

A Comparative Study of Rural and Urban High-School Boys Attitude Towards Physical Education and Sports of Mangalore District

Sri Mohana Kumara

Physical Education Director

Govt. Ramanarayan, Challarama College of Commerce and Management of Bangalore, Karnataka, India

Abstract: *In order to properly understand the meaning of physical education it is essential for us to understand the meaning of general education. Physical education is after all part of general education, both is complementary to each other. They are like two faces of the same coin. Ordinarily we consider all activities which make the body healthy and active as physical conditions. This interpretation however is wrong. The physical education goes beyond that. Its true scope is related to all those activities which build up human physique so that they impart knowledge of human and social behavior and in term help all in an all-round development of human personality. It is wrong therefore to consider sports as same thing as physical education: it is not. Similarly, games too do not constitute physical education. The physical education is the education of both mind and body which help in an all round growth of human personality.*

Keywords: School Boys Attitude

BIBLIOGRAPHY

- [1]. Bob Carroll, Julia Lou midis (2010) -Children perceived competence and Enjoyment in physical education and physical activity outside
- [2]. Carlson, T.B. (1994) Why students hate, tolerate, or love gym: A study of Attitude formation and associated behaviors in physical educationl (Doctoral Dissertation, University of Massachusetts, 1994).Dissertation Abstracts International, 55-03, 0502.
- [3]. Canan Koca Hiilya A. F. and Giyasettin Demirhan(2005) -Attitudes toward physical education and class preferences of turkish adolescents in terms of school gender composition Adolescence, Volume: 40, No.: 158.
- [4]. Harles A. Bucher (1980) Foundation of physical education (3rd Ed.), C. V. Mosby Company, S Louis. Charles L. Woar. AS Cited by Chaster W. Harris(1989) Encyclopedia of Education Research (3rd Ed.). The Macmillan Company New York.
- [5]. Chandler Prentice, Cowan Wendy (2008) ---Attitude toward physical activity as influenced by motivational climate. athens state university athens Alabama. NCEI/NCAC Conference.
- [6]. Crossfield Joyce Graening(1984) --Profiles of high school principals and superintendents, their selected attitudes toward physical education and athletics, and the current status of physical education and athletics in arkansas high school. Dissertation Abstracts International: 44P, 3628- A.