

# Post Covid Issues Faced by Women Workers in Karnataka Public Sector Undertakings in Bangalore

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**Abstract:** *The COVID-19 pandemic disproportionately affected women workers, amplifying job loss, care burdens, workplace harassment, and mental-health challenges. This paper examines post-COVID issues faced by women employees in Karnataka Public Sector Units (KPSUs) in Bangalore. Using a primary field survey of 200 women employees working in KEONICS, LIDKAR, KAPL and MEI, through stratified random sampling method data was collected, the study focused on changes in work hours and duties, access to workplace benefits, psychosocial impacts, salary changes work life balance, the findings was increased job insecurity, reduced promotion/training access, and emerging mental-health concerns. The researcher concludes with policy and organisational recommendations to strengthen women welfare measures are required for the upliftment of women in KPSUs.*

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