

Review on Nutraceutical

Mr. Abhijeet Dattatray Hirade, Prof. Mr. Jadhav D. G., Dr. Bhosale M. P.

Dharmaraj Shaikshanik Pratisthan College of Pharmacy, Walki, Ahilyanagar

Abstract: *Nutraceutical is the hydride of „nutrition“ and „pharmaceutical“. Nutraceutical, in broad, are food or part of food playing a significant role in modifying and maintaining normal physiological function that maintains healthy human beings. The principle reasons for the growth of the nutraceutical market worldwide are the current population and the health trends. the food product uses as nutraceuticals can be categorized as dietary fibre, probiotics, polyunsaturated fatty acids, antioxidants and other different type of herbal/natural foods. These nutraceuticals help in combating some of the major health problems of the century such as obesity, cardiovascular disease, cancer, osteoporosis, arthritis, diabetes, cholesterol etc.*

Keywords: *Nutraceutical*

