

Study of Artificial Intelligence in Mental Health

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Abstract: *Over the period of years, technology has done wonders around us. From creating chatbots to creating first human-like robot. Artificial Intelligence (AI) has been reaching new heights in every sector of life. When Covid-19 came into our lives as a pandemic, every part of medical industry had been ushered into a new era of care delivery. Due to lockdowns being imposed, healthcare sector had to quickly find new ways of safely providing quality care to patients. In the mental health field, this has become particularly prevalent. The rise of digital mental healthcare has also brought up the use of a technology: Artificial Intelligence. With the on-set of Covid-19 and all the stress that came with it, organizations have turned to artificial Intelligence to potentially broaden access to and availability of mental health services.*

Keywords *Artificial Intelligence, Artificial Intelligence in Mental health, Covid-19, Depression, Disorders, Digital Mental Health, Mental Health, Medical View, Research View, Wellbeing*

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