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Age Related Dental Problems

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Abstract: AIM: The aim is to make a survey on age related dental problems.

OBJECTIVE : The purpose of this study is know how the aging develops different dental abnormalities. Mastication, tongue mobility, and lip closure and skills of the oral phase of ingestion and have been shown to deteriorate with age

MATERIALS AND METHODS: The sample size for this study includes about 100 participants. Questionnaire were created by using survey planet software and all the were compiled for statistical analysis.

RESULTS: The purpose of this study is to know how aging develops different dental abnormalities.

Keywords: Dental problems

I. INTRODUCTION

You can get cavities at any age they aren't just for children. As u age ,you can develop cavities as your tooth enamel erodes. Dry mouth due to age or medications can also lead to cavities.(1)The best way to prevent tooth decay is by brushing twice a day, flossing daily, and going to your regular dental checkups(2). With aging appearance and structure of teeth tends to change Teeth are important for speaking, smiling, chewing, and appearance. Saliva, a clear fluid which plays a vital role in oral and dental health.(3).Protecting the teeth from gums, decay, infections, and mouth from other bacterial and viral infections. Age related changes seen in hard and soft tissues of the bone and the oral mucosa(4). Clinical relevance with an aging population retaining more of its natural teeth for longer dental professionals should expect to observe oral changes more frequently (5). It is assumed that dental Problems related to age is dental caries .Water fluoridation can reduce the amount of decay in children's teeth(6).Both in children and adults was to prevent or retard the development of caries and/or gingivitis/periodontitis through the use of plaque control methods periodontal disease may not occur if oral hygiene is not completely effective.(7). The age groups between 35-45 will show high prevalence values for chronic periodontal disease.(8). Tooth decay occurs when germs in plaque turn the sugars found in food and drinks into acid which attacks the teeth. Tooth decay affects people of all ages and it can start at a very young age.(9).Good oral hygiene from an early age is important if you want to have healthy teeth and gums. With good mouth care, it is possible to keep your teeth for life. Clean, healthy teeth and gums will ensure good oral health, which means no toothache, pain or discomfort, and less cost at the dentist(10). Gum disease occurs when germs in the plague infect the gums, causing them to become red and puffy and to bleed easily (gingivitis). Mouth showing red, puffing gums and plaque on teeth(11). The germs (bacteria) are passed from parents to children by things such as sharing spoons for tasting food. Parents can help stop tooth decay in their children by making sure their own teeth and gums are kept clean and healthy.(12).Both in children and adults was to

Prevent the development of caries through the use of plaque control methods .Fluoridation can reduce the amount of decay in children's teeth .(13).

II. MATERIALS AND METHODS

The sample size was calculated among 100 participants. Questionnaire was calculated using the survey planet and was compiled using the statistical analysis. The data were collected and compiled statistically.

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III. DISCUSSION

The age which is commonly related in dental problems are from the age 18-22 years (14).Females are mostly affected by the dental problems. Dental caries will be common at this 4-18 years of age, and least included in common ages. Most of the people's has not undergone any dental complications in their childhood ages(15).None of the people's undergone any dental complications in their childhood age. Gum diseases are more prevalent in aged people's most of them agree in that.16).Usually, dental cavities leads to dry mouth which may cause mouth cancer the complications is common in adults, and less in children. Dental complications are more common in 5-18 years.(17).Smoking ,tobacco causes more dental problems among adults. Teenagers show the less prevalence in this kind of problems. Children with not many teeths need many dental care.(18).Braces treatment should be done in right age. Mostly the gum diseases occur in age groups of 28-35 showed high prevalence in the diseases.(19).Older aged people's increased risks for root caries because of both increased gingival recession exposed the root surfaces and increased use of medications(20).



Age related dental problems are common in the age age groups between 18-22 years are analyzed statistically in the survey planet.



Gum diseases are common among the aged people's. The survey planet has statistically compiled.

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IV. CONCLUSION

The study has been concluded that age related dental problems are common among the teenagers age. Thus caries occur from bacterial acid demineralisation that exceed saliva and fluoride remineralisation and acid demineralisation occurs where bacterial plaque is left on mouth.

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