as\\_vis=1&oi=scholar](https://scholar.google.co.in/scholar?q=doi:10.1016/j.jaging.2004.01.002&hl=en&as_sdt=0&as_vis=1&oi=scholar)

Name of the Author: K Sung

Year: 2004

Title: Elder respect among young adults: A cross-cultural study of Americans and Koreans

Sample: Paper link

Methodology: This article deals with the little research on the way in which the young respect the elderly, let alone on the issue of cross-cultural differences in elder respect.

**Action Reporting**

**II. METHODOLOGY – DESCRIPTION OF EACH ACTIVITY**

**First Activity:** We prepared questionnaire based on Yes/No, after that conducted pretest in 7<sup>th</sup> grade to assess the students mind frame about the subject. 15 Questions were framed after reading materials on internet, discussion with peers and in concurrence with the objectivity in mind. This was a hard copy quiz questionnaire which was attempted by all the present students on that day.

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**Second Activity:** Teachers did the role play to create the awareness of respecting the teacher who is newly appointed. Teacher asked the questions related to the role play. Role play was designed to give a live demo to the students about their behaviour patterns and reaction to the newly appointed teacher & to give them a brief understanding that how much hard work is being put by teacher for lesson plan. At the end, a small discussion was placed where some of the students realize their wrong behaviour and hopefully understood meaning of respect.

**Third activity:** Teachers showed the 2 movie clips to the students to showcase the value of respect and its impact on the relationship/friendship and make students realize the criticality of respect, basic idea was to inculcate the value respecting everyone. After clip teacher asked the questions. The pattern of this activity was interactive, and discussion based. At the end of the session teacher gave an assignment to the students to write a real-life situation where they had disrespected anyone and do they feel apologetic about the same. & how would they like to develop the correct behaviour in same situation going forward?

**Fourth Activity:** Once all these activities were completed, teacher took the post-test with the same questionnaire to analyse whether students have understood the meaning of respect, its value and impact on student behaviour. Student feedback was taken and a positive vibe amongst them towards respect for everyone encourages the impact of our project.

**Sample size -**

Name of the school	Standard	Number of samples
THAKUR SHYAMNARYAN HIGH SCHOOL	7	20 STUDENTS

**Time period –**

Total time of my action research is 1hrs 30 mins.

Pretest - 15 mins

Module 1 - 25 mins

Module 2 - 30 mins

Post-test - 20 mins

Tools used:

Material Required: - classroom set up, script, paper ball, chalk, duster, marker, desk, chair.

Module 1 (25 mins):

Q1. What did you observe in the role play?

Q2. How did the students behave?

Q3. Have you behaved in such a disrespectful manner recently?

Q4. Was it correct on your part to behave in such disrespectful way?

Q5. What behavioural changes will you make now onwards to ensure you are respectful towards everyone?

Module 2 (30 mins):

Video 1.

[https://www.youtube.com/watch?v=VHiOY1g5X\\_c](https://www.youtube.com/watch?v=VHiOY1g5X_c)

Video 2.

<https://www.youtube.com/watch?v=PoOos3S8AhM>

Procedure:

**Findings of the study (Table, Graphs, and Interpretation in words)**

Table 1: Table of Pretest & Post test scores & Gain Index

RollNo.	Names	Pretestscore	Post testscore	Gain Index =Post test –Pretest/100
1	Kaustubh Pardhi	12	13	0.01
2	Manvi Shukla	13	13	0.00
3	Khushi Sharma	12	13	0.01
4	Nitin Mishra	13	13	0.00
5	Smriti Shukla	12	13	0.01
6	Akaran Yadva	9	12	0.03
7	Harshita Tripathi	12	13	0.01
8	Chaitan Salve	11	13	0.02
9	Eishan koley	13	13	0.00
10	Aakansha Singh	10	11	0.01
11	Nadaf Asif	8	10	0.02
12	Sameer Shaikh	9	12	0.03
13	Anant Tendulkar	12	13	0.01
14	Nandani Gupta	12	13	0.01
15	Kaveri Nayak	11	13	0.02
16	Gaurav Prajapati	10	12	0.02
17	Kamdes	12	12	0.00
18	Prachi Patil	13	13	0.00
19	Deepak Vaishnav	13	13	0.00
20	Pranav More	7	13	0.06

