

# An Analytical Study of Impulsiveness Among state Level Women Players

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**Abstract:** *Athletes in high-performance sports must maintain a steady level of intensity and control over their own resources, as well as a balance of self-regulation and performance. Such criteria are likely to entail the effect of their views about the tasks to be completed in order to boost their confidence in their own resources to compete. Theoretical considerations offer fresh perspectives on multidimensional perfectionism and its interactions with other factors like emotional experiences, among others. This study investigated the study of state level and national women players. In this present examination was to look at the impulsiveness behavior of Maharashtra states state level women players of various team games. The examination done on 300 women players as a sample for the study whose age group is 18 to 22 years. In this study observation method is used for the conduct data of women players and chi square test is used as a test tool for this study and analyzing the data or testing the hypothesis.*

**Keywords:** Behavior, Impulsiveness, Women, Sports Player, State Level.

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