

A Review on Pharmacological Non Pharmacological and Herbal Treatment of (PCOS) Polycystic Ovarian Syndrome

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Abstract: Polycystic ovarian syndrome is a multi factorial disease . PCOS is an endocrine disorder nowadays which results in fertility, one out of ten woman of childbearing age suffering from this, but it remains undiagnosed and unmanaged in most people who have it. PCOS as incidence of key criteria namely, Oligo ovulation/or anovulation Hyperandrogenism Woman have unique health issues. And some of the health issues that affect both men and woman can affect woman differently. Unique issues include pregnancy, menopause, and conditions of the female organs. woman can have a health pregnancy by getting early and regular prenatal care. They should also get recommended breast cancer, cervical, and bone density screening. Polycystic ovarian syndrome are treatment in pharmacological, non pharmacological as well as herbal treatment .Pharmacological treatment are using various type of drug like oral contraceptive pill, antiandrogen, metformin, inositol, spironolactone, flutamide, cyprolarone acetate .The teams Non pharmacologically means what is diet plane and herbal treatment are used to some herbs in Polycystic ovarian syndrome. Polycystic ovarian syndrome is used some herbs like Bauhinia Variegata, Cinnamon Cassie, Nigella Sativa.

Keywords: Polycystic ovarian syndrome, Pharmacological, Non pharmacological, Herbal Treatment

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