

A Study to Assess the Effectiveness of STP Regarding Knowledge of Preventive Measures on COPD Among Old Age People in Selected Village Rohtas Bihar

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Abstract: *INTRODUCTION: COPD is a chronic airway limited disease as characterized by chronic obstruction of lung airflow that interferes with normal breathing and is not fully reversible. The more familiar terms 'chronic bronchitis' and 'emphysema' are no longer used, but are now included within the COPD diagnosis. COPD is not simply a "smoker's cough" but an under-diagnosed, life-threatening lung disease. According to WHO report that the 3.29 million of people suffer with the COPD death, in nearly 90% of COPD death in those under 70 years of age occur in developing countries. The most cause of COPD the including environmental exposure to tobacco, smoke, indoor air pollution and occupational dusts, fumes, and chemicals are important risk. The early is most common treatment of COPD economic preventable management is quite smoking, and is needed to slow the progression of symptoms.*

AIM: To assess the effectiveness of STP on knowledge of preventive measures on COPD among old age people.

METHODOLOGY: The pre-experimental one group pre-test and post-test design was conducted at Takiya, Sasaram, Rohtas, Bihar from 6/2/23 to 10/2/23. The conceptual framework utilized in this study was based on General System theory of "Ludwig von Bertalanffy". A self-structured questionnaire method was used to assess the pre-test level of knowledge of preventive measures on COPD among old age people in selected village Rohtas Bihar by adopting probability random sampling technique. Immediately after pre-test STP was implemented just after the implementation post-test was conducted by using same questionnaire method. The result was analyzed.

RESULTS: Before implementation of STP the knowledge level of old age people, (32) had poor knowledge, (28) had average knowledge and none of them had good knowledge of preventive measures on COPD among old age people in selected village Rohtas Bihar and the pre-test mean knowledge score was. After implementation of STP the knowledge level of old age people, none of them had poor knowledge, (31) had average level of knowledge and (29) had good knowledge of preventive measures on COPD among old age people in selected village Rohtas Bihar. The post-test mean score (14.72) of knowledge of preventive measures on COPD among old age people were comparatively more than their pre-test mean knowledge score (7.98). It confirms that, there was increase in knowledge of preventive measures on COPD among old age people after the administration of STP.

CONCLUSION: At last, as a researchers, we concluded that there is increase in knowledge of preventive measures on COPD among old age people after implementation of STP and there is no association between variable and sociodemographic variables.

Keywords: Effectiveness, STP, Knowledge, Old Age People, COPD.

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