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# A Case Study on the Importance of Responsible Tourism Destinations in Kerala with Special Reference to Periyar National Park, Thekkady

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Abstract: A novel strategy called "responsible tourism" makes sure that the local community benefits fairly from the growth of the tourism industry. It attempts to develop better tourist attractions and gives visitors a better experience. The host community may experience a variety of economic, social, and environmental repercussions as a result of this strategy. Responsible visitors can improve the quality of life for the villages by supporting the local economy, upholding customs and traditions, and preserving the environment. This study on Periyar National Park will provide useful information to ITDC (Indian Tourism Development Corporation), KTDC (Kerala Tourism Development Corporation), management of Periyar National Park and other national parks and sanctuaries about Responsible tourism, and destinations in Kerala, to identify a responsible tourist and non- responsible tourist, and to enhance the waste management in the area, Characteristics (both demographic and travel) of tourists. This will be helpful to understand the importance of Responsible tourism and that may generate more tourists to visit Periyar National Park hence it will generate more revenue for the tourism economy of the destination.

Keywords: Responsible Tourism, Periyar National Park.

#### I. INTRODUCTION

Tourism is the biggest and fastest-growing sector in the world. It offers both employment and revenue. It also gives people the chance to learn about a country's culture, civilisation, and religious characteristics. For many countries, tourism is a significant source of income. It is a covert export that produces substantial amounts of foreign currency without actually or materially reducing internal resources. Tourism falls into a particular category of industries with high labour demands1. It provides a wide range of amenities that incoming tourists expect and need. The tourism industry is among the top sectors in terms of the amount of money spent by travellers. Occasionally, the tourism industry's revenue exceeds the GDP. Historical landmarks, beaches, places of worship, and hill resorts all lure tourists.as well as other attractions. Each area has its own unique people, festivals, traditional dances, music, and handicrafts2. In India, tourism comes in second in terms of earnings in foreign currency. The tourist industry employs large numbers of both skilled and unskilled individuals. It promotes both national and international unity3. A unique industry that needs a lot of labour is tourism. It provides a wide range of amenities that incoming tourists expect and need.

Kerala, a delightful South Indian location that embodies tranquilly, ought to be on every traveller's must-see list4. Kerala tourism provides a variety of tourist destinations that you will fall in love with right away5. These destinations are adorned with emerald backwaters, wide and lush tea farms, beautiful hill stations, and the turquoise Arabian Sea. Due to its breathtaking and extensive 2000-year-old cultural history and natural beauty, Kerala is quickly rising to the top of the list of travel destinations worldwide6. Kerala is referred to as "God's own country" and is a popular tourist destination both domestically and outside. With its pristine beaches, coastal plains, hill towns, backwaters, and mountains, it is a stunning and soothing vacation destination. Figure 1 prominently displays Kerala's location on the Indian political map and its top tourist attractions.

Responsible tourism is a management strategy embracing planning, management, product development and marketing to bring about positive economic, social, cultural, environmental impacts. It provides more rewarding holiday

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experiences for guests, enables local communities to enjoy a better quality of life and conserves the natural environment. The responsible tourism initiative in Kerala was first implemented in four destinations viz., Kovalam, Kumarakom, Thekkady and Wayanad. The Kerala Institute of Tourism and Travel Studies (KITTS) under Kerala Tourism is the nodal agency to implement RT initiatives in the State. Thekkady in Kerala State, India's largest wildlife sanctuary is a dream destination for any tourist visiting India. There are a lot of responsible tourism initiatives (activities) such as the cultivation of vegetables, rearing of cows, hens and other domestic animals at households, papad making, rice four making, samrudhi unit and community-based tourism products etc put forward by local as well as state and central government for the development of Thekkady and the local community. These responsible tourism initiatives at Thekkady are expected to generate direct benefits for local people by contributing to the development of local economies which in turn is expected to provide better living conditions for the host communities?

