

# **Polyherbal Lip Scrub: A Safe and Effective Approach to Lip Care**

**Ms. Bansode Sakshi<sup>1</sup>, Ms. Thombre Mamata Bhausaheb<sup>2</sup>, Asst. Prof. More Ashwini<sup>3</sup>**

Students, Department of Pharmacy<sup>1,2</sup>

Guide, Department of Pharmacy<sup>3</sup>

Mrs. Saraswati Wani College of Pharmacy, Ganegaon, Maharashtra

Affiliated to Dr Babasaheb Aambedkar Technological University, Lonore, Raigad

**Abstract:** Growing customer desire for chemical-free natural cosmetics has led to a significant interest in the development of herbal products. The herbal lip scrub is one such product that serves two purposes: it nourishes and exfoliates the delicate skin of the lips. The primary objective of this study is to develop and evaluate a herbal lip scrub that uses ground oats as the primary exfoliating ingredient. Other natural ingredients like as aloe vera, vitamin E oil, almond oil, honey, and almond powder were added due to their well-known moisturizing, restorative, and antioxidant properties. The lip scrub was made by combining measured amounts of the ingredients with powdered oatmeal to make a homogenous consistency. To achieve the perfect texture, spreadability, and consistency, One of the evaluating criteria was the skin irritant test. It was discovered that the pH of the final, optimized formulation was within the acceptable range of 5.5 to 6.5 for topical administration, indicating that it is appropriate for lip care. Grittiness and spreadability tests confirmed oatmeal's gentle abrasive qualities without irritating the skin. Stability tests conducted under accelerated conditions revealed no discernible changes in phase separation or physical appearance, indicating good shelf stability. The herbal lip scrub shown both moisturizing and exfoliating qualities, making it a potential replacement for store-bought scrubs.

**Keywords:** Lip scrub, benefits, evaluation

