

# A Phytochemical and Pharmacological Review on Emblicaoofficinalis (Amla)

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**Abstract:** *Emblicaoofficinalis (amla) are widely used in the Idian system of medicine and belived to increase defence against disease. This review systematically encapsulates the role of amla (Emblicaoofficinalis) in diseases cure and management through reviewing the in vivo and in vitro study. These article discuses and summarised important medicinal value of embelicaoofficinalis. Embelicaoofficinalis are used to treat a range of diseases, but the most important is the fruit. The fruit is used either alone or in combination with other plants to treat many ailments such as common cold and fever; as a diuretic, laxative, liver tonic, refrigerant, stomachic, restorative, alterative, antipyretic, anti-inflammatory, hair tonic; to prevent peptic ulcer and dyspepsia, and as adigestive antipyretic, analgesic, antitussive, antiatherogenic, adaptogenic, cardioprotective, gastroprotective, antianemia, antihypercholesterolemia, wound healing.*

**Keywords:** Euphorbiaceae, Amla, Encapsulation, Medicinal Values

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