

# The Notion of Seeking Refuge in Anita Desai's Literary Works

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**Abstract:** Anita Desai is largely regarded as one of the more observant, trustworthy, and human-psychology-savvy writers of Indian English books working today. The main topics in the writings of Virginia Woolf, James Joyce, and Desai are interpersonal relationships and human nature. In addition to being escape artists, the protagonists in her works lead interior lives that are fraught with alienation, sadness, frustration, and anxiety. Even though Anita Desai's characters are unsophisticated, they often resort to escape retreat and rejection of reality in order to survive. Her book's heroes struggle with realizing how limited human nature is as well as pursuing self-actualization. The author, Anita Desai, say.

**Keywords:** Alienation, Escapism, Isolation, Imagination.

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