

Effectiveness of Physical Activities among Hyperactive Students

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Abstract: *Inattention, hyperactivity, and impulsivity are the core symptoms of Attention Deficit Hyperactivity Disorder (ADHD). A child's academic success is often dependent on his or her ability to attend to tasks and teacher and classroom expectations with minimal distraction. School students with a tendency toward attention deficit/hyperactivity disorder (ADHD) tend to act impulsively because they cannot control their behaviour. They display low academic achievement and insufficient social skills, and are at high risk for alcoholism and drug abuse. Although various intervention methods have been used to reduce ADHD tendency (e.g., improving physical fitness and participating in sports and exercise), there are few studies on the relationship between ADHD and health-related physical fitness. This study conducted to know the influential and satisfied factors of hyperactive students towards physical education. SEM, CFE, regression correlation method is used for this study.*

Keywords: Physical Education, Hyperactive Students, ADHD Tendency, School students, Fitness

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