

# **Comparative Literature Review of Sharir Sthana Across Brihatrayi Samhitas**

**Dr. Manoj R Vyas**

Professor, Department Rachana Sharir

MUP's Ayurved College, Hospital & Research Center, Risod, Washim

manojvyas1980@gmail.com

**Abstract:** *Sharir Sthana is an important section of Ayurvedic classical literature that explains the structural and functional aspects of the human body. The Brihatrayi—Charaka Samhita, Sushruta Samhita, and Ashtanga Hridaya—provide extensive discussions regarding embryology, anatomy, physiology, and philosophical determinants of body formation. Although these texts discuss similar concepts, their emphasis and presentation vary according to their objectives. Charaka Samhita primarily explains physiological and philosophical aspects of body formation, while Sushruta Samhita elaborates detailed anatomical descriptions relevant to surgical science. Ashtanga Hridaya presents a concise synthesis of earlier knowledge suitable for clinical practice. The present article aims to conduct a comparative literature review of Sharir Sthana across these classical Samhitas to understand similarities, differences, and their contributions to Ayurvedic understanding of the human body. The study is based on classical textual analysis of primary Ayurvedic sources and their commentaries*

**Keywords:** Sharir Sthana, Brihatrayi, Charaka Samhita, Sushruta Samhita, Ashtanga Hridaya, Ayurvedic anatomy, Garbhavakranti

