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Formulation and Evaluation of Fairness Cream

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Abstract: The present study was carried out to prepare and evaluate the herbal fairness cream comprising extracts of aloe vera, curcuma longa, emblica officinalis, Camellia sinensis. The various types of formulations oil in water (O/W) base were formulated by incorporating different concentrations Stearic acid and Cetyl alcohol. And different concentration of methyl paraben into the water and glycol in different amount. The pH, viscosity, spreadibilty, and stability of prepared base were investigated. The base was found appropriate for the preparation of cream. The extracts of varying ratio of turmeric, amla, aloe vera and Camellia sinensis were incorporated in base for the preparation of herbal fairness cream the herbal cream demonstrated good spreadibilty, good consistency, homogeneity, appearance, pH, ease of removal and no evidence of phase separation. All the prepared herbal cream was found to be safe for skin.

Keywords Formulation, evaluation, aturmuric, amala, Aloe vera, Green tea

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