

Versatile Hospitality around the Globe a Case Study on Cuisine and Culture in Hospitality Industry - Mauritius

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Abstract: *The cuisine of Mauritius is influenced by the tropical location of the island as well as the cultural diversity which characterizes the country. Mauritian cuisine is a blend of African, Chinese, European (mainly French) and Indian influences in the history of Mauritius. Most of the dishes and practices into the culinary traditions are inspired by French culture, former African slaves, and Indian workers and Chinese migrants arriving during the 19th century. Over the years, communities found in Mauritius have adapted and mixed each other's cuisine to their liking, resulting in the development of Mauritian cuisine. While some popular dishes and desserts are consumed by Mauritians of all ethnic groups or communities, there are also form of cuisines which remain distinctly ethnic and are unique to a specific ethnic community due to their ancestral cultural and historical connections. Local food which varies depending on ethnic communities therefore reflects the strong traditional, cultural, and historical influences of each community. What culture is Mauritius?*

68% of residents are of Indian origin with roots in Bhojpuri, Tamil, Hindi, Urdu, Telugu. 27% are Creoles, either Franco-Mauritian or from Rodrigues. Added to that 3% are Chinese and 2% of European descent. Religion [1]Hinduism is the primary religion in Mauritius with around 52% identifying as Hindu. There are five broad ethnic categories: Franco-Mauritian, Sino-Mauritian, Indo-Mauritian, Afro-Mauritian and Creole-Mauritian.

What are the traditions and customs in Mauritius?

Tradition. Like everywhere in the world, Mauritius has its own traditions. The "Sundowner" - literally the "sunset" - is a traditional weekend and holiday ritual during which the Mauritians meet on the beach to enjoy the last rays of the sun: a very pleasant moment, especially in summer.

Mauritius has a mixed developing economy based on manufactured exports, agriculture, tourism, and financial services. Government efforts to diversify the economy after 1980 have been successful, and the island is no longer as completely dependent on sugar production as it was throughout most of its history.

Keywords: Development, Economy, Sundowner, Cuisine.

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