



# A Study to Assess the Effectiveness of the Structured Teaching Program on Knowledge of Rural Population Regarding Hazards of Substance Abuse in Selected Rural Areas

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**Abstract:** *This study aims to examine the level of knowledge about hazards of substance abuse before and after the structured teaching programme and its effectiveness. Evaluative research approach with one group pre test post test design was used to assess the knowledge of 50 samples in selected rural population. Structured knowledge questionnaire was used which included 30 MCQs and STP of 60 minutes was given before and after the intervention. It was found that in pre test 64% of them had inadequate knowledge and 36% of the samples had moderate knowledge regarding hazards of substance abuse. It was found that the STP is effective in changing the level of knowledge at 0.05 level of significance. There was no significant association between post test level of knowledge and their selected socio demographic variables.*

**Keywords:** Effectiveness, Structured teaching programme, Knowledge, substance abuse

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