Table 2: Table showing Gain Index intervals & percentage

GAIN INDEX	NUMBER OF STUDENTS	PERCENTAGE
0.01 – 0.02 (low)	11	78.6%
0.03 - 0.04 (moderate)	2	14.3%
0.04 and above(high)	1	7.1%

Six Student got 0 in Gain Index which means no impact of the implementation of the module was seen.

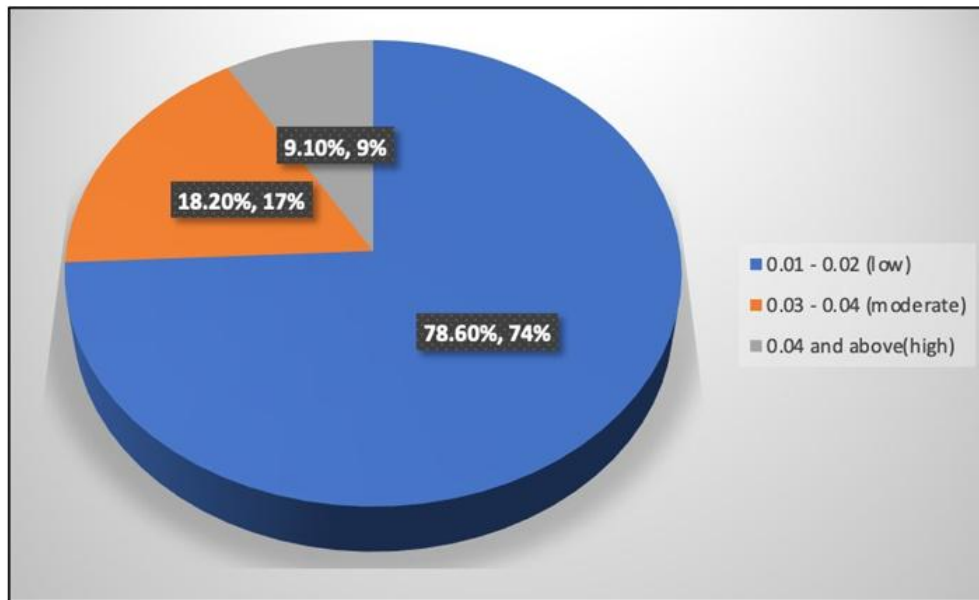
Interpretations from Table 2

**78.6%** students had a low gain index using the module for cultural awareness which means very few of them had low impact of the module. They got little awareness about various cultures.

**14.3 %** students had a moderate gain index using the module for cultural awareness which means majority of students were impacted moderately by the modules implemented. They have got awareness about various culture.

**7.1%** students had a High gain index using the module for cultural awareness means some of them were highly impacted from the modules used in class. They showed maximum level of awareness created.

GRAPH/PIE CHART



**Interpretation from Pie Chart**

Majority of students got moderate impact. This shows the better activities can be planned to create awareness in the students towards respect for everyone, so that majority of students get maximum awareness. What changes did you bring about among the school children, school environment or local community?

**In terms of Awareness:** School children became aware of the important virtue of giving respect and being respected by people in life. I emphasize Why respect is necessary and how human feelings and respect to all can change the surroundings & fill the environment with positivity and equality.

**In terms of Attitude:** The result of action research is being interpreted and the basis that actions are planned to put students under observation and not down the action and reflection of each student. The attitude tuned alacrity and a readiness is observed among them to adapt and accept the importance of respect.

**In terms of Action:** Situation were planned to observe the change in behavior pattern after the Action research. Pre & post analysis helps to plan and act in accordance with the necessity and focus requirements. Role play, movie clippings help to explain the importance of respect and humility in human being to have a healthy relationship and healthy friendship to make the society better place to live.

