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Herbal Scrub Formulation: "a" Natural Alternative "to" Synthetic Exfoliant.

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Abstract: The goal of current study was to create and assess a herbal face scrub with natural ingredients that have antibacterial, antioxidant and skin protective qualities. A gel base made with Carbopol and appropriate excipients was combined with specific plant extract. A variety of physiochemical parameters, such as appearance, pH, viscosity, spreadability, washability and irritability, were evaluated for the developed formulation. The findings showed good stability and efficacy indicating that the herbal scrub can be used as a natural and safe substitute for synthetic products to support skin that is healthy and glowing.

Keywords: Evaluation, natural ingredients, face scrub and skin health







