

# Tulsi Miracle Herb Gift From Nature

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**Abstract:** Plants are regarded as one of the most essential supply of remedy and pills of nowadays and they have been used for distinctive illnesses of human beings global from the establishing of the civilization. *Ocimum sanctum* (Tulsi or Holy Basil) belongs to Family Labiaceae. Different components of this plant are historically utilized in the Ayurveda and Siddha structures for remedy of various ailments. The chemical composition of *Ocimum sanctum* is complex. Some often diagnosed biologically energetic phytochemical materials include: eugenol and urosolic acid; alkaloids and flavonoids; tannins and carbohydrates etc. The *Ocimum sanctum* Linn. has additionally been recommended to possess, anticancer, anti-diabetic, anti-fertility, antifungal, antimicrobial, cardio protective, analgesic, antispasmodic and adaptogenic actions. Eugenol (1-hydroxy-2-methoxy-4-allylbenzene) is the energetic elements current in *Ocimum sanctum* Linn. have been located to be mostly accountable for the therapeutic potentials. Numerous in vitro, creature and human investigations endure witness to tulsi having exceptional restorative things to do.

**Keywords:** Antifungal, Antidiabetic, Anticancer, Antimicrobial, Analgesic, Anti-Fertility

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