

Formulation and Evaluation of Liver Detoxification Herbal Syrup

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Abstract: *This herbal liver detox syrup is made using triphala, a traditional ayurvedic blend of three fruits—amla, haritaki, and bibhitaki—known for their cleansing and antioxidant properties. Combined with other liver-supportive herbs like bhringraj, punarnava, kalmegh, and guduchi, this syrup helps support liver function, remove toxins, and improve digestion naturally.*

The formulation is made by blending herbal extracts into a sweet syrup base, making it easy to take and gentle on the stomach. It includes natural preservatives and optional flavoring for better taste and shelf life.

Ideal for people experiencing liver fatigue due to poor diet, alcohol use, or pollution, this syrup offers a safe and natural way to help the liver stay healthy and perform its detoxifying role in the body..

Keywords: triphala, liver detox syrup, herbal liver tonic, ayurvedic formulation, natural detoxification, hepatoprotective herbs, amla, haritaki, bibhitaki, bhringraj, kalmegh, punarnava, guduchi

