

From Nose to Bronchi: Understanding the Continuum of Pediatric Respiratory Allergy

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Abstract: *Respiratory allergic diseases are among the most prevalent chronic conditions in childhood, encompassing disorders such as allergic rhinitis, allergic sinusitis, pharyngitis, tracheitis, and allergic obstructive bronchitis. These conditions share common immunopathological mechanisms characterized by IgE-mediated inflammation and airway hyper responsiveness. This narrative review summarizes current evidence on epidemiology, pathogenesis, clinical manifestations, diagnostic approaches, and management strategies, emphasizing early recognition and integrated care to prevent progression to chronic airway disease and improve quality of life.*

Keywords: Allergic Rhinitis; Respiratory Hypersensitivity; Child; Airway Inflammation; Immunoglobulin E; Bronchial Hyperreactivity

