

# **IoT Based Senior Citizen Monitoring**

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**Abstract:** *Monitoring numerous medical indicators and post-operative data is crucial. The use of internet of things (IoT) technology in healthcare communication to obtain patient medical parameters in nearby and remote locations has been modified. This project's primary goal is to wirelessly communicate the patient's health monitoring parameters. These input data are uploaded to a cloud server and sent to a computer and a mobile device for the benefit of family and doctors. The internet of things has emerged because of improvements in information and communication technology (iot). Since they are used in a variety of medical fields (including monitoring in real time, patient information management, and healthcare administration), iot technologies are convenient for doctors and patients in the contemporary healthcare setting. The network of bodily sensors.*

**Keywords:** Sensors, node MCU, Arduino, Ubidots, IOT Technology

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