

Herbal Treatment for Hemorrhoids (Piles)

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I. INTRODUCTION

1.1 Piles (Hemorrhoids)

Swollen and inflamed veins in the rectum and anus that cause discomfort and bleeding. Hemorrhoids can develop inside the rectum (internal hemorrhoids) or under the cutaneous anus region (external hemorrhoids). Nearly three out of every four adults will get haemorrhoids occasionally.

Hemorrhoids are a very common anorectal condition defined as the symptomatic enlargement and distal displacement of the normal anal cushions. They are a significant medical and economical issue that affects millions of people worldwide. There have been numerous claims made regarding the etiologies of hemorrhoid development, involving continuous straining and constipation. One of the most important symptoms of hemorrhoid disease is aberrant vascular channel dilatation and distortion, together with damaging changes in the connective tissue that supports the anal cushion. Hemorrhoids may show signs of vascular hyperplasia and an inflammatory response. The etiology and other clinical contexts of hemorrhoid illness were first covered in this article, followed by a discussion of the most recent non-surgical and operative therapy strategies.[1]

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