# Exploring the Relationship Between Locus of Control and Academic Achievement of Adolescent Students 

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#### Abstract

Adolescence students suffer from a number of problems. These problems make them think and help them to take decisions. The decision of a person is controlled by the locus of control. Locus of control is the personality trait that affects the thinking as well as behavior and leads to the inner and outside life of students. Locus of control has two factors internal \& external. Any one factor is better for being successful in life. A person with Internal locus of control believes that the things happening in his life are due to his own abilities, actions as well as lessons learned from his own mistakes. On the other hand, A person with an external locus of control feels that external factors like destiny, luck, blessings are more responsible for the events and circumstances that occur in his life. If we know students internal/external locus of control appropriately then we can change students locus of control to make them successful in their life. The academic achievements of the students are influenced to a great extent by their locus of control. In the present study, the researcher included variables Locus of Control and Academic Achievement. This research has studied the correlation between Locus of Control and Academic Achievement of adolescence students.


Keywords: Adolescence, Locus of Control, Emotional Intelligence, Adjustment and Academic Achievement

