

Saraca Asoca (Ashoka) in Homoeopathic Gynecology: A Comprehensive Pharmaceutico-Analytical, Repertorial and Clinical Review with Research Perspectives

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Abstract: *Saraca asoca (Ashoka) is an important medicinal plant traditionally used in the management of gynecological disorders in the Indian subcontinent. The bark of the plant demonstrates marked affinity for the female reproductive system and has historically been used in conditions such as menorrhagia, dysmenorrhoea, leucorrhoea and uterine fibroids. In homoeopathic therapeutics the drug is prepared from fresh bark by pharmacopeial maceration techniques to obtain the mother tincture which is subsequently potentised to produce dynamic medicinal preparations. The present review provides a pharmaceutico-analytical overview of Saraca asoca including botanical identification, pharmacognostic features, phytochemical constituents, homoeopathic pharmaceutical preparation, materia medica indications, repertorial representation and clinical relevance. Particular attention is given to disorders associated with chronic uterine bleeding and iron deficiency states among women of reproductive age. The article highlights the need for further systematic research including clinical trials and pharmacodynamic exploration of potentised preparations in order to strengthen evidence-based homoeopathic practice .^{1,2,3}.*

Keywords: Saraca asoca, Ashoka, Homoeopathy, Menorrhagia, Uterine hemorrhage

