

A Comprehensive Review on Phyllanthus Emblica L. (Amla) and Hibiscus Rosa-Sinensis (Hibiscus)

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Abstract: *Hair growth elongation was subsequently photographed Due to its many uses in daily life, cosmetics are used on an excessive scale. Humanity employs a variety of cosmetics to enhance beauty and elegance in order to appear youthful and endearing. The assumption that herbal cosmetics have fewer adverse effects, are safer, and last longer has led to their widespread use in recent years. The follicle is thought to be the most important organ in the mammalian system, influencing appearance, gender differentiation, providing protection from extreme heat, and playing a role in tone-defense. Extreme hair loss issues have started to affect the younger generation due to a variety of life-related changes, including exhaustion, anxiety, eating junk food, using various hairstyles and coloring techniques, etc.*

Keywords: Hair growth