**Impact and Experiences:**

Educational Action Research provides to develop critical thinking skills to become effective self-reliant problem-solver to the actual unique challenges and to better understand and administer the classroom. Student psychology can be observed, and action plans can be made to adjust the requirement and necessities as per the situation. Action & reflection become better as results help to intrigue and then manifest the controlled reaction to any situation.

**My design- Reflections**

Do you suppose as a guru- experimenter, action exploration contributed to perfecting your practices or tutoring-literacy? unfold. Action exploration is perceived more as an approach than as a system, because it may draw on a range of different designs and methodologies. specially, action exploration may emplace both qualitative and quantitative data collection styles. Indeed though the compass is different, both types of data are used by preceptors or groups of preceptors to collect substantiation and give answers to their questions. thus, a robust methodology that considers the



scientific and ethical norms of exploration should be espoused. Action exploration is practical, reflective and recursive. These characteristics are generally illustrated in a helical indicating a nonstop movement between planning, acting, observing, reflecting and so on. The exploration process is practical in that it may have immediate benefits for preceptors, seminaries and administration. Its reflective aspect lies in the action experimenter turning the lens on his/her own classroom, academy or practices. Incipiently, action exploration is recursive because issues and enterprises are explored in an ongoing way by the action experimenter. With the current content of our action exploration "Respect", we conducted pre & post-test to understand the change in geste after propagating the knowledge to the scholars. With the help of data, a quantitative analysis is being done in qualitative data which has helped us to understand what the impact on scholars has taken place with the methodology espoused by us to educate the value of respect. It has given sapience that there's nonstop connection between the planning and reflecting and our styles and tutoring needs a nonstop enhancement for better yield. Assignments learnt What will you do else coming time? We've observed that scholars are well clued with value of respect but its theoretical in nature. Their action doesn't support the proposition affect attained from pre & post test. Coming time, I'll conduct my exploration with a case study and a situation study rather than introductory questionnaire. What were the topmost challenges? Major challenge faced is the inaccurate response given by the scholars. The results aren't supporting the operations in real. There's vast difference between understanding and factual reflections in conduct. Did anything unanticipated be? NA Suggestions & Counter accusations of the Study The study exploration gives the sapience knowledge of scholars understanding and behaviour aspect in terms of Respect. They've clear understanding on " what to do " but conduct doesn't support the theoretical knowledge. Hence, in my view piecemeal from part play and case study and situation analysis would be helpful. PDCA (PLAN, DO, CHECK and ACTION) should be enforced on nonstop base to inculcate the gestate change among scholars towards respect.

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Appendix A- Questionnaire (15mins).

	<p><b>Name:</b> _____ <b>Date:</b> _____</p> <p><b>Std:</b> _____ <b>Div:</b> _____</p> <p><b>School: Thakur Shyamnarayan High School</b></p>	
<p>Please read the following questions/statements carefully and place a tick (✓) on either yes or no.</p>		
	<b>YES</b>	<b>NO</b>
1. Do you greet your teachers?	<input type="checkbox"/>	<input type="checkbox"/>
2. Do you greet the Non - teaching staffs of your school ? (Peons, clerks, mamas, maushis, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you laugh at your teacher when he/she makes any mistake?	<input type="checkbox"/>	<input type="checkbox"/>
4. Would you offer your seat to elderly person standing next to you while you are traveling by bus?	<input type="checkbox"/>	<input type="checkbox"/>
5. It is alright to argue with your parents or teachers.	<input type="checkbox"/>	<input type="checkbox"/>
6. When someone corrects me, I listen to them respectfully.	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you talk in between when two elders are talking with each other?	<input type="checkbox"/>	<input type="checkbox"/>
8. Do you think giving respect to elders is important?	<input type="checkbox"/>	<input type="checkbox"/>
9. Is it okay to raise your voice when talking with the elders?	<input type="checkbox"/>	<input type="checkbox"/>
10. Do you introduce your friends to your elders when they visit your home?	<input type="checkbox"/>	<input type="checkbox"/>
11. Do you take permission from your teacher before entering the class?	<input type="checkbox"/>	<input type="checkbox"/>
12. Do you think that you should respect your elders only when they respect you?	<input type="checkbox"/>	<input type="checkbox"/>
13. Do you take your parents' advise seriously?	<input type="checkbox"/>	<input type="checkbox"/>
Thank You		

Appendix B - Lesson Plan - Module 1(25 mins.)

