

# A Comparative Study of Reasoning and Emotional Stability Dimension of State Level and National Level Body Builders

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**Abstract:** *Several studies have done on major personality factors they shows the personality factor of a various games players, and coaches. In this present examination was to look at the reasoning and emotional stability dimension of Maharashtra states state level and national level bodybuilders. The examination done on 80 samples comprising of 40 state level and 40 national level bodybuilders whose age group is 18 to 22 years. In this examination the item 16 preliminary IPIP scale measuring construct similar to those in cattell's personality factors questionnaire used as a test tool for reasoning and emotional stability dimension in this examination t-test is applied for the testing hypothesis or compare the reasoning and emotional stability dimension. This study is used for bodybuilding coaches and player for improving knowledge about bodybuilders reasoning and emotional stability.*

**Keywords:** Personality factors, reasoning, emotional stability, body building, state level, national level, body builders

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