In the twenty-first century, ecotourism is a great substitute for mass tourism because it is not as destructive. This is an alternate form whose main goal is to give nature enthusiasts access to the wilderness. Promoting responsible travel for the sake of learning about, taking in, and admiring the beauty of nature, wild animals, plants, and indigenous cultures is a paradigm, concept, and catalyst. Promoting ecotourism with the aid of the local population can enhance locals' quality of life while also preserving the ecology and environment. The principles of ecotourism place a strong focus on the sustainable use of natural resources, as well as the potential for revenue production and job possibilities. Both the conservation of biodiversity and cultural diversity are implicitly and openly woven into these principles.

Periyar Tiger Reserve (PTR) is located on the Western Ghats between 90 15' and 90 40' N Latitude and 760 55' and 770 25 'E Longitude in the Idukki district. The Reserve is unique and renowned for its wide variety of large mammals. The formation of the reserve is closely associated with the construction of Mullaperiyar Dam across the river Periyar in 1895 for diverting water to Tamil Nadu State. As early as 1899, an area consisting of 600 sq. km surrounding the dam was declared Reserve Forests (Periyar Lake Reserve Forests) by the then Maharajah of Travancore. The intention of the declaration might have been to protect the catchment areas for the prevention of silting of the dam. The wildlife sanctuary was established in 1934. In 1950 the area was extended by 177 sq. km. Recognising the importance of the reserve it was brought in 1978 under Project Tiger and came to be known as the Periyar Tiger Reserve. For the purpose of management, the entire reserve is divided into three zones viz., Core area (350 sq. km), Buffer zone (377 sq. km) and Tourism zone (50 sq. km). The core area of the sanctuary was declared a National Park in 1982. The two streams of Periyar and Mullayar and the lake with an area of 26 sq. km form the major aquatic ecosystem of the reserve. The Mullayar stream originating at an altitude of about 1780m above MSL has a length of 31 km and joins the southern tip of the lake.

The Periyar stream having a length of 41 km originates at an altitude of 1593m MSL (Map 2.2) and joins the lake at its eastern tip. The system is more or less a closed one due to the presence of the Mullaperiyar dam. Water from the reservoir overflows downstream when the water level reaches 41m though this happens very rarely (only twice for a couple of days in a decade). The only outlet of the reservoir is to the plains of Tamil Nadu through drainage pipes laid from lake.

PTR has been known to be a mega biodiversity zone due to its rich and diverse ecosystems. About 5,000 of India's 15,000 species of flowering plants are found in this area. Of these 2100 species are endemic to the Western Ghats. There are five distinct vegetation types identified within the sanctuary viz. evergreen, semi-evergreen, deciduous forests, grasslands, and eucalyptus plantations. Evergreen and semi- evergreen forests are found in the buffer and core zones and occupy about 40 per cent of the total area of the reserve. Owing to heavy stocking and the presence of different layers, light penetration is low and hence ground vegetation is not significant.

#### II. SAMPLING

The primary data are mostly gathered from the thoughts and points of view of 100 respondents after a set of 30 questions is produced and distributed to tourists at "Periyar National Park in Thekkady."





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Data Analysis.

#### CLASSIFICATION OF RESPONDENTS ACCORDING TO GENDER

| Gender | Number of Respondents | Percentage |
|--------|-----------------------|------------|
| Male   | 67                    | 67%        |
| Female | 33                    | 33%        |
| Total  | 100                   | 100%       |

#### CLASSIFICATION OF RESPONDENTS ACCORDING TO THE NATIONALITY

| Nationality | Number of Respondents | Percentage |
|-------------|-----------------------|------------|
| Indian      | 80                    | 80%        |
| Foreigner   | 20                    | 20%        |
| Total       | 100                   | 100%       |

#### CLASSIFICATION OF RESPONDENTS ACCORDING TO THE AGE GROUP

| Agegroup | Number of Respondents | Percentage |
|----------|-----------------------|------------|
| 15-25    | 56                    | 56%        |
| 26-35    | 14                    | 14%        |
| 36-45    | 12                    | 12%        |
| 46-50    | 18                    | 18%        |
| Total    | 100                   | 100%       |

