

# **A Study to Assess the Anxiety Level among Parents of Hospitalized Children in Selected Hospital of Rohtas Sasaram**

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**Abstract:** World Health Organization is of the opinion anxiety is estimated to cost companies more than 300 million dollars a year due to poor performance, absenteeism and health costs. anxiety or hospitalisation anxiety poses a threat to physical health. Hospitalization anxiety in the life of organized parents, consequently, affects the health of organizations. Numerous studies have indicated that anxiety is significant in parents of hospitalized children.

**Objectives:** To assess the level of anxiety among parents of hospitalized children. To find out the association among parents of hospitalized children with selected demographic variables. The population of sample consist of parents of hospitalized children in selected hospital of Rohtas sasaram. The sample sizes are, selected with purposive sampling technique

**Methodology:** A non –experimental descriptive approach is used for this study as it is considered as suitable one to assess the level of anxiety among parents of hospitalized children. The research design for the study is descriptive design.

**Results:** in order to collect the scientific data we used Hamilton anxiety scale. According to the finding the majority of parents (90%) were having mild anxiety level, (10%) were having moderate anxiety level.

**Recommendation:** The findings of the present study can be used as a guide of future research. Interventional study can be undertaken to reduce the parents anxiety. A study can be conducted in preventing aspect of anxiety.

**Conclusion:** the study concluded anxiety level majority of parents were having mild anxiety level.

**Keywords:** Anxiety, Parents of hospitalized children.

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#### **Data Availability**

Data is available in the form of hard copies.

#### **Supplementary Item**

Adobe Acrobat Document