

# Cyber Crimes and Cyber Hygiene Practices Among Young Girls

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**Abstract:** *The world evidences an immense transformation from pen & paper culture to digital culture, particularly, post covid pandemic. We live in the digitally complex generation. The evolution of digitalization and explosive usage of internet have lead to cyber crimes (e-crimes) and cyber violations. With the increase of 'Work from Home' option, women are more prone to serious consequences of cyber attacks and lead to traumatic experiences. The Government of India has started attempting to renovate our nation into digitally enabled and empowered, through its "The Digital India" project. But, is the digitalization completely favourable for our people? The primary aim of the study is to answer this question by creating awareness on cyber crimes and security measures among women and young girls, whom the law looks down and does not recognize properly, even in today's developed society. An attempt is made to keep them away from any sort harm by cyber usage or exploitations. In the direction to caution women about cyber threats by not hindering digitalization and innovation, the authors have analyzed previous research studies conducted with respect to cyber threats and security space, major cyber crime cases in India, Cyber laws, agencies that deal with cyber security and key initiatives implemented by our Indian government to protect innocent people from cyber threats. Hence, at the end of this study, protective measures and cyber hygiene practices are suggested to make women and young girls become more cautious and reorient their behaviour to make safest use of internet and protect themselves against cyber attacks.*

**Keywords:** Cyber Crime, Cyber Security, Cyber Law, etc.

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