

Case Study of *Mutrashmari* W.S.R. to *Matrabasti*

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Abstract: *Ayurveda science deals with the very unique concepts which helps to prevent the diseases. Ashmari is included in the Ashtamahagadha. In Asamshodhanashila (persons, who do not undergo Shodhana chikitsa) and who is 'Apathyakariṇah' the Shleshma Doṣha gets aggravated, which saturate the urine in the system. This saturated urine (Shleshma Adhishṭhana) is the material cause for the stone formation. Formation of Mutrashmari, according to Sushruta, is due to Srotovaigunya resulting from Dushita Kapha localized in Basti, in conjunction with Praduṣhita Vata and Pitta is responsible for the cause of Ashmari. The problem of Urolithiasis is very common and ancient one to affect children as well as adults, it remain an important disease with lifelong complications when occur in children. Sushruta has highlighted the importance of Shodhana to improve the condition and to reduce the recurrence.*

Keywords: *Mutrashmari, Matrabasti, Ayurveda*

