

A Review of Guava (*Psidium Guajava*)

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Abstract: *Guava (Psidium guajava Linn.) typically acknowledged for its meals and dietary values at some point of the world. A variety of chemical substances isolated from plant life like quercetin, guajaverin, isoflavonoids, gallic acid, catechin, epicatechin, rutin, naringenin, kaempferol flavonoids and galactose-unique lecithins have proven promising pastime. Toxicity research in mice and different animal fashions in addition to managed human research display leaf, seed, pulp, pores and skin and culmination distinct extract in distinct attention are enables to save you cancer, regulating blood Pressure, and treating diarrhea. Much of the conventional makes use of had been established through clinical research. The plant has been extensively studied in phrases of pharmacological pastime of its essential additives and the effects display antioxidant, antipyretic, antifungal, antimicrobial, hypotensive analgesic and anti inflammatory effect.*

Keywords: Psidium Guajava, Antidiabetic, Antibacterial, Hepatoprotective, Contractile.

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