

Herbal Hair Oil: A Review for Prevention of Hair Growth Activity.

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Abstract: Herbal hair oil has gained increasing recognition as natural, effective, and safe alternatives to chemical-based hair care products. This study focused on the formulation. Studies on formulation show that herbal hair oils usually have a good pH, viscosity, stability, and a lot of activity that promotes hair growth without causing too many problems. Although minor disadvantages like greasiness or irritation may occur, herbal oils are largely safe and eco-friendly. The study concludes that herbal hair oil offer a promising natural approach for maintaining healthy hair and preventing damage, providing an effective alternative to synthetic formulation. According to the study, herbal hair oils present a viable natural alternative to synthetic formulation for maintaining healthy hair and reducing damage. Many of the medicinal plants, such as hibiscus, curry leaves, fenugreek, neem, tulsi, coconut oil, shikakai, almond oil, and onion which as tremendous benefits with their results. Flavonoids, phenolics, vitamins, minerals, essential oils, and amino acids are among the many bioactive ingredients established in these plants that nourish the scalp, strengthen hair follicles, reduce dandruff, stop hair loss, and promote hair growth. The overview covers common problems associated with the hair, the structure and growth phases of hair, and how herbal compound to address problems such as dryness, dandruff, thinning, breaking, and scalp irritation.

Keywords: Herbal hair oil, greasiness, Flavonoids, Scalp irritation

