

Formulation and Evaluation of Polyherbal Energy Drink

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Abstract: *In recent years, there has been an increase in the consumption of energy drinks. Nowadays, energy drinks have become a common choice of beverages. Sugar and caffeine are the two major ingredients in energy drinks. The main purpose of the study is to prepare a polyherbal energy drink. The preparation contains poly herbs such as Ashwagandha, Amla, Liquorice, Tulsi and Fennel. Polyherbal energy drink was prepared by using traditional herbs having proved nutritional potential. A mixture of herbal extracts has been used in the current research for the development of a novel and potent energy drink. The prepared polyherbal energy drink was evaluated immediately after preparation and all the parameters were tested. The prepared formulation is beneficial for all the people. The formulation is prepared from the natural herbs so the chances of side effects are lower than the soft drinks. The developed herbal drink provides an economical and feasible option for the consumers with very good taste combined with potential health benefits. All the herbs used in this preparation are easily available during any season and are not costly. This herbal energy drink is a natural option to synthetic drinks along with several health benefits.*

Keywords: Polyherbal Energy Drink, Beverage, Evaluation, Health Benefits

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