**OBJECTIVES AND SPECIFICATIONS OF ACTIVITY:-**

**REMEMBERING**

Pupil recalls their bond in classroom behavior.

Pupil recognizes the irrational behavior or disrespectful behavior.

**UNDERSTANDING**

Pupil develops an understanding about the value of respect.

Pupil develops the importance of correct classroom behavior, which is the essence of showing respect

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Pupil understands the pain that a teacher goes through if the students are disrespectful.

#### **APPLICATION**

Pupils use their knowledge and understanding to reflect and change their classroom behavior to respectful ones wherever needed.

**Material Required:-** . Classroom Setup, Script, Paper Balls, Chalk, Marker, Chairs, Desks, Papers.

#### **Script of the Role Play**

**Characters:** Narrator, Teacher1 and Teacher2

Scene 1:

(Teachers discussing in the classroom)

**Teacher1:** (She is a new teacher in the school. She enters the staffroom) Good Morning, Ma'am.

**Teacher2:** (She is an old teacher of the school) Good Morning, Ma'am!

Welcome to the school. Are you ready with your teaching activities? **Teacher1:** Yes ma'am, totally excited and have worked whole night to make the content interesting for the students.

**Teacher2:** Oh!! That's the sign of a very hardworking teacher. Go for it. All the best!!

**Characters:** Narrator, Teacher and students

Scene 2:

(Teacher enters the classroom but nobody greets the teacher)

(Two students doing mischief in the class. One student enters the classroom without permission.)

**Teacher:** Good Morning class. How are you all?

**Students:** Gooooooooo Morniiiiinnngggggg Teacherrrrrrrr.

**Teacher:** Let us begin the class.

**Students:** Noooooo Missssss

**Teacher:** Today we will study maths subject.

**Students:** Noooooo, Boriiiiingggggg.

(Teacher turns towards blackboard and tries to write the topic) Student1 – (sings and banks the desk)

Student2 – (throws paper ball) Student3 – (dancing in the class)

**Teacher:** Sit down everyone. (Trying to maintain discipline)

**Students:** Ma'am we don't want to study.

**Teacher:** We will play in the next class. Today, let's finish this topic.

**Students:** Ok miss.

**Teacher:** (Asks questions related to the content but no student answers. But the teacher explains the topic in brief and ends the class.) Bye everyone

.....See you soon.

**Students:** No miss.

(Bell rings, class ends, and everyone leaves the class.)

Appendix C - Lesson Plan - Module 2 (30mins.) OBJECTIVES AND SPECIFICATIONS OF ACTIVITY:-

#### **REMEMBERING**

Pupil recalls the knowledge and wisdom they acquired from their parents/Teachers.

Pupil recognizes the dedication of their Parents/Teachers in their life.

#### **UNDERSTANDING**

Pupil develops the understanding about the importance of their parents/teachers in their life

Pupil develops the value of respect towards everyone in their life.

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Pupil understands the video related to respecting fellow human beings

**APPLICATION**

Pupil uses their knowledge and understanding to respecting everyone in their life

**Material Required:** You Tube videos

Video 1: [https://www.youtube.com/watch?v=VHiOY1g5X\\_cQ1](https://www.youtube.com/watch?v=VHiOY1g5X_cQ1). What did you observe in the video?

Q2. Should a person be respected according to his financial status?

Video 2: <https://www.youtube.com/watch?v=PoOOs3S8AhMQ1>. Who was Ram Avtar?

Q2. Was he treated as a servant?

Q3. Do you treat the servants/maids at your place in the same way?

Post-test (20 mins.)

Materials required: Classroom setup, pen and a questionnaire