# CLASSIFICATION OF RESPONDENTS ACCORDING THE AWARENESS ABOUT RESPONSIBLE TOURISM (R.T)

| ,            |                       |            |
|--------------|-----------------------|------------|
| HeardaboutRT | Number of Respondents | Percentage |
| Yes          | 60                    | 60%        |
| No           | 40                    | 40%        |
| Total        | 100                   | 100%       |

#### CLASSIFICATION OF RESPONDENTS ACCORDING TO WHO ARE RESPONSIBLE TOURIST

| ResponsibleTourist | Number of Respondents | Percentage |
|--------------------|-----------------------|------------|
| Yes                | 77                    | 77%        |
| No                 | 23                    | 23%        |

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| Total | 100 | 100% |
|-------|-----|------|
|       |     |      |

# CLASSIFICATION OF RESPONDENTS ACCORDING TO THE FIRST TIME FREQUENCY OF THE VISIT TO THE LOCATION

| Firsttimevisit | Number of Respondents | Percentage |
|----------------|-----------------------|------------|
| Yes            | 74                    | 74%        |
| No             | 26                    | 26%        |
| Total          | 100                   | 100%       |

#### CLASSIFICATION OF RESPONDENTS ACCORDING TO THE PURPOSE OF VISIT

| Purpose    | Number of Respondents | Percentage |
|------------|-----------------------|------------|
| Leisure    | 51                    | 51%        |
| Research   | 8                     | 8%         |
| Experience | 41                    | 41%        |
| Total      | 100                   | 100%       |

# CLASSIFICATION OF RESPONDENTS ACCORDING TO THE NUMBER OF TIMES THEY GO ON HOLIDAY IN A YEAR

| Times | Number of Respondents | Percentage |
|-------|-----------------------|------------|
| 1-2   | 66                    | 66%        |
| 3-4   | 23                    | 23%        |
| 5+    | 11                    | 11%        |
| Total | 100                   | 100%       |

# CLASSIFICATION OF RESPONDENTS ACCORDING TO THE FIRST VISIT TO PERIYAR NATIONAL PARK

| First visit | Number of Respondents | Percentage |
|-------------|-----------------------|------------|
| Yes         | 70                    | 70%        |
| No          | 30                    | 30%        |
| Total       | 100                   | 100%       |





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### CLASSIFICATION OF RESPONDENTS ACCORDING TO THE PROTECTION OF NATIONALY PARK

| Protect | Number of Respondents | Percentage |
|---------|-----------------------|------------|
| Yes     | 96                    | 96%        |
| No      | 4                     | 4%         |
| Total   | 100                   | 100%       |

#### CLASSIFICATION OF RESPONDENTS ACCORDING TO SOURCE OF INFORMATION

| Information                | Number of Respondents | Percentage |
|----------------------------|-----------------------|------------|
| Brochures                  | 14                    | 14%        |
| Online website             | 43                    | 43%        |
| Books                      | 24                    | 24%        |
| Tourism promotions offices | 5                     | 5%         |
| Others                     | 14                    | 14%        |
| Total                      | 100                   | 100%       |

# CLASSIFICATION OF RESPONDENTS ACCORDING TO THE OPINION ON DISABLED FRIENDLY DESNTINATION

| Disabled friendly | Number of Respondents | Percentage |
|-------------------|-----------------------|------------|
| Yes               | 54                    | 54%        |
| No                | 46                    | 46%        |
| Total             | 100                   | 100%       |

# CLASSIFICATION OF RESPONDENTS ACCORDING TO THE MAIN MOTIVATION TO VISIT THEKKADY

| Visit Thekkady             | Number of Respondents | Percentage |
|----------------------------|-----------------------|------------|
| Wildlife watching          | 40                    | 40%        |
| Study purpose              | 8                     | 8%         |
| Natural beauty             | 35                    | 35%        |
| Indigenous culture         | 5                     | 5%         |
| Restandrest and Relaxation | 10                    | 10%        |
| Others                     | 2                     | 2%         |

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| Total 100 100% |
|----------------|
|----------------|

# CLASSIFICATION OF RESPONDENTS ACCORDING TO SUGGESTION ABOUT THE PROTECTION OF ANIMALS

| Protections | Number of Respondents | Percentage |
|-------------|-----------------------|------------|
| Yes         | 80                    | 80%        |
| No          | 1                     | 1%         |
| Neutral     | 19                    | 19%        |
| Total       | 100                   | 100%       |

# CLASSIFICATION OF RESPONDENTS ACCORDING TO PROPER WASTE MANAGEMENT PRACTICES

| Waste Management<br>Practices | Number of Respondents | Percentage |
|-------------------------------|-----------------------|------------|
| Yes                           | 46                    | 46%        |
| No                            | 54                    | 54%        |
| Total                         | 100                   | 100%       |

# CLASSIFICATION OF RESPONDENTS ACCORDING TO THE AVAILABILITY BINS FOR PLASTIC AND PAPER WASTE

| Organize bins | Number of Respondents | Percentage |
|---------------|-----------------------|------------|
| Yes           | 80                    | 80%        |
| No            | 20                    | 20%        |
| Total         | 100                   | 100%       |

# CLASSIFICATION OF RESPONDENTS ACCORDING TO KIND OF WASTE PEOPLE THROW IN THE DESTINATION

| Kinds   | Number of Respondents Percentage |      |
|---------|----------------------------------|------|
| Paper   | 10                               | 10%  |
| Plastic | 24                               | 24%  |
| All     | 66                               | 66%  |
| Total   | 100                              | 100% |





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#### CLASSIFICATION OF RESPONDENTS ACCORDING TO CONSTRAINTS ENCOUNTERED

| Constraints                                   | Number of Respondents | Percentage |
|---|-----------------------|------------|
| Overcrowding                                  | 33                    | 33%        |
| Long waiting time                             | 37                    | 37%        |
| Entry and exit restrictions                   | 19                    | 19%        |
| Lack of amenities and Cleanliness and hygiene | 9                     | 9%         |
| Others  | 2                     | 2%         |
| Total   | 100                   | 100%       |

# CLASSIFICATION OF RESPONDENTS ACCORDING TO SUGGESTIONS FOR IMPROVING (R.T) AT PERIYAR

| Suggestions  | Numberof<br>Respondents | Percentage |
|--|-------------------------|------------|
| E-ticketing for all eco-tourism activities                                     | 14                      | 14%        |
| Better, reasonable priced packages covering more than one eco-tourism activity | 8                       | 8%         |
| Better coordination among staffs at Periyar                                    | 19                      | 19%        |
| Orientation on precautions for nature walk and other ecotourism activities     | 28                      | 28%        |
| Better education and interpretation programs                                   | 33                      | 33%        |
| Total  | 100                     | 100%       |

# CLASSIFICATION OF RESPONDENTS ACCORDING TO TOURIST SATISFIED WITH PERIYAR NATIONAL PARK

| Satisfied | Number of Respondents | Percentage |
|-----------|-----------------------|------------|
| Yes       | 94                    | 94%        |
| No        | 6                     | 6%         |
| Total     | 100                   | 100%       |

# CLASSIFICATION OF RESPONDENTS ACCORDING TO PROTECTION OF WILDLIFE SANCTUARIES ARE IMPORTANT

| Important | Number of Respondents | Percentage |
|-----------|-----------------------|------------|
| Yes       | 94                    | 94%        |
| No        | 6                     | 6%         |
| Total     | 100                   | 100%       |

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#### CLASSIFICATION OF RESPONDENTS ACCORDING TO THE PROBLEMS FACED

| Problems                                      | Number of<br>Respondents | Percentage |
|---|--------------------------|------------|
| Noise   | 44                       | 44%        |
| Congestion                                    | 8                        | 8%         |
| Spillover garbage                             | 15                       | 15%        |
| Littering                                     | 12                       | 12%        |
| Lack of transfer from Main gate to Boat jetty | 2                        | 2%         |
| Uncleared garbage                             | 8                        | 8%         |
| Photography Hindrance                         | 5                        | 5%         |
| Long Queue                                    | 6                        | 6%         |
| Total   | 100                      | 100%       |

#### CLASSIFICATION OF RESPONDENTS ACCORDING TO SUGGEST PEOPLE TO USE WASTE BIN

| Suggest | Number of Respondents | Percentage |
|---------|-----------------------|------------|
| Yes     | 93                    | 93%        |
| No      | 7                     | 7%         |
| Total   | 100                   | 100%       |

#### III. FINDING.

- 1. The majority of respondents are male.
- **2.** The most of the respondents are Indians.
- 3. The respondents are from between the age group of 15-25.
- **4.** Most the tourists are aware about the concept of the responsible tourism.
- 5. The most of the respondents are Responsible Tourist (R.T)
- **6.** The most of the respondents are first time visitor to Eco-tourism destinations.
- 7. Respondents travel for the purpose of Leisure is high in the destination.
- **8.** People take vacations 1-2 times every year.
- **9.** Respondents are travelling to Periyar national park for their first time.
- **10.** People really want to protect the national parks.
- 11. Most of the respondents got the source of information about Periyar from online websites.
- **12.** The destination is disabled-friendly.
- 13. Wildlife watching is the major motivating factor people travel to the Periyar wildlife sanctuaries

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- **14.** People want to protect the animals in the area should be considered.
- **15.** The waste management practices are not maintained at Periyar national park.
- **16.** There is a need to categories the waste bins for different wastes.
- 17. The people throw away are all kinds of both paper and plastic waste.
- **18.** The respondents most constraints encountered is long waiting time.
- **19.** Better education and interpretation programs must be provided.

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- **20.** Most people are satisfied with Periyar national park.
- 21. The majority of the respondents want to protect the wildlife sanctuaries and think it is very important.
- 22. Respondents will take the plastic bottle waste with them and it shows they are a responsible tourist.
- **23.** Waste management in the destination is poor.
- 24. Majority of the respondents are taking plastic bags with them so they can place in or appropriate place by taking with them.
- 25. Most respondents are facing Noise as a major problem in Periyar wildlife sanctuaries
- **26.** The majority of the respondents will refer Periyar national park to their friends and family.
- **27.** Most of the respondents will suggest to use waste bin in destination.

#### IV. SUGGESTIONS

- The tourist must create aware about the waste management system in the area is necessary.
- Promote boats that runs through electrical motor.
- Enhance the waste management at Periyar national park.
- Provide bicycle to explore the area.
- Introduce R.T destination packages for the tourist.
- Education and awareness about the importance of the national parks.
- E-Ticketing for the tourist must be considered.
- The protection of the wildlife sanctuaries in Kerala must be given importance
- Camping sites should be improved by providing good and clean campsite
- Modifying the path way and providing litter bins must be considered.
- Respect the local culture
- Minimize your waste
- Educate Others to Be Responsible Travelers

#### V. CONCLUSIONS

The most prominent project in India, responsible tourism, has a huge impact on destinations in terms of better horticulture and community involvement. The benefits of responsible tourism are particularly noticeable in the current environment, when top tourist locations are attempting to maintain a balance between their expansion of tourism-related activities and preservation of their traditional

Most of these factors—livelihoods, culture, and heritage—are unquestionably the distinguishing features of certain locations. This was made feasible by the Department of Tourism, Government of Kerala's long-term planning and prompt involvement in the project, which was developed in accordance with the most recent global trend in the tourism industry.

This concept could be emulated due to the success of responsible tourism in destinations and Kerala's dominant position in the global tourism sector to assure the sustainability of Kerala's tourism development efforts, in all top tourist sites.

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