

Pharmacological Review on *ocimum Sanctum*

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Abstract: *In this study, Ocimum sanctum a medicinal herb used in the indigenous system of medicine. It has been adored in almost Ocimum sanctum Linn. commonly known as Holy Basil or Tulsi is an Ayurvedic herb of Southeast Asia with a long history of traditional use. ancient ayurvedic texts for its extraordinary medicinal properties. It is pungent and bitter in taste and hot, light and dry in effect. Its seeds are considered to be cold in effect. The roots, leaves and seeds of Tulsi possess several medicinal properties. Ayurvedic texts categorise as stimulant, aromatic and antipyretic. While alleviating kapha and vata, it aggravates pitta. It has a wide range of action on the human body mainly as a cough alleviator, a sweat-inducer and a mitigator of indigestion and anorexia. Ocimum sanctum has a variety of biological / pharmacological activities such as antibacterial, antiviral, antifungal, antiprotozoal, antimalarial, analgesic, antipyretic, antiinflammatory, anti allergic, antihypertensive, cardioprotective, CNS depressant.*

Keywords: Medicinal properties, Ocimum sanctum (OS, Tulsi), Pharmacological activities

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