

Herbal Phytoconstituents: Exploring Therapeutic Potential In Psoriasis Management

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Abstract: *This study delves into the therapeutic efficacy of herbal phyto constituents in the management of psoriasis, a chronic skin condition. Through a comprehensive review of existing literature and experimental findings, we explore the diverse range of bioactive compounds present in various medicinal plants, assessing their anti-inflammatory, immune modulatory, and antioxidant abstract*

The abstract highlights the promising potential of herbal remedies as alternative or adjunct treatments for psoriasis, contributing to a nuanced understanding of natural interventions in dermatological care.

The investigation encompasses an in-depth analysis of key herbal constituents such as polyphenols, flavonoids, and terpenoids, elucidating their mechanisms of action in mitigating psoriatic symptoms. Additionally, we scrutinize the existing clinical evidence supporting the use of herbal formulations and extracts in real-world psoriasis cases.

Moreover, the abstract discusses potential challenges and limitations associated with herbal treatments, addressing the need for standardized protocols and further research to establish optimal dosage regimens. The study concludes by emphasizing the importance of integrating herbal remedies into the broader spectrum of psoriasis management strategies, fostering a more holistic approach to patient